

# Neonatal Therapy – Establishing Skills for Independent Practice - Part 3

**Anjanette Lee, MS, CCC/SLP, CNT,  
NTMTC**

## Faculty

Anjanette Lee, MS, CCC/SLP, CNT, NTMTC has over 25 years' experience in the NICU, receiving NIDCAP certification in 1999 and then helping her NICU's quality improvement team incorporate family centered, neuroprotective, and neuropromotive care practices as standards of care. As an imbedded NICU therapist, she is passionate about sharing knowledge with and utilizing all members of the neonate's care team to support best neurodevelopmental outcomes. As a result, Anjanette provides ongoing education and mentorship for other Neonatal Therapists and NICU staff both within her hospital system and across the nation. Anjanette is certified in Neonatal Touch & Massage and was one of the first Certified Neonatal Therapists in the nation. She has co-authored chapters in Kenner & McGrath's 1st edition of Developmental Care of Newborns & Infants, and Case-Smith & O'Brien's 7th edition of Occupational Therapy for Children. She serves as co-leader of the National Association of Neonatal Therapists Professional Collaborative and has co-authored NANT's Neonatal Therapy Core Scope of Practice and Practice Competencies for the Neonatal Therapist. Anjanette also serves on the NANT national conference planning committee and is part of the teaching faculty for the NANT Ignite program.

## About this Course

This third of a 4-part series focuses on the acquisition of core component skill sets needed within each of the six domains of Neonatal Therapy prior to independent practice in the NICU. This series will be perfect for NTs studying for the Neonatal Therapy Certificate Exam and for those beginning to establish competency by 1) laying a foundation of fundamental knowledge, 2) closing gaps within core competencies, and 3) assuring both fundamental knowledge and core competency knowledge are applied during NICU interventions.

## Learning Objectives

- Recognize what components make up the Micro- and Macro-environments
- Determine strategies for modification of components within the infant's micro- and macro-to support optimal premature infant development
- Relate family and psychosocial components to an infant's development
- Utilize knowledge from assessment of family needs in the formulation of therapy and discharge planning
- Recognize the importance of accurate interpretation of neurobehavioral responses in relation to NT assessment and intervention
- Apply infant competencies, sensitivities, and thresholds to intervention strategies to facilitate neurobehavioral and neuromotor organization during caregiving interactions.

## Audience

Neonatal therapists, PTs, OTs, SLPs with experience working with infants in the Neonatal Intensive Care Unit.

**Disclosure:** Financial: Ms. Lee receives an honorarium from Education Resources, Inc.  
Non-Financial: No non-financial disclosures to report.

## Schedule – Day 1 9:40 am to 2:15 pm EST (US)

9:40-10:00 Webinar Registration/Zoom Course Opens

10:00-10:45 The Acquisition of Core Component Skill Sets

- Where to Begin
  - Self-Assessment
  - Mentor Acquisition

### Domain 1 – Environment

- Micro- and Macro-Environments
- Light
- Sound
- Olfactory
- Thermoregulation
- Humidification

10:45-11:45 Domain 1 – Environment (cont'd)

- Bedding & Clothing
- Invasive Lines
- Respiratory Support Devices
- Family Presence/Participation
- NICU Culture & Therapeutic Use of Self

### Domain 2 – Family/Psychosocial

- Maternal/Infant History
- Family Background
- Parenting Skills
- Family Communication
- Family Stress
- Family Resources and Referrals
- Family Discharge Needs
- Palliative Care

## Schedule – Day 1 (Cont.) 9:40 am to 2:15 pm EST (US)

11:45-12:00 Break

12:00-2:00 Domain 3 – Neurobehavioral

- Autonomic Nervous System
- Motor System
- State System
- Attention/Interaction System
- Self-Regulatory System
- Neurobehavioral Organization

2:00-2:15 Pulling it All Together

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## Credits:

This course meets the criteria for 4 contact hours (0.4 CEUs) Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. This Distance Learning-Interactive course is pending AOTA approval for 4 contact hours 0.4 CEUs (Intermediate, OT service delivery, Foundational Knowledge). AOTA does not endorse specific course content, products, or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 4 units.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 4.5 hrs. This course meets the approval of the **TX** Board of OT Examiners.



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Intermediate level  
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ASHA credits are accepted by the **TX** Department of License and Renewal.

Application has been made to the **FL** Physical Therapy Association for 4.5 continuing education contact hours.

Application has been made to the **MD** Board of Physical Therapy Examiners.

Application has been made to the **MN** Board of Physical Therapy.

Application has been made to the **NJ** Board of Physical Therapy Examiners.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 4.5 contact hours.

Application has been made to **Illinois** EI Training Program.

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4 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

This course meets the criteria for 4 hours that can be applied toward the Neonatal Therapy National Certification. Education Resources Inc. 266 Main St, Medfield, MA 02052. Please contact us with any special-needs requests: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 800-487-6530.

## WEBINAR DATE AND TIME

**March 8, 2024**

9:40am EST • 8:40am CST • 7:40am MST • 6:40am PST

Registration is for the one session. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the webinar.



\$149 fee. **LIMITED ENROLLMENT.** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

**WEBINAR: Neonatal Therapy – Establishing Skills for Independent Practice Part 3**

**Anjanette Lee, MS, CCC/SLP, CNT, NTMTC**

**March 8, 2024**

**Course Registration Form:**

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Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

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Needed in the event of an emergency scheduling change

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