

Practical Intervention Strategies for Children with Autism Spectrum Disorders: An Evidence Based Approach

Stacey Szklut, MS, OTR/L

Faculty

Stacey Szklut MS, OTR/L is a knowledgeable and compelling educator specializing teaching intervention for individuals with sensory, motor and feeding difficulties. She is nationally recognized for her understanding of sensory integration and has developed and presented a wide variety of workshops on assessment, intervention, and combining therapeutic techniques. Her extensive clinical and teaching experience provides the foundation for her belief in an eclectic approach to intervention, focusing on developing functional abilities for independence. She incorporates these ideas into her teaching style which highlights active learning and developing a wide range of practical and usable suggestions for intervention. She is the owner of South Shore Therapies, Inc. in Massachusetts

Disclosure: Financial: Ms. Szklut receives a speaking fee from ERI, Epic Developmental Resources and The Learning Workshop. She also receives royalty payments from Sensory Resources for a product she developed "Teachers Ask About Sensory Integration".

Non-Financial: Ms. Szklut has no non-financial relationships to disclose

About this Course

With the increasing number of children with ASD it is essential that therapists keep current on the latest research and interventions to incorporate new knowledge and techniques into their clinical practice. This course will assist practitioners in identifying and implementing intervention strategies to successfully support social engagement, play skills, motor coordination, planning and participation in daily activities. Learning will be supported through case analysis and practical, easy to use strategies. Course is applicable to all ages of individuals on the autism spectrum. It will cover early signs of autism, as well as strategies that can be applicable to school age children, teenagers and adults.

Objectives

- 1 Integrate current research and intervention strategies to support and strengthen your clinical evidence-based practice.
- 2 Explore interventions and strategies to address difficulties with sensory processing, emotional regulation, social participation, play, motor control, planning, visually directed activities, and daily life skills including eating and sleep.
- 3 Develop a "tool kit" of specific intervention strategies, useful accommodations and visual supports to encourage successful participation in early intervention, school, clinic, home and community settings.
- 4 Recognize the wide variety of factors that can influence early identification, diagnosis, intervention and functional outcomes for individuals with ASD

Audience

OTR, COTA, PT, PTA, SL and Special Educators

Testimonials

"Stacey was **WONDERFUL!** She was organized, knowledgeable and entertaining. A great speaker. She provided us with a comprehensive look at Autism, Sensory, and provided us with intervention tools that I can use tomorrow in the clinic."

- J. Pipsair, OT

Schedule – Day 1

- 8:00-8:30** Registration/Continental Breakfast
- 8:30-10:30** Current Research and Perspectives in ASD: Early signs, diagnosis, etiology, confounding factors, neurobiology, and research trends
- 10:30-10:45** Break
- 10:45-12:00** Overview of Intervention Models: The - Science and Art of Therapy: Components of effective intervention and prioritizing interventions
- 12:00-1:00** Lunch (on your own)
- 1:00-3:00** Sensory Processing Disorders: Key concepts to enhance observational assessment and clinical reasoning skills with case study, behavioral correlates, adapting challenging sensory based behaviors
- 3:00-3:15** Break
- 3:15-5:00** Addressing Emotional Regulation Issues: Behavioral signs and developmental trends, intervention strategies with case study, visual supports

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Schedule – Day 2

- 8:00-8:30** Continental Breakfast
- 8:30-10:00** Encouraging Social Relationships and Participation: Components of successful social interactions, characteristic difficulties in ASD and a wide variety of intervention strategies
- 10:00-10:15** Break
- 10:15-12:00** Treating Motor Coordination Issues and Developing Praxis: Identifying motor and planning issues in ASD, understanding developmental sequences and how to adjust skill and planning levels to achieve the “just right” challenge in intervention with case studies
- 12:00-1:00** Lunch (on your own)
- 1:00-2:30** Facilitating Play Skills: Development and significance of play skills, characteristics of play in ASD, strategies to encourage play skills with case study
- 2:30-2:45** Break
- 2:45-4:00** Encouraging Participation in Daily Activities and Routines: Typical sleep and eating difficulties in ASD with video analysis, impact on functional performance and family participation, specific strategies for intervention and home programming

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Credits

This course meets the criteria for 13 contact hours (1.3 CEUs). In **NH** and **MA** this workshop meets accepted standards for continuing competence activities for 13 contact hours (1.3 CEUs). Application has been made to the **MN** Board of Physical Therapy. The **KS, MO, and WI** Boards of PT recognize other state board approvals.

This course satisfies CE Requirements in **IA**.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 13 contact hours Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. NBCOT professional development provider-13 PDU.



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.3 ASHA CEUs (Intermediate level, Professional area)

Locations and Dates - 2019

March 1-2 Salem, NH Easter Seals of New Hampshire

Oct 4-5 Minneapolis, MN Children's Hospitals and Clinics of Minnesota

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\$435 fee. Group rate (3 or more) must be mailed/faxed together \$410. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12 • Medfield, MA 02052 508-359-6533 or 800-487-6530 (outside MA) FAX 508-359-2959 • www.educationresourcesinc.com

Limited enrollment. We encourage you to register online!

Practical Intervention Strategies /Szklut

March/NH Oct/MN

Course Registration Form

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Home Phone: _____ Work Phone: _____

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Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

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