Building the Brain:

A Neurobiological Approach to Assessment and Treatment

Robin Harwell, M.A., CCC-SLP



Faculty

Robin Harwell, M.A., CCC-SLP is a dynamic instructor and clinician who takes complex information and easily applies it clinically. She has extensive experience in a variety of settings, including hospital, clinic, nursing home, home health, private practice and public schools. She has a thriving private practice and consults to facilities on brain building programs. She utilizes a theoretical framework that is based on neurogenesis, neuroplasticity and neurodevelopment for assessment and treatment of her patients. Her workshops provide the latest in the neuroscientific research and its application to rehabilitation and development. She uses tools that support the brain's ability to rewire itself versus teaching a skill. She is a sought-after speaker throughout the US.

Disclosure: Financial: Ms. Harwell receives a speaking fee from Education Resources, Inc. Non-Financial: Ms. Harwell has no relevant nonfinancial relationships to disclose.

"This course was everything I hoped it would be plus more. I am exploding with ideas to try with my rehab patients! I can't wait to bring this info back to my coworkers." — Courtney Harris, PT

About this Course

This intensive lab course will help you link neuroscience to your clinical practice with a focus on evidence-based interventions to improve measurable outcomes for adults and children with neurological challenges. It teaches you how to use tools to support the brain's ability to rewire itself rather than retraining or relearning a specific skill. This course draws on the expansive brain-behavioral sciences to provide a framework for assessment, priority setting, prognosis and intervention for clients in any treatment setting from those with acute issues such as medically fragile diagnoses, behavioral issues, to those with chronic issues in any treatment setting.

Objectives

At the conclusion of this course, the participant will be able to:

- Describe the neurobiology of therapeutic relationship and attachment as a healing force in therapy.
- Identify and describe the stress response as an antagonist to healing.
- 4 Analyze the role of arousal as the driving force for attention, learning and rehabilitation.
- Apply a skill set of "tools" for building the brain as an aspect of neurorehabilitation.
- Demonstrate a preliminary understanding of the brain brain/body selfhealing mechanisms and the implementation of complementary healing techniques

Audience

This course applies from infants to geriatrics with any neurologic disorders. The course is appropriate for Physical Therapists and Assistants, Occupational Therapists and Assistants, Speech Language Pathologists and Assistants.



Schedule – Day 1

7:30-8:00	Registration/Continental Breakfast	
8:00-9:30	New Brain Research:	
	Implications for Therapy	
9:30-10:15	Foundations for Therapy Success in	
	Adults and Children Network Theory,	
	Arousal, Attention, Learning, Self-regulation, Modulation	
10:15-10:30	Break	
10:30-12:00	Tools to Prepare the Brain/Body	
	System for Learning and Retraining	
	Labs	
12:00-1:00	Techniques to Balance the System:	
	Quantum Healing	
1:00-2:00	Lunch (on your own)	
2:00-2:30	The Healing Brain:	
	Neurogenesis, Neuroplasticity	
	Neurodevelopment	
2:30-3:45	Clinical Applications of Current	
	Knowledge on How the Brain Learns:	
	Auditory, Visual, Vestibular, Sequential	
	Processing Brain Dominance	
3:45-4:00	Break	
4:00-4:30	Mental Practice/Lab	
4:30-5:30	The Stress Connection	
	The Gut Brain/Inflammation Exercise and	
	the Brain Sedentary Lifestyle	

What the science tells us

Schedule - Day 2

7:30-8:00	Continental Breakfast	
8:00-8:30	Theoretical Framework for a	
	NeuroIntegrative Approach to Treatment	
8:30-10:15	An Interactive Approach to Assessment	
	A new perspective	
10:15-10:30	Break	
10:30-12:00	Assessment: Lab	
12:00-1:00	Lunch (on your own)	
1:00-2:00	Lab: Tools to Retrain and Relearn	
	Functional Skills Evidence-Based Strategies	
	Visual Vestibular Tactile Brain Gym	
2:00-2:45	An Integrative Approach to Treatment/Lab	
	Bal-A-Vis-X	
	Exercise and the Brain	
2:45-3:00	Break	
3:00-4:00	Troubleshooting for Functional Outcomes	
	Research & Resources	

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Credits

This course meets the criteria for 14.5 contact hours (1.45 CEUs). Application has been made to the **MN** Board of Physical Therapy. The **WI** Board of Physical Therapy accept other Boards Approval. Approved Agency by the PT Board of **CA**. This course satisfies CE requirements for **WA** PT's. **TX** Physical Therapy Association accredited provider. This course meets the approval for Type 2 CEUs by the **TX** Board of OT Examiners. Approved sponsor by the **IL** Dept. of Financial and Professional Regulation for Physical Therapy for 17 contact hours.

Approved provider of continuing education by the American Occupational Therapy Association #3043, for 14.5 contact hours - Intermediate Level Occupational therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide confinuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to <u>1.45</u> ASHA CEUs (<u>Intermediate</u> Level, <u>Professional</u> area) Application has been made to the **WA** Speech Language Hearing Association (WSLHA) for OSPI CECHs

This program has been submitted for approval for 14.5 clock hours of continuing education credit by the **TX** Speech Language Hearing Association. (TSHA)

Please contact us with any special needs requests: nfo@educationresourcesinc.com or 508-359-6533

Locations and Dates - 2019

March 22-23Robbinsdale, MNNorth Memorial Medical CenterJuly 26-27Spokane, WASt. Luke's Rehabilitation Institute

September 20-21 Burlington, WI Aurora Wellness Center

October 19-20 North Richland Hills, TX North Hills Hospital



\$435 fee. Group rate must be mailed/faxed together. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12 • Medfield, MA 02052 508-359-6533 or 800-487-6530 (outside MA) FAX 508-359-2959 • www.educationresourcesinc.com Limited enrollment. We encourage you to register online!

Building the Brain/Robin Harwell ☐March/MN ☐July/WA ☐Sep/WI ☐Oct/TX

Course Registration Form		
Name:		
Address:		
City:	State:	Zip Code:
Home Phone:	Work Phone:	
Cell Phone: Needed in the event of an emergency scheduling change		
Email:Please clearly print your email address for course confirmati		
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How did you learn of this course		
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Exp. Date