

Tools and Strategies for Developmental Care of Special Populations in the NICU:

A problem-based course addressing very low birth-weight babies, small baby teams, NAS, and the long-term NICU infant

Lisa Kleinz, MA, SLP/L, CNT

Faculty

Lisa Kleinz, MA, SLP/L, CNT is a Speech Pathologist who has worked in level 3 NICUs for over 20 years. She has also served as a Developmental Care Specialist, working with staff and families to create change in the NICU. She has certifications in Newborn Individualized Developmental Care Assessment Program (NIDCAP), Developmental Care Designation (NANN), Infant Massage Instructor, and Lactation Specialist. She is a Certified Neonatal Therapist and an active member of National Association of Neonatal Therapists, in addition to being a committee Board member. Lisa received her bachelor degree from the University of Illinois and her master degree from Indiana University. She has presented at NANT conference and Gravens conference. In addition, she provides frequent Developmental Care and NICU education in the Chicago area and is a Clinical Specialist for Dr. Brown's Medical. Financial: *Lisa Kleinz receives an honorarium from Education Resources, Inc. and Dr. Brown's Medical.* Non-financial: *Lisa is a member of the National Association of Neonatal Therapists, a Board Member of NTNCB, and a member of NIDCAP Federation*

About this Course

This introductory-intermediate level course will focus on therapeutic intervention programs in the NICU that are evidenced-based and will provide neonatal therapists with tools, strategies, and enhanced critical problem-solving skills. The course will provide a case-based approach to the challenges seen in special populations: the very low birthweight infant, NAS, and the long-term NICU infant. Critical problems will be the emphasis. Small baby teams will be discussed. Focus will be given to the NICU environment, the sensory experience, and feeding programs that best support developmental care and provide neuroprotection. Will include group project with practical strategies to take back to your own NICU.

Objectives

- 1 Discuss key concepts of neuroprotection and stress in the NICU and how the neonatal therapist plays a role
- 2 Prepare provide therapeutic interventions and strategies for the environment, positioning, feeding, (bottle and breast), pain, sleep, and family support.
- 3 Develop developmental care for your practice with the very low birth weight infant, the late preterm, and infants with NAS
- 4 Use clinical problem-solving skills to determine best practices to address the challenges presented by in the NICU both in terms of clinical issues as well as in multi-disciplinary developmental care.
- 5 Demonstrate strategies learned to create change in the NICU regarding developmental care.

Audience

This course is recommended for beginning to intermediate neonatal therapists, PTs, PTAs, OTs, OTAs, and SLPs working with infants in the Neonatal Intensive Care

Schedule – Day 1

- 7:30-8:00** Registration /Breakfast
- 8:00-9:00** From the beginning: The NICU isn't 'normal.' How the stress of the NICU can affect any baby and family
- 9:00-10:00** Developmental Care in the NICU
-Video analysis: Enhancing behavioral observation skills
- 10:00-12:00** Developmental Core Measures of the NICU:
Therapeutic interventions and strategies that work
- 12:00-1:00** Lunch (on your own)
- 1:00-3:30** Applying problem solving and application of developmental care with special populations:
- Very low birthweight infant
 - Incidence and outcomes
 - The healing environment
 - Protected sleep: promoting sleep, cycled light, safe sleep, Kangaroo Care, Infant Massage, Swaddled bathing: Learn how to incorporate into your unit
 - **Small Baby Teams:** Research and support, how to develop
- 3:30-4:30** **Neonatal Abstinence Syndrome (NAS)**
- -Incidence and outcomes
 - -Application of Developmental care: Environment and feeding

Schedule – Day 2

- 7:30-8:00** Breakfast
- 8:00-9:00** **The long term NICU infant**
- Special considerations
 - Planning for discharge
- 9:00-12:00** Cue Based Feeding Programs in the NICU
- Evaluation and implementation of a cue-based feeding program: Which one is right for your unit
 - Learning to choose appropriate bottle systems
 - Video Analysis
 - What the feeding therapist needs to know about breastfeeding
- 12:00-1:00** Lunch (on your own)
- 1:00-3:00** Putting it all together:
Now we know what: let's talk about HOW!
Rehab therapist vs Neonatal therapy: How to become more involved in the NICU and leave your mark!
Creating Change in your NICU: Learning how to create programs
- Tools for evaluating your own unit
 - **LAB:** group project
- 3:00-4:00** Transitioning the NICU Patient to home: Developmental care doesn't stop in the unit; Case Study

*Two fifteen-minute breaks will be included each day.

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Credits

The course meets the criteria for 13.5 contact hours (1.35 CEUs). TX Physical Therapy Association approved provider. Application has been made to the LA State Board of Physical Therapy Examiners. The MS Board of PT recognizes other Board's approvals. Application has been made to the FL Physical Therapy Association for 16 continuing education contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 13.5 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved provider of the FL Board of Occupational Therapy-CE Broker.

Approved by the TX Board of OT Examiners.

NBCOT professional development provider - 13.5 PDU's



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.35 ASHA CEUs (Intermediate Level, Professional area)

This course meets the criteria for 13.5 hours that can be applied toward the NTNCB Neonatal Therapy Certification.

Please contact us with any special needs requests: info@educationresourcesinc.com or 508-359-6533

Locations and Dates - 2019

November 9-10	Jacksonville, FL	St. Vincent's Medical Center Southside
November 16-17	Baton Rouge, LA	Our Lady of the Lake Regional Medical Center



\$435 fee. Group rate (3 or more) must be mailed/faxed together \$410 each. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12 • Medfield, MA 02052
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Limited enrollment. We encourage you to register online!

Tools and Strategies/Kleinz

Nov/FL Nov/LA

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

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