Treating Infants and Families in the NICU and Beyond



Roberta Gatlin, PT, DSc, PCS

Faculty

Roberta "Bertie" Gatlin, PT, DSc, PCS is Associate Professor at South College Knoxville, TN in the School of Physical Therapy. She graduated from University of Memphis in 1986 with a BS in Special Education and from the University of Tennessee Health Science Center in 1989 with a BS in Physical Therapy and completed her Doctorate of Science with an emphasis in Neurological and Pediatric Physical Therapy in 2013. She received her Board Certified Pediatric Clinical Specialty in 2001 and recertification in 2011. Her experience draws from over 30 years in the field of pediatric physical therapy. Bertie's experience encompasses physical therapy within the NICU, acute care, developmental follow-up clinic and outpatient pediatrics servicing all populations. Her research has focuses on Neonatal Abstinence Syndrome, wound care practices for the premature infant in a NICU setting and interprofessional experiences for entry level physical and occupational therapy students within simulated intensive care settings. Bertie currently holds the Secretary position for the Tennessee Physical Therapy Association Executive Committee, Finance Committee member and Neonatology Special Interest Group's Vice-Chair position for the Academy of Pediatric Physical Therapy of the American Physical Therapy Association.

Disclosure: Financial: Roberta Gatlin receives a speaking fee from Education Resources, Inc. for this course. Non-Financial: Roberta Gatlin is a committee member for the Neonatal Special Interest Group and Finance Committee of APPT.

About this Course

This engaging course is designed to provide participants with tools and strategies to prepare the NICU patient and family for discharge and transition home. Class participants will learn to evaluate, identify, and optimize services and care for NICU graduates as well as to enhance home based and/or outpatient clinical setting skills. Evidence based medical, developmental and outcome data will be discussed to inform treatment, best practices, and management of the medically fragile NICU child.

Objectives

- Provide evidence-based thoughts and comments for recommendations of follow up care of an infant and family/caregiver after discharge from the NICU
- Provide rationale for selection of a therapeutic intervention plan of care with a post NICU infant and their family/caregiver
- Determine positioning needs within a therapeutic intervention plan with the post NICU infant and their family/caregiver
- Determine the need for developmental follow up, family intervention, and a positioning and handling programming for NICU graduates

Audience

This course is designed for therapists and developmental specialists working with the infant and family in the NICU, PICU, EI and home, up to their first year after discharge.

Help your patients achieve better outcomes.



Schedul (US)	e — Day 1 9:40 am - 7:00 pm EST	Sche (US)
9:40-10:00	Webinar Registration/Zoom Course Opens	9:40-10
10:00-11:30	The NICU Journey	10:00-1
11:30-11:45	Break	
11:45-1:30	Neurobehavioral System of the Infant	12:30-2
	Born Premature	12:45-2
1:30-2:00	Lunch	12:45-2
2:00-4:00	Hierarchy of Systems Development	2:30-3:
	How Does the Premature Infant Communicate? Developing Observational	3:00-4:
	Skills to recognize an Infant's Signs of	0.00
	Intervention	
	Readiness, Warning and Stress Behaviors.	4:00-4:
4:00-4:15	Break	4:15-6:
4:15-5:00	Patient Family Centered Care Model &	
	Facilitating the Transition to Home	
F-00 7-00	Outputs (Europetations and Developmental	"Bertie neona
5:00-7:00	Outcome/Expectations and Developmental Needs for Common Diagnoses of the NICU	course
	Graduate. RDS/HMD, CLD, IVH/PVL,	experi
	Discordancy, Multiple Births, ROP, Late	COURSE in the
	Preterm, NAS	in the
		"I thor

Participant Requirements:

Participants will need to have a doll and two baby blankets available to practice techniques during the webinar.

Schedule – Day 2 9:40 am - 6:00 pm EST (US)

9:40-10:00	Webinar Registration/Zoom Course Opens	
10:00-12:30	Typical Development: Newborn-15 months	
	Clinical Assessment Standardized Tests and Measures	
12:30-12:45	Break	
12:45-2:30	Clinical Assessment: Typical/Atypical Developing Infants & Children	
2:30-3:00	Lunch	
3:00-4:00	Managing the Post NICU Infant & the Medically Fragile NICU Graduate	
4:00-4:15	Break	
4:15-6:00	LAB: Handling and Positioning Strategies	

"Bertie is very passionate about the care of neonates, which clearly comes across in her course. She has wonderful knowledge and experience to share. I highly recommend this course especially to therapists working in the NICU." - L. Scott, PT

"I thoroughly enjoyed this presentation as the speaker was not only engaging but very hands on and informative/ relevant to the NICU rehabilitative experience." - M. Purser, SLP



Credits

This course meets the criteria for 15 contact hours (1.5) CEUs, Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. Provider #3043. This Distance Learning-Interactive course is offered at 15 contact hours 1.5 CEUs. Intermediate level, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures

NBCOT professional development provider – 15 PDUs. Approved provider of the $\rm FL$ Board of Occupational Therapy-CE Broker 18-hours.



Education Resources Inc. Intermediate Level 1.5 ASHA CEUs

ASHA CE Provider approval and use of the Brand Block does not imply endorsement of This program has been submitted for approval of 15 clock hours of continuing education credit by the **TX** Speech Language-Hearing-Association (TSHA). TSHA approval does not imply endorsement of course content, specific products or clinical procedures. Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 18 contact hours. Application has been made to Illinois **EI** Training Program. Application has been made to the **FL** Physical Therapy Association for 18 continuing education contact hours. Application has been made to the **MD** and **NJ** Board of Physical Therapy Examiners Application has been made to the **OK** Board of Medical Licensure and Supervision for Physical Therapy Approved provider by the **NY** State Board of Physical Therapy for 18 contact hours (1.8 CEUs). Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA**, **KY** and **TX**. The following state boards of physical therapy accept other states' approval: **AK**, **AR**, **AZ**, **DC**, **DE**, **GA**, **HI**, **ID**, **IN**, **KS**, **MI**, **MO**, **MS**, **NC**, **OR**, **PA**, **RI**, **SC**, **UT**, **VA**, **VT**, **WI**, **WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL**, **CO**, **CT**, **IA**, **MA**, **ME**, **MT**, **NE**, **ND**, **NH**, **SD**, **WA**.

12 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

This course meets the criteria for 15 hours that can be applied toward the Neonatal Therapy National Certification.

Dietitians will receive 15 hours.

Education Resources Inc. 266 Main St, Medfield, MA 02052 • 800-487-6530

Webinar Dates & Times February 26 and 27, 2022 9:40am EST • 8:40am CST • 7:40am MST • 6:40am PST (US)

Registration is for both sessions. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the webinar.

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\$369 fee. LIMITED ENROLLMENT Cancellation will be accepted until 14 days prior to the start date of the course, minus an administration fee of \$75. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after the deadline on a space available basis.

We encourage you to register online!

WEBINAR- Treating Infants and Families in the NICU and Beyond/Gatlin February 26 and 27, 2022

Course Registration Form

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