

# Primitive Reflexes: Strategies to Promote Integration

## Strengthening Foundational Skills

Janine Wiskind MS, OTR/L, CBIS

### Faculty

**Janine Wiskind MS, OTR/L**, engages her audience with her dynamic teaching style and makes intense information easy to understand and apply. For more than 20 years, she has worked as a pediatric occupational therapist. Beginning her career in brain injury, then moving into the school systems, she now operates her own pediatric clinic. Janine has always been fascinated with the “why” behind children’s behavior and the families that we treat. It is this curiosity and passion that inspires Janine to learn continuously herself: she continues to take classes and reads a plethora of books. She strives to share this knowledge through her classes and give therapists the tools, creativity, and curiosity to keep growing and becoming their best therapeutic selves for their clients. Janine has also ventured into parent coaching with an online platform to support the many parents who can benefit from understanding their children through the OT lens.

Disclosures: Financial: Janine Wiskind receives an honorarium from Education Resources, Inc.

Non-financial: Janine Wiskind has no relevant nonfinancial relationships to disclose.

### About this Live Webinar

Primitive reflex integration is a term being used in a variety of fields resulting in various approaches to treatment. This course provides therapists with a functional approach to evaluating and treating primitive reflexes. It focuses on understanding the neuroanatomy of primitive reflexes, supporting research, and the importance of analyzing posture, biomechanics, and qualitative movement patterns. Therapists learn how to effectively evaluate primitive reflexes and utilize a functional and play-based approach to primitive reflex integration. It provides a deeper understanding of the way in which various primitive reflexes support each other and mature in relationship to one another. Videos are presented throughout the course to support the integration of the material. This approach to primitive reflexes strengthens the clinician’s ability to create a play-based and functional treatment approach to achieve functional skills faster.

### Objectives

At the completion of this course participants will be able to:

- 1 Define the three levels of motor control in the central nervous system and how those levels impact occupation-based intervention.
- 2 Correlate the findings from a research study to the evaluation and treatment of retained primitive reflexes.
- 3 Determine how the structural development and alignment of the pelvis and trunk can impact a functional activity.
- 4 Choose an appropriate primitive reflex integration assessment to address a functional impairment.
- 5 Select a functional and individualized goal based on a primitive reflex integration assessment.
- 6 Update a treatment plan to address retained primitive reflexes that utilizes effective strategies to strengthen your client’s skills during functional activities.

## Schedule – Day 1 5:40 pm - 10:00 pm EST (US)

5:40-6:00	Webinar Registration/Zoom Course Opens
6:00-6:15	Course Overview and Introductions
6:15-7:15	The Neuroanatomy of Primitive Reflexes: Neural Pathways, Research, and Relevance to Evaluation and Treatment
7:15-7:45	Impact of Structure on Reflex Integration
7:45-9:00	Posture, the Ribcage and Pelvis: Impact of Structure on Reflex Integration
9:00-9:45	Moro Reflex
9:45-10:00	Wrap-up, Questions, Discussion

## Schedule – Day 2 8:40 am - 1:00 pm EST (US)

8:40-9:00	Webinar Registration/Zoom Course Opens
9:00-9:30	Check in, Discussion, Questions from the Week
9:30-10:45	The Somatosensory System: Where Reflex Integration Begins The Haller Method Body Mapping
10:45-12:45	Evaluation and Treatment of Primitive Reflexes: <ul style="list-style-type: none"> <li>🕒 Hands Pulling</li> <li>🕒 Hands Supporting Reflex</li> <li>🕒 Tonic Labrynthine Reflex</li> <li>🕒 Landau Reflex</li> <li>🕒 Symmetrical Tonic Neck Reflex</li> </ul>
12:45-1:00	Wrap-up, Questions

## Audience

This course is relevant for Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants.

## Schedule – Day 3 8:40 am - 1:00 pm EST (US)

8:40-9:00	Webinar Registration/Zoom Course Opens
9:00-9:15	Check in, Discussion, Questions from the Week
9:15-10:45	Evaluation and Treatment of Primitive Reflexes: <ul style="list-style-type: none"> <li>🕒 Asymmetric Tonic Neck Reflex</li> <li>🕒 Spinal Galant Reflex</li> <li>🕒 Amphibian Reflex</li> <li>🕒 Babinski Reflex</li> </ul>
10:45-11:30	Evaluation and Treatment of Primitive Reflexes: <ul style="list-style-type: none"> <li>🕒 Babkin-Palmomental</li> <li>🕒 Palmar Reflex</li> <li>🕒 Plantar Reflex</li> </ul>
11:30-12:45	Video Case Study Synthesize Evaluation with Treatment of Primitive Reflexes
12:45-1:00	Questions and Answers

“Fantastic speaker and great information related to functional abilities and clinical practice.” –

H. Wrezinski, PT

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## Credits

This course meets the criteria for 12 contact hours (1.2) CEUs, Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID# 04770. This Distance Learning-Interactive course is offered at 12 contact hours 1.2 CEUs (Intermediate level, OT Service Delivery). AOTA does not endorse specific course content, products or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 12 units.

Application has been made to the FL Board of Occupational Therapy. This course meets the approval of the TX Board of OT Examiners.

Application has been made to the FL Physical Therapy Association for 14 continuing education contact hours.

Approved by the MD Board of Physical Therapy Examiners. Approved by the MN Board of Physical Therapy. Approved by the NJ Board of Physical Therapy Examiners.

Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 14 contact hours. Application has been made to Illinois EI Training Program. Approved provider by the NY State Board of Physical Therapy for 14 contact hours (1.4 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: CA, KY, OK and TX.

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12 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

Please contact us with any special needs requests: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 800-487-6530. Education Resources, Inc. 266 Main Street, Suite 12, Medfield, MA 02052

## Webinar Dates and Times

February 22, 23 and 24, 2024

February 22 | 5:40 pm EST • 4:40 pm CST • 3:40 pm MST • 2:40 pm PST (US)

February 23 and 24 | 8:40 am EST • 7:40 am CST • 6:40 am MST • 5:40 am PST (US)

*Registration is for all three sessions. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the webinar.*



\$389 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline.

We encourage you to register online!

**WEBINAR: Primitive Reflexes/Wiskind**

**February 22, 23 and 24, 2024**

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