# Feeding and Swallowing Disorders in Infancy: Assessment and Management



life-changing learning for therapists by therapists

Robin Glass, MS, OTR, IBCLC Lynn Wolf, MOT, OTR, IBCLC

## Faculty

Robin Glass, MS, OTR, IBCLC and Lynn Wolf, MOT, OTR, IBCLC specialize in the treatment of infants, both as hospital inpatients and outpatients with a strong focus on feeding issues. Renowned as experts in their field, they are NDT trained and **Board-Certified Lactation** Consultants, with extensive national and international experience speaking about the infant feeding. Ms. Glass and Ms. Wolf have authored numerous journal articles as well as the book Feeding and Swallowing Disorders in Infancy: Assessment and Management. They were recipients of the National Association of Neonatal Therapists (NANT) Pioneer Award in 2015. They currently practice occupational therapy at Seattle Children's Hospital in Seattle, WA.

Disclosures: Financial: Robin Glass receives a speaking fee from Education Resources, Inc. and receives royalties from her book. Non-Financial: Robin Glass has no non-financial disclosures. Financial: Lynn Wolf receives a speaking fee from Education Resources Inc. and receives royalties from her book. Non-Financial: Lynn Wolf has no non-financial disclosures.

## **About this Course**

The goal of this conference is to provide a framework from which to view the continuum of infant feeding options, including breast and bottle feeding. Focus will be on comprehensive assessment and management strategies. Participants will have the opportunity to expand their repertoire of evaluation techniques and intervention strategies when working with infants who demonstrate feeding or swallowing dysfunction. It will span from the hospital/NICU environment through homecare, El, and outpatients within the first two years of life. This course will be relevant to physical and occupational therapists, speech and language pathologists, nurses and other health professionals who specialize in or who have an interest in infant feeding disorders.

### **Objectives**

At the completion of this course participants will be able to:

- Evaluate specific infant feeding disorders and generate appropriate treatment strategies for their management.
- Summarize the pathophysiologic principles underlying the suck, swallow, breathe triad and how they apply to breast and bottle feeding.
- Describe increased awareness of diagnostic procedures such as video fluoroscopic swallowing study, infant focused feeding assessment, evaluation of gastroesophageal reflux.
- Discuss the interplay between specific diagnoses (such as prematurity, gastroesophageal reflux, cleft lip and palate) and infant feeding dysfunction.
- Select and use treatment strategies to address swallowing dysfunction, aspiration and oral motor dysfunction.
- Synthesize knowledge and utilize best practices in assessment and management of feeding problems in infants.

#### **Audience**

This course is designed for, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, Speech Pathologists, Nurses, and other allied health professionals who specialize or have an interest in feeding disorders in infancy.



Schedul	e Day 1 - 9:40am to 6:00pm EST (US)	Schedule – Day 2 9:40am to 6:00pm EST (US)		
9:40-10:00	Webinar Registration/Zoom Course Opens	9:40-10:00	Webinar Registration/Zoom Course Opens	
10:00-11:50	Foundations of Infant Feeding Skills:	10:00-11:00	Treatment Strategies: Breastfeeding Issues	
	Sucking Swallowing	11:00-12:00	Treatment Strategies: Respiration and Flow Considerations	
11:50-12:05	Break	12:00-12:15	Break	
12:05-1:25	Foundations of Infant Feeding Skills (cont.): Breathing and Respiratory Function	12:15-1:00	Respiratory and Flow (cont.)	
	Coordination of Sucking	1:00-1:30	Lunch (on your own)	
	Swallowing and Breathing	1:30-2:45	Treatment Strategies: Swallowing	
			Dysfunction	
1:25-1:55	Lunch (on your own)		Treatment Strategies: Down Syndrome	
1:55-2:25	Clinical Feeding Evaluation of Infants	2:45-3:45	Treatment Strategies: Transition from Tube to Oral Feeding	
2:25-2:40	Break	3:45-4:00	Break	
2:40-4:40	Instrumental Evaluation of Swallowing Function	4:00-6:00	Application/Discussion of Principals for Assessment and Management of Feeding	
4:40-6:00	Gastroesophageal Reflux		Problems in Infants	

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and Flow (cont.) our own) Strategies: Swallowing า Strategies: Down Syndrome Strategies: Transition from Tube ding /Discussion of Principals for t and Management of Feeding n Infants "This course was one of the most comprehensive infant feeding courses I have ever taken. The presenters were knowledgeable and provided a wealth of new information, which I find is difficult to do considering the number of infant feeding courses I have taken thus

far. Additionally, I fully appreciated having an OT perspective to infant feeding as it was very neurologically and "whole child" based.

-K. Krauss, OT

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### Credits

This course meets the criteria for 14 contact hours (1.4) CEUs, Intermediate Level.



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NBCOT professional development provider - 1.4 PDUs Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 16.5 hrs. This course meets the approval of the **TX** Board of OT Examiners.



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This program has been submitted for approval of 14 clock hours of continuing education credit by the **TX** Speech Language-Hearing-Association (TSHA). TSHA approval does not imply endorsement of course content, specific products or clinical procedures

This course meets the criteria for 14 contact hours (1.4) CEUs, Intermediate Level. Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm. Application has been made to the NJ Board of Physical Therapy Examiners. Application has been made to the **FL** Physical Therapy Association for 16.5 continuing education contact hours. Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 16.5 contact hours. Approved provider by the **NY** State Board of Physical Therapy for 16.8 contact hours (1.68 CEUs). Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: CA, KY, and TX.

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The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA. 14 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

This course meets the criteria for 14 hours that can be applied toward the Neonatal Therapy National Certification

Please contact us with any special needs requests: info@educationresourcesinc.com or 508-359-6533

# Webinar Dates and Times – 2021

October 29 and 30. 2021

#### 9:40 am EST • 8:40 am CT • 7:40 am MST • 6:40 am PT (US)

Registration is for all sessions. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the Webinar.

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#### Webinar: Feeding and Swallowing Disorders in Infancy: Assessment and Management/Wolf & Glass

#### **October 29 and 30, 2021**

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