

Assessment and Treatment of Children with Oral Motor, Feeding/Swallowing and Respiratory Function Challenges:

Children with Neuromuscular Involvement

Rona Alexander, PhD, CCC-SLP, BCS-S, C/NDT

Faculty

Rona Alexander, PhD, CCC-SLP, BCS-S, C/NDT - A longtime member of the Education Resources faculty and an accomplished author, Rona Alexander is a speech-language pathologist specializing in the assessment and treatment of oral motor, feeding/ swallowing, and respiratory-phonatory function in infants and children with neuromuscular involvement. Dr. Alexander is a qualified speech instructor in NeuroDevelopmental Treatment, delivering expert clinical knowledge and a personable instructive style through her basic pediatric and advanced NDT courses. She is a co-author of the book, *Normal Development of Functional Motor Skills: The First Year of Life*, and codeveloper of *The ABCs of Pediatric Feeding and Swallowing*. She also has served as a member of the ASHA Steering Committee for Special Interest Division 13: Swallowing and Swallowing Disorders. Dr. Alexander maintains a private practice, provides consultation services and conducts workshops on oral motor, feeding/swallowing, and respiratory coordination development, assessment and treatment.

Financial: Rona Alexander receives a speaking fee from Education Resources as well as royalty payments from Clinician's View and a co-author of the book published by the The Hammill Institute on Disabilities. Non-Financial: She is a member of the NDTA and the NDTA Instructor Group

"The best course I've been to, Any pediatric SLP should take this course."

— Melissa E, SLP

About this Course

This course delivers clinically relevant assessment and treatment strategies for infants and children with neuromuscular impairments and challenges to their oral motor, feeding/swallowing and respiratory function. A special emphasis is on postural alignment and control as well as on sensory factors that can influence a child's feeding and swallowing. Effective treatment strategies to improve cheeks/lips, tongue, jaw and rib cage function will be highlighted. Participants will engage in extensive clinical problem-solving via group case analysis and patient demonstration sessions.

Objectives

Participants will be able to apply course learning immediately to:

- 1 Clinically assess oral motor, feeding/swallowing and respiratory coordination function in infants and young children
- 2 Detail the essential components of comprehensive intervention programming for young children with neuromuscular involvement
- 3 Implement effective body alignment, positioning for the modification of oral, pharyngeal, and respiratory function in intervention programming
- 4 Perform treatment strategies to improve the function of the cheeks/lips, tongue, and jaw in children with neuromuscular involvement

Audience

Professionals with a foundation in the components of typical and atypical oral motor, feeding/swallowing, respiratory-phonatory and general movement development and experience in services for infants and children with neuromuscular challenges

Schedule – Day 1

- 8:30-9:00** Registration/Continental Breakfast
- 9:00-9:15** Introduction/Discussion of Workshop Plan
- 9:15-10:45** Primary Areas Influencing the Child's Feeding and Swallowing Function
1. Oral Issues
 2. Pharyngeal Issues
 3. Gastrointestinal Issues
 4. Respiratory/Airway Issues
 5. Behavior Management Issues
- 10:45-11:00** Break
- 11:00-12:30** Primary Areas Influencing the Child's Feeding and Swallowing Function (cont.)
- 12:30-1:30** Lunch (on your own)
- 1:30-3:00** Primary Areas Influencing the Child's Feeding and Swallowing Function (cont.)
- 3:00-3:15** Break
- 3:15-4:30** Primary Areas Influencing the Child's Feeding and Swallowing Function (cont.)

Schedule – Day 2

- 8:30-9:00** Continental Breakfast
- 9:00-10:45** The Clinical Assessment Process
- 10:45-11:00** Break
- 11:00-12:30** Intervention Programming and the Development of Appropriate Functional Outcomes and Treatment Strategies
- 12:30-1:30** Lunch (on your own)
- 1:30-3:00** Patient Demonstration and Discussion
- 3:00-3:15** Break
- 3:15-4:30** The Influences of Body Movements and Postural Alignment/Stability on Oral Movements and Rib Cage/Respiratory Function

Schedule – Day 3

- 8:30-9:00** Continental Breakfast
- 9:00-10:30** The Influences of Body Movements and Postural Alignment/Stability (cont.)
- 10:30-10:45** Break
- 10:45-12:15** Mealtime Feeding Strategies and Treatment Strategies
- 12:15-12:45** Break
- 12:45-3:15** Mealtime Feeding Strategies and Treatment Strategies (cont.)

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Credits

This course meets the criteria for 17.5 contact hours (1.75 CEUs). Application has been made to the **NJ** Board of Physical Therapy Examiners and the **PA** Board of Physical Therapy. ERI is an approved agency by the PT Board of **CA**. The **MO**, **KS** and **OR** Boards of PT recognize other Board's approvals. This workshop meets accepted standards for continuing competence in **MA** and **WA**

Approved provider by the **NY** State Board of Physical Therapy for 21 contact hours



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 17.5 contact hours (1.75 CEUs) - Intermediate Level Occupational therapy Process: assessment, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider - 17.5 PDU's



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.75 ASHA CEUs (Intermediate Level, Professional area)

Application has been made to WSHLA for OSPI CECH's

This course meets the criteria for 17.5 hours towards NDTA re-certification

*Please contact us with any special needs requests:
info@educationresourcesinc.com or 508-359-6533*

Locations and Dates

October 4-6	Culver City, CA	Can Do Kids
November 15-17	Canton, MA	Pappas Rehabilitation Hospital for Children



\$625 fee. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12 • Medfield, MA 02052 508-359-6533 or 800-487-6530 (outside MA) FAX 508-359-2959 • www.educationresourcesinc.com

Limited enrollment. We encourage you to register online!

Oral Motor, Feeding/Swallowing and Respiratory Function Challenges/Alexander

Oct/CA Nov/MA

Course Registration Form

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Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

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