

When Children Won't Eat: Picky Eaters vs. Problem Feeders

Assessment and Treatment Using the SOS® Approach to Feeding

Kay Toomey, PhD

Kelly Fitzpatrick, CCC-SLP

Faculty

Dr. Kay Toomey is a Pediatric Psychologist with nearly 35 yrs. experience treating children who don't eat. She developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. She helped form The Children's Hospital-Denver's Pediatric Oral Feeding Clinic, and the Rose Medical Center's Pediatric Feeding Center where she co-chaired at the Pediatric Therapy Services Department. Dr. Toomey acted as the Clinical Director for Toomey & Associates, Inc.'s Feeding Clinic and the SOS Feeding Solutions @ STAR. She speaks internationally and offers clinical consultation. Dr. Toomey is currently the President of Toomey & Associates, Inc.

Kelly Fitzpatrick received her Master of Arts degree in Communication Sciences and Disorders from the University of Memphis. She currently works in a Pediatric Gastroenterology Clinic, where she established a feeding clinic. She works children of all ages, but specializes in children birth to 3 years, and those who are G-tube dependent. Prior to working at the GI clinic, Kelly acted as the Assistant Clinical Director of SOS Feeding Solutions @ STAR with Dr. Kay Toomey and Dr. Lucy Jane Miller. She has also worked in the Early Intervention and Pediatric Outpatient Hospital Settings using the SOS Approach to Feeding program.

About this Course

The Sequential Oral Sensory (SOS®) Approach to Feeding is a trans-disciplinary program for assessing and treating children with feeding difficulties and weight/growth problems from birth to 18 years. It integrates posture, sensory, motor, behavioral/learning, medical, and nutritional factors to comprehensively evaluate and manage children with feeding/growth problems.

Objectives

- 1 List the seven areas of human function that need to be examined to provide a comprehensive Feeding Assessment
- 2 Identify at least five of the oral, sensory, motor, cognitive or emotional developmental milestones key to being able to eat well
- 3 List three reasons why children won't eat, as based on learning theory principles
- 4 Differentiate classical and operant conditioning principles as applied to resolving feeding problems
- 5 Identify at least four of the necessary components of an SOS Approach to Feeding program for babies, toddlers, and young children in either an individual or group therapy session
- 6 List all three requirements for building a Food Hierarchy
- 7 Identify at least one play-based strategy for progressing a child up each of the 6 major Steps on the Steps to Eating Hierarchy

Audience

This conference is intended for professionals who work with children with feeding difficulties including Speech Pathologists, Occupational Therapists, Special Educators, Early Intervention Specialists, Nurses, Physicians, Dietitians, Mental Health Workers, other Child Care Providers and Educators.

By attending and completing the SOS® Approach to Feeding conference, the attendee understands that Education Resources, Inc. will share the attendee's contact information with Dr. Kay Toomey/Toomey & Associates, Inc. This information will be used to document and verify each attendee who has fully completed the SOS Approach to Feeding (4 Day) Training Conference and to provide attendees with access to SOS® Approach to Feeding resources.

Schedule Day 1

7:00-7:30	Registration
7:30-7:45	Conference Announcements <ul style="list-style-type: none"> • Host Introduction • Conference Logistics and requirements to pass
7:45-9:45	I. Introduction <ul style="list-style-type: none"> A. Prevalence Data – Feeding Problems B. Prevalence Data – Growth Problems C. Complexity of Feeding/Eating & the Role of the Environment D. Tenets of SOS
9:45-10:00	Break
10:00-12:00	E. Top 10 Myths – Overview F. Appropriate Diagnoses to Use II. Feeding Theory & Milestones - How children learn to AND not to eat <ul style="list-style-type: none"> A. Learning Theory <ol style="list-style-type: none"> 1. Feeding Therapy Options 2. Video
12:00-1:00	Lunch (On your own)
1:00-3:00	B. Myth 1 = Breathing C. Motor Skill Acquisition D. Oral-Motor Skill Acquisition & Developmental Food Continuum
3:00-3:15	Break
3:15-5:00	D. Oral-Motor Skill Acquisition & Developmental Food Continuum
5:00-5:15	End of day quiz – open book

Schedule Day 2

7:00-7:30	Registration
7:30-9:45	II. Feeding Theory and Milestones (cont.) <ul style="list-style-type: none"> E. Sensory Skills Acquisition F. Understanding the Role of Sensory Processing in Feeding
9:45-10:00	Break
10:00-12:00	II. Feeding Theory and Milestones (cont.) <ul style="list-style-type: none"> G. Steps to Eating - Overview H. Cognitive Development
12:00-1:00	Lunch (On your own)
1:00-3:00	II. Feeding Theory & Milestones (cont.) <ul style="list-style-type: none"> I. Psychological Developmental Stages
	III. Treatment/Interventions <ul style="list-style-type: none"> A. General Treatment Strategies <ol style="list-style-type: none"> 1. Social Role Modeling 2. Structure/Routine 3. The Correct Use of Reinforcement 4. Accessing the Cognitive
3:00-3:15	Break
3:15-5:00	III. Treatment/Interventions (cont.) <ul style="list-style-type: none"> A. General Treatment Strategies <ol style="list-style-type: none"> 5. The Correct Use of Reinforcement 6. Accessing the Cognitive B. Food Jags
	IV. Assessment of Feeding Problems <ul style="list-style-type: none"> A. Assessment Process B. Referral Candidates
5:00-5:15	End of day quiz – open book

Schedule Day 3

7:00-7:30	Registration
7:30-9:45	IV. Assessment of Feeding Problems (cont.) C. Reasons Children Won't Eat D. Child Factors E. Environmental Factors F. Parent Factors G. Practice Video 1H. Practice Videos I. Parents' Experience V. The SOS Approach to Feeding -Theoretical Requirements A. Systematic Desensitization
9:45-10:00	Break
10:00-12:00	V. The SOS Approach to Feeding -Theoretical Requirements (cont.) B. Cues to Eating C. Language Use VI. The SOS Approach to Feeding- Therapy Sessions D. Therapy Format - Child 1. Room Set-Up + Modifications
12:00-1:00	Lunch (On your own)
1:00-3:00	VI. The SOS Approach to Feeding- Therapy Sessions (cont.) D. Therapy Format – Child (cont.) 2. Session Structure and Routine E. Therapy Format – Parent F. Modifications Across Settings G. Sensory Based Problem Solving
3:00-3:15	Break
3:15-5:00	VI. The SOS Approach to Feeding- Therapy Sessions (cont.) H. Progression Across Sessions I. Graduation Criteria & SOS Data J. Building a Food Hierarchy 1. Requirements
5:00-5:15	End of day quiz – open book

Schedule Day 4

7:00-7:30	Registration
7:30-9:45	VI. The SOS Approach to Feeding Therapy Sessions (cont.) J. Building a Food Hierarchy Practice (cont.) K. Hierarchy Strategies – Moving Children Up the Steps 1. Play techniques per Step
9:45-10:00	Break
10:00-12:00	VI. The SOS Approach to Feeding Therapy Sessions (cont.) K. Hierarchy Strategies – Moving Children Up the Steps (cont.) 1. Play techniques per Step (cont.) 2. Practicing hierarchy strategies L. Hierarchy Strategies – Oral Motor Steps to Eating
12:00-1:00	Lunch (On your own)
1:00-3:00**	VI. The SOS Approach to Feeding Therapy Sessions (cont.) M. Video: Progression Within Session N. SOS Data VII. Managing Other Maladaptive Behaviors A. Intervention strategies – Perseveration & Vomiting B. Emotion Based Discipline
3:00-3:15	End of day quiz – open book

**** Registrants are expected to attend the course and participate fully for the entire length of each day (7:30am to 5pm CST, Days 1-3), and to stay at the course from 7:30am to 3:00pm CST on the last day to receive their Certificate and their full CEU credits. Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come**

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This presentation will focus exclusively on the SOS Approach to Feeding and will not include information on other similar or related therapy. This course is one of the prerequisites for the NEW SOS Certification Program.

Please contact us with any special needs requests: info@educationresourcesinc.com 508-359-6533

Live Course Dates - 2022

May 20-23

Houston, TX

Texas Children's Hospital

Faculty Disclosures

Kay Toomey: Financial: President, Toomey & Associates, Inc. and the Developer of the SOS Approach to Feeding program. Non-Financial: Co-Author, "Behaviorally Based Feeding Problems" in Suiter & Gosa (Eds.) Assessing and Treating Dysphagia: A Lifespan Perspective (2019). New York: Thieme Publishers. Founding Medical Professional Council Member with Feeding Matters - PFD Alliance Committee Member and Conference Committee Member.

Kelly Fitzpatrick: Financial: receives a speaking fee from Education Resources, Inc. for this course. She is a paid speaker for Toomey & Associates, Inc. Non-Financial: she has no non-financial relationships to disclose



\$850 fee. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. **NO REFUNDS WITHIN 2 WEEKS OF COURSE.** Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12, Medfield, MA 02052 • 508-359-6533 or 800-487-6530 (outside MA) FAX 508-359-2959 • www.educationresourcesinc.com

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You will be required to show proof of vaccination and wear a mask at all times.

When Children Won't Eat/Toomey

May/Houston, TX

Course Registration Form

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Needed in the event of an emergency scheduling change

Email: _____

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How did you learn of this course? _____

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