#### REGISTRATION

\$435 fee. Group rate (3 or more) must be mailed/faxed together \$410 each. Deadline for registration is 3 weeks prior to course. Registration accepted after deadline on a space available basis. Cancellation accepted until 2 weeks before course minus an administration fee of \$75.

NO REFUNDS WITHIN 2 WEEKS OF COURSE

Please make check payable and return to:

**Education Resources. Inc.** 

266 Main St., Suite 12 • Medfield, MA 02052 (508) 359-6533 or 800-487-6530 (outside MA) FAX (508) 359-2959 www.educationresourcesinc.com

Limited enrollment

## NICU/ Kleinz NAME\_\_\_\_ ADDRESS\_\_\_\_ CITY/STATE/ZIP\_\_\_\_\_ PHONE (H) PHONE (W) Needed in the event of an emergency scheduling change Please clearly print your email address for course confirmation EMPLOYER \_\_\_\_ DISCIPLINE \_\_\_\_\_SPECIALTY\_\_\_\_ HOW DID YOU HEAR ABOUT THIS COURSE \_\_\_\_\_ □ERI Rewards I am registering for my 4th course since January 2008 and applying \$100 credit to the tuition. Please indicate course location: □Jul/NJ □Dec/WA Education Resources, Inc. reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled. ☐ I have read your refund policy above and understand. Cardholder's name & billing address with zip code if different from above. Amount to be charged Signature\_\_\_\_\_ I hereby authorize you to charge my: TVISA TMC DISCOVER

Exp.Date CVV2code

(last 3 digits on back of card)

#### **CREDITS**

This course meets the criteria for 14 contact hours (1.4 CEU's). Approved by the **NJ** Board of Physical Therapy Examiners and the **PA** Board of Physical Therapy. This course satisfies CE requirements for **WA** PTs.

**NY** - Approved Provider by the **NY** State Board of Physical Therapy for 16.8 contact hours.

Approved provider of continuing education by the American Occupational Therapy Association #3043, for 14 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT Professional Development Provider - 14 PDU's.



This course is offered for up to <u>1.4</u> ASHA CEUs (<u>Intermediate</u> level, <u>Professional</u> area).

Application has been made to the Washington Speech Language Hearing Association **WSLHA** for OSPI CECH's

This course meets the criteria for 14 hours that can be applied toward the NTNCB Neonatal Therapy Certification.

Please contact us with any special needs requests at info@educationresourcesinc.com or 508-359-6533

#### **LOCATION & ACCOMMODATIONS**

Please visit our website for a list of accommodations

July 20-21, 2018 - New Jersey Capital Health Medical Center - Hopewell Pennington, NJ

December 1-2, 2018 - Washington Providence St. Peter Hospital Olympia, WA

### **NICU THERAPY:**

Developmental Support from Admit to Home



## Lisa Kleinz

July 20-21, 2018 - Pennington, NJ December 1-2, 2018 - Olympia, WA

sponsored by

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## **COURSE DESCRIPTION**

This beginner-intermediate course will focus on developmental care and therapeutic interventions in the NICU. It will focus on the infant's experience in the NICU, and how the neonatal therapist can best support these infants from the beginning. You will learn how to provide developmental support, optimize outcomes, reduce parental stress, and provide collaborative developmental care through implementing best practices on your unit. Special populations will include the very low birth weight infant, the late preterm, and the long term NICU infant.

#### **COURSE OBJECTIVES**

Upon completion of the course the participants will be able to:

- Discuss key elements of developmental care and neuroprotection for low birth weight and high risk infants in the NICU
- Incorporate developmental core measures and therapeutic strategies into the therapist's role, in the areas of handling, positioning, feeding, the environment, pain, and sleep from the earliest gestational age
- Develop strategies for implementing cue based feeding in the NICU
- Develop a resource for assessing developmental needs of the therapist's own NICU and discussion of specific projects to create change in the NICU

## **FACULTY**

Lisa Kleinz, MA, SLP/L, CNT is a Speech Pathologist who has worked in level 3 NICUs for over 20 years. She has also served as a Developmental Care Specialist, working with staff and families to create change in the NICU. She has certifications in Newborn Individualized Developmental Care Assessment Program (NIDCAP). Developmental Care Designation (NANN), Infant Massage Instructor, and Lactation Specialist. She is a Certified Neonatal Therapist and an active member of National Association of Neonatal Therapists, in addition to being a committee Board member. Lisa received her bachelors degree from the University of Illinois and her masters degree from Indiana University. She has presented at NANT conference and Gravens conference. In addition. she provides frequent Developmental Care and NICU education in the Chicago area and is a Clinical Specialist for Dr. Brown's Medical.

Financial: Lisa Kleinz receives an honorarium from Education Resources, Inc. and Dr. Brown's Medical. Non financial: Lisa is a member of the National Association of Neonatal Therapists, a Board Member of NTNCB, and a member of NIDCAP Federation.

#### **SCHEDULE - DAY ONE**

7:30-8:00 Registration/Continental Breakfast

8:00-10:30 Developmental Care and Neurobehavioral Outcomes: Models of learning

- Behavioral outcomes of low birth weight infant
- Effects of maternal separation, stress, and the environment
- The NIDCAP model: Becoming a better observer of premature infant behavior: Video analysis

10:30-11:00 Where to begin? Rehab therapist vs Neonatal Therapy: How to become more involved in the NICU

11:00-12:00 Developmental Core Measures in the NICU: Therapeutic inteventions from the smallest NICU infants

Healing environment: The sensory systems

12:00-1:00 Lunch (on your own)

1:00-3:00 Developmental core measures, cont

- Protected sleep: promoting sleep, cycled light, safe sleep, massage, Kangaroo Care, Swaddled bathing (video demonstration)
- Positioning: Methods of evaluating
- Feeding: Providing positive feeding experiences from the start for the very low birth weight infant through discharge
- Pain: How the therapist can provide support
- Family Centered Care: Encouraging parents as partners

3:00-5:00 Application of the Sensory Experience: Promoting sensory development with the preterm infant: Vestibular, tactile, qustatory/olfactory, auditory/visual

## **NEW ONLINE COURSES**

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#### **SCHEDULE - DAY TWO**

7:30-8:00 Continental Breakfast

8:00-12:00 Therapists creating change in the NICU:
Strategies for implementing therapeutic
strategies that improve developmental
outcome

- Practice analysis
- LAB: Group project/learning experience
- Getting support from leadership
- Tools for Evaluating Developmental Care and Therapeutic strategies in your hospital
- Improving specific therapeutic strategies with your NICU: Positioning, Containing, Cue Based Feeding

12:00-1:00 Lunch (on your own)

1:00-2:00 Cue Based Feeding

- Evaluation, Implementation of Cue Based Feeding, Strategies for supporting positive feeding
- Video analysis
- What the Feeding therapist needs to know about Breastfeeding
- 2:00-3:15 Special populations: The Late preterm, Long term NICU patient

3:15-4:00 Case Study: Analysis/Discussion

Writing a developmental care plan

Two fifteen minute breaks will be scheduled each day

### **AUDIENCE**

This course is recommended for beginning to intermediate neonatal therapists, PTs, PTAs OTs, OTAs and SLPs working with infants in the Neonatal Intensive Care Unit.

#### **TESTIMONIALS**

"I enjoyed this course so much and feel like I am walking away with a plan for my NICU. Lisa is an awesome instructor, patient for learning, and flexible to meet the needs of her class. I would definitely take another course offered by her and Education Resources."

Kimberly Jones

"This was an absolutely wonderful overview of successful interventions for all "developmental care specialists" in the NICU. It truly addresses all areas of taking care of our NICU babies and putting their needs at the forefront of our minds. I am excited about starting my work in a NICU. The course presenter Lisa was energetic and wonderful. The material was very practical. I would recommend this course to all. Thanks Lisa!"