

# Feeding and Swallowing Disorders in Infancy: Implications for Breast and Bottle Feeding

Robin Glass, MS, OTR, IBCLC

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## Faculty

Robin Glass, MS, OTR, IBCLC and Lynn Wolf, MOT, OTR, IBCLC specialize in the treatment of infants, both as hospital inpatients and outpatients with a strong focus on feeding issues. Renowned as experts in their field, they are NDT trained and Board-Certified Lactation Consultants, with extensive national and international experience speaking about the infant feeding. Ms. Glass and Ms. Wolf have authored numerous journal articles as well as the book *Feeding and Swallowing Disorders in Infancy: Assessment and Management*. They were recipients of the National Association of Neonatal Therapists (NANT) Pioneer Award in 2015. They currently practice occupational therapy at Seattle Children's Hospital in Seattle, WA.

Disclosures: Financial: Robin Glass receives a speaking fee from Education Resources, Inc. Non-Financial: Robin Glass has no non-financial disclosures. Financial: Lynn Wolf receives a speaking fee from Education Resources Inc. and receives royalties from her book. Non-Financial: Lynn Wolf has no non-financial disclosures.

## About this Course

The goal of this conference is to provide a framework from which to view the continuum of infant feeding options, including breast and bottle feeding. Participants will have the opportunity to expand their repertoire of evaluation techniques and intervention strategies when working with infants who demonstrate feeding or swallowing dysfunction. This course will cover infants in the hospital/NICU environments as well as outpatients. This course will be relevant to lactation consultants, occupational therapists, speech and language pathologists, nurses, and other health professionals who specialize in or who have an interest in infant feeding disorders..

## Objectives

At the completion of this course participants will be able to:

- 1 Evaluate specific infant feeding disorders and generate appropriate treatment strategies for their management.
- 2 Summarize the pathophysiologic principles underlying the suck, swallow, breathe triad and how they apply to breast and bottle feeding.
- 3 Describe an increased awareness of diagnostic procedures such as video fluoroscopic swallowing study, infant focused feeding assessment, evaluation of gastroesophageal reflux.
- 4 Discuss the interplay between special diagnoses (such as prematurity, gastroesophageal reflux, cleft lip and palate) and infant feeding dysfunction.
- 5 Utilize treatment strategies to improve oral motor control for breastfeeding.

## Audience

This course is designed for, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, Speech Pathologists, Nurses, Lactation Consultants and other allied health professionals who specialize or have an interest in feeding disorders in infancy.

Help your patients achieve better outcomes.

## Schedule – Day 1

- 8:00-8:30** Registration/Continental Breakfast
- 8:30-10:20** Introduction  
Foundations of infant feeding skills:  
Sucking Swallowing
- 10:20-10:35** Break
- 10:35-12:00** Foundations of infant feeding skills (cont.)  
Breathing  
Coordination of Sucking, Swallowing and  
Breathing
- 12:00-1:00** Lunch (on your own)
- 1:00-2:30** Clinical Feeding Evaluation of Infants
- 2:30-2:45** Break
- 2:45-3:45** Evaluation of swallowing function
- 3:45-5:00** Gastroesophageal Reflux

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## Schedule – Day 2

- 7:30-8:00** Continental Breakfast
- 8:00-8:50** Cleft Lip and Palate  
Respiratory considerations in premature infants
- 8:50-9:50** Supporting breast feeding in the premature infant
- 9:50-10:05** Break
- 10:05-10:35** Selection of Nipples
- 10:35-11:30** Use of flow devices to support breastfeeding
- 11:30-12:30** Lunch (on your own)
- 12:30-2:00** Treatment Strategies:  
Flow considerations in premature infants  
Oral motor dysfunction
- 2:00-2:15** Break
- 2:15-3:15** Treatment Strategies:  
Respiratory Compromise  
Swallowing Dysfunction
- 3:15-4:30** Application of Principles for Assessment and Management of Feeding Problems in Infants

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## Credits

This course meets the criteria for 14 contact hours (1.4 CEUs).

This activity has been approved by the Commission on Dietetic Registration for 14 CPEUs.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 14 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.4 ASHA CEUs (Intermediate level, Professional area).

This program has been submitted for approval of 14 clock hours of continuing education credit by the TX Speech-Language-Hearing-Association (TSHA).

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NBCOT professional development provider – 14 PDU

### Professional Partners for NICU Education

Education Resources, Inc. and NANT partner to strengthen the quality and accessibility of education for neonatal therapists.

Application has been made to ILBCE for lactation consultant CERPS.

Please contact us with any special needs requests:  
[info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 508-359-6533

## Locations and Dates – 2019

Nov 15-16    The Woodlands, TX    Texas Children's Hospital-The Woodlands



\$435 fee. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

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**Feeding and Swallowing Disorders in Infancy: Implications for Breast and Bottle Feeding/Wolf & Glass**

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