

# Critically Thinking Through the Critically Ill



Miki Anderson Haas PT, DPT

## Faculty

Miki Anderson Haas PT, DPT has practiced in Acute Care for over 10 years at a Level I Trauma Center with the majority of her time spent in the ICU setting. Serving as the Lead Therapist of Critical Care Medicine for over 8 years, she has dedicated her career to program development and education of therapists and the multi-professional team involved with patients who are or have been critically ill. She has assisted in the development and implementation of two specialized hospital teams with a strong focus on coordination and optimization of care that achieved improved outcomes for critically ill patients. Dr. Anderson Haas has communicated with audiences at the national, state and local levels about the importance of PTs and OTs in the intensive care units and assisted in teaching the acute care curriculum at the University of North Carolina at Chapel Hill for 10+ years. Currently she is practicing in the home health setting with a focus on improved outcomes. Disclosure - Financial: Michelle (Miki) Anderson Haas receives an honorarium from ERI for this course. Non-Financial: She has no non-

## WEBINAR

### About this Course

This course will go beyond the basic knowledge of evaluation and treatment of patients in the Critical Care Environment. It will focus on expanding the role of the therapist in the ICU setting and establish a knowledge base and treatment approach beyond mobility and exercise. The importance of utilizing a multi-professional team approach will be highlighted along with the value a therapist brings to this team. Current research and case examples will be utilized throughout. This course is applicable however to a large patient population of those who are or have been critically ill in their course.

### Objectives

- Discuss the importance of a multi-professional approach with complex patients in the ICU and identify early predictors and indicators to assist the medical team in determining a patient's projected course.
- Perform treatments for the critically ill beyond mobility and exercise prescription and create a plan for timing of treatment to illicit maximal function with patients who are medically complex.
- Utilize outcome measures and an evidence based approach to guide treatment and problem solving through patient cases.
- Justify their own "gut instincts" regarding projecting a patient course and how to assist the multi-professional team in higher level clinical decision making.

### Audience

This course is designed for PTs, PTAs, OTs and COTAs interested in advancing practice in the Critical Care Patient Populations. Will focus on adult patients 18 years and older in the intensive care unit acute care setting and specifically when they are critically ill.

Help your patients achieve better outcomes.

## Schedule – Day 1

### 10:00-12:30 Thinking through the critically ill patient when they are in the ICU and beyond

- The “gas tank” model
- “Guidelines” – 10 reasons why-not and the one reason to
- Risk vs. Benefit
- Sick vs. Broken vs. Both
- Introduction to developing your “gut” instincts
- **Medical Complexity – Sepsis, ARDS, Post Intensive Care Unit Syndrome**
- Red, Yellow, Green system
- The Big Picture vs. the details

### Managing the ICU vs. the critically ill patient

- Problem solving to manage the Unit
- Yes, No, Maybe
- Prioritization tools
- The worst first
- Decisions to transfer or stay
- Case examples

12:30-12:45 BREAK

### 12:45-2:15 The importance of a multi-professional approach with complex patients

- The actual role of each multi-disciplinary member
- Multi-professional rounds
- The one question every member should be answering
- The Big Picture vs. the details
- Case example

### Timing treatment to elicit maximal function in **ventilated and non-ventilated patients**

- Phases of Resuscitation
- Information to Gather
- Timing of Medication
- Timing with Respiratory Therapy
- True Coordination of Care
- The impact of 24 hours
- Removing barriers

2:15-3:00 LUNCH

## Schedule – Day 1 - Continued

### 3:00-4:30 Outcome Measures

- ICU therapy measures
- Hospital measures
- A measure for the continuum-from ICU to SNF and homecare

### Treatment approaches beyond mobility and exercise for the critically ill

- Creating and Tailoring your “tool-box”
- **Early Mobility and Beyond**
- Therapeutic Low-Level Treatment approaches
- Therapeutic High Functioning Treatment approaches
- Differentiation of Services between PT, OT, ST
- Differentiation of Services with RT
- Coordination of care
- Teamwork between disciplines
- High Level Care Management
- Treatment ideas outside the box

4:30-4:45 BREAK

### 4:45-5:30 Developing your “gut” instincts

- The Big Picture
- Anecdotal information
- History
- Clinical Predictors
- Outcome Measures
- Trending the information
- Building on experience
- Timing Matters
- **Case Analysis**

### Utilizing your “gut” instincts

- Putting it all together
- **Early predictors**
- Clinical reasoning in determining your course
- Clinical reasoning in changing your course
- Recommendations for medical treatment plan

### 5:30-6:15 Thinking through the Critically Ill patient after they are critically ill

- Implications for step-down units in the hospital
- Implications for SNF
- Implications for Home Health

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## Webinar Dates and Times – 2020

**Saturday, June 20 Live Webinar**

**10:00am-6:15pm EST**



**\$179 fee. LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

## WEBINAR: Critically Thinking /Anderson Haas

June 20, 2020

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