

Plagiocephaly:

Assessment and Treatment of Infants and Toddlers

Cindy Miles PT, PHD, PCS, CDNT

Faculty

Cindy Miles, PT, PhD, PCS, CNDT established her pediatric private practice in 1981. Dr. Miles is a graduate of the University of Pittsburgh, School of Health Related Professionals and East Stroudsburg University with a Master of Education in exercise physiology. She also holds a PhD in Pediatric Science from the Rocky Mountain University of Health Professions. Her doctoral research was on potential risk factors related to the diagnosis of Torticollis. She is Board Certified by the American Board of Physical Therapy Specialties as a Pediatric Clinical Specialist, specializing in treating children from birth through to young adults. Cindy completed the eight-week Pediatric NeuroDevelopmental training course and the Advanced Infant course. Dr. Miles is serving as President of the Academy of Pediatric Physical Therapy (APPT) and is presently the Co-Chair and Meeting Planner for the Academy's Annual Conference (APPTAC). Dr. Miles presents nationally on pediatric private practice and reimbursement as well as nationally and internationally on Torticollis, Plagiocephaly, and Fitness for All Abilities. She has published in peer review journals and books on topics related to pediatric physical therapy. www.cindymiles.com or www.traintotriumph.com.

Disclosure: Financial: Cindy Miles receives an honorarium from Education resources for this course. Non-Financial: She has no non-financial relationships to disclose.

About this Live Webinar

The presentation will provide evidence-based clinical pathways for management of infant head shape. Differential diagnosis that may lead to head shape differences will be explored. Discussion will concentrate on progressive, effective evaluation and treatment schemes for infants with a diagnosis of plagiocephaly, including challenging cases. Current research and recommendations pertaining to the implications of plagiocephaly and increased use of positional devices will be discussed and incorporated. Red flags for related early infancy and preschool consequences will be appraised. Emphasis on home exercise programs, effective strategies, and long term follow-up to team with parents will be explored.

Learning opportunities for therapists and medical professionals involved in pediatrics will transpire through lecture, case reports, group problem solving, video review. The extensive use of pictures and videos throughout the four hours will allow participants to problem solve head shape providing functional ways to evaluate and treat.

Objectives

- Identify three research studies that address the management, prevention and/or treatment of head shape (including helmet criteria) for the diagnosis of plagiocephaly in children.
- Choose a treatment strategy that incorporates current research findings and addresses the child's functional goals.
- Recognize the possibility that plagiocephaly/brachycephaly is preventable or can be less impactful to the child and family with early parent education and early referral.
- Choose two treatments that reduce or prevent plagiocephaly / brachycephaly in children.
- Identify three facilitators and three barriers to helmet treatment.

Schedule Day 1 5:40pm - 10:00pm EST (US)

5:40-6:00	Webinar Registration/Zoom Course Opens
6:00-8:00	Anatomy Craniosynostosis: Differential Diagnosis Cranial Asymmetries Assessment Treatment/Helmet Criteria
8:00-10:00	Potential Long-Term Outcomes Case Reviews Facial Asymmetry Questions/Answers

AUDIENCE

Physical, Occupational, and Speech Therapists; Nurses, including NICU, Nurse Practitioners, Orthotists, Physician Assistants, and Physicians

Online Courses Learn at your convenience

We've infused the excitement and clinical relevance of our live courses into new on demand online series

Learn at your convenience

- Post Concussion Syndrome Series
- Vestibular Rehabilitation for the School Aged Child and Adolescent Series
- Toe Walking – Comprehensive Series
- Treatment of Motor Issues in Children with Sensory Dysfunction Online Series
- Torticollis: Assessment and Treatment of Infants and Children Online Series
- Therapies in the School Series – Offering 5 full series or over 25 individual sessions.

Online courses include free downloadable handouts and access for an entire year.

Register directly online www.educationresourcesinc.com

REGISTER FIRST for:

Torticollis: Assessment and Treatment of Infants and Children: Impact on the Movement System of Infants and Beyond

**January 22-23, 2022
June 6, 8, 13 and 15, 2022
September 16-17, 2022**

Then, look for a discount code in your registration receipt to register for this 4-hour, *Plagiocephaly* live webinar at the discounted price of \$75.

INSTRUCTIONAL LEVEL

As defined by the APTA; Intermediate – Assumes that participants have a general familiarity with topic (associated diagnosis of torticollis and the environmental changes on head shape). The focus is on increased understanding of differential diagnosis

Follow us on Social Media

Share your ideas with us, post a clinical challenge you are facing, or share a great therapy tip with your colleagues. Please visit us on Facebook, LinkedIn and our blog.

Find us on 

 [LinkedIn](#)

ERI: Life-changing learning

You love what you do. Our courses remind you why. As a therapist, you change lives every day – and have your life changed in return. ERI is life-changing learning, for therapists by therapists.

The ERI Advantage:

- Techniques you'll use the next day
- Peers who share your passion
- Renowned faculty
- Evidence-based courses that improve outcomes
- 30 years of life-changing learning

Specialty Tracks throughout the lifespan – Neonatal, Pediatric, Adult, Geriatric

Each ERI specialty track is designed to make the most of your continuing education time, budget, and goals. Start your search with us and plan every course you'll take in 2022.

ERI Rewards

Your ERI experience is more rewarding than ever.

- First Course Discount
- Group Discounts
- \$100 off your 4th Multi-day Course
- And more

Subject to availability. Exclusions may apply. Visit our website for details and coupon codes.

Credits

This course meets the criteria for 4 contact hours (.4) CEUs, Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID# 02999. This distance learning – interactive course is offered at 4 contact hours 0.4 CEUs. (Intermediate Level/OT Service Delivery). AOTA does not endorse specific course content, products or clinical procedures.

NBCOT Professional Development for 4 PDUs.

Approved Provider for the FL Occupational Therapy Association CE Broker for 4.5 CE Hours, #20-795692.

This course meets the approval of the TX Board of OT Examiners.

Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm.

This course meets the basic criteria of the MD Board of Physical Therapy Examiners for 1.4 CEU's

Application has been made to the MN Board of Physical Therapy.

Approved by the NJ State Board of Physical Therapy Examiners.

Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 4.5 contact hours. Application has been made to Illinois EI Training Program.

Approved provider by the NY State Board of Physical Therapy for 4.8 contact hours (.48 CEUs). Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: CA, KY and TX.

The following state boards of physical therapy accept other states' approval: AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY.

The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA.

4 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

Education Resources Inc. 266 Main St, Medfield, MA 02052 • 800-487-6530

Webinar Dates and Times – 2022

July 27, 2022 and October 13, 2022

5:40 pm EST • 4:40 pm CST • 3:40 pm MST • 2:40 pm PST (US)

Registration is for one session. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the Webinar.



\$89 fee. **LIMITED ENROLLMENT.** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline. We encourage you to register online!

WEBINAR: Plagiocephaly: Assessment and Treatment of Infants and Toddlers

Cindy Miles PT, PHD, PCS, CDNT

July 27, 2022 OR **October 13, 2022**

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course? _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above:

Signature _____

Amount charged _____

I hereby authorize you to charge my: VISA MC DISCOVER# _____

Exp. Date _____ CVV2 Code _____