

# Neonatal Therapy – Establishing Skills for Independent Practice Part 3 - Core Practice Components

**Anjanette Lee, MS, CCC/SLP, CNT,  
NTMTC**

## Faculty

Anjanette Lee, MS, CCC/SLP, CNT, NTMTC has over 25 years' experience in the NICU, receiving NIDCAP certification in 1999 and then helping her NICU's quality improvement team incorporate family centered, neuroprotective, and neuropsychomotor care practices as standards of care. As an imbedded NICU therapist, she is passionate about sharing knowledge with and utilizing all members of the neonate's care team to support best neurodevelopmental outcomes. As a result, Anjanette provides ongoing education and mentorship for other Neonatal Therapists and NICU staff both within her hospital system and across the nation. Anjanette is certified in Neonatal Touch & Massage and was one of the first Certified Neonatal Therapists in the nation. She has co-authored chapters in Kenner & McGrath's 1st edition of Developmental Care of Newborns & Infants, and Case-Smith & O'Brien's 7th edition of Occupational Therapy for Children. She serves as co-leader of the National Association of Neonatal Therapists Professional Collaborative and has co-authored NANT's Neonatal Therapy Core Scope of Practice and Practice Competencies for the Neonatal Therapist. Anjanette also serves on the NANT national conference planning committee and is

## About this Course

This third of a 4-part series focuses on the acquisition of core component skill sets needed within each of the six domains of Neonatal Therapy prior to independent practice in the NICU. This series will be perfect for NTs studying for the Neonatal Therapy Certificate Exam and for those beginning to establish competency by 1) laying a foundation of fundamental knowledge, 2) closing gaps within core competencies, and 3) assuring both fundamental knowledge and core competency knowledge are applied during NICU interventions.

## Learning Objectives

- Recognize what components make up the Micro- and Macro-environments
- Determine strategies for modification of components within the infant's micro- and macro-to support optimal premature infant development
- Relate family and psychosocial components to an infant's development
- Utilize knowledge from assessment of family needs in the formulation of therapy and discharge planning
- Recognize the importance of accurate interpretation of neurobehavioral responses in relation to NT assessment and intervention
- Apply infant competencies, sensitivities, and thresholds to intervention strategies to facilitate neurobehavioral and neuromotor organization during caregiving interactions.

## Audience

Neonatal therapists, PTs, OTs, SLPs with experience working with infants in the Neonatal Intensive Care Unit

**Disclosure:** Financial: Ms. Lee receives an honorarium from Education Resources, Inc.  
Non-Financial: No non-financial disclosures to report.

## Schedule – Day 1 9:40 am to 2:15 pm EST (US)

**9:40-10:00 Webinar Registration/Zoom Course Opens**

**10:00-10:45 The Acquisition of Core Component Skill Sets**

- Where to Begin
  - Self-Assessment
  - Mentor Acquisition

### **Domain 1 – Environment**

- Micro- and Macro-Environments
- Light
- Sound
- Olfactory
- Thermoregulation
- Humidification

**10:45-11:45 Domain 1 – Environment (cont'd)**

- Bedding & Clothing
- Invasive Lines
- Respiratory Support Devices
- Family Presence/Participation
- NICU Culture & Therapeutic Use of Self

### **Domain 2 – Family/Psychosocial**

- Maternal/Infant History
- Family Background
- Parenting Skills
- Family Communication
- Family Stress
- Family Resources and Referrals
- Family Discharge Needs
- Palliative Care

## Schedule – Day 1 (Cont.) 9:40 am to 2:15 pm EST (US)

**11:45-12:00 Break**

**12:00-2:00 Domain 3 – Neurobehavioral**

- Autonomic Nervous System
- Motor System
- State System
- Attention/Interaction System
- Self-Regulatory System
- Neurobehavioral Organization

**2:00-2:15 Pulling it All Together**

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## Credits:

This course meets the criteria for 4 contact hours (0.4 CEUs) Intermediate Level.



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This course can be used toward your NBCOT renewal requirements for 4 units.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 4.5 hrs.

This course meets the approval of the **TX** Board of OT Examiners.



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Approved by the **FL** Physical Therapy Association for 4.5 continuing education contact hours.

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4 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

This course meets the criteria for 4 hours that can be applied toward the Neonatal Therapy National Certification. Education Resources Inc. 266 Main St, Medfield, MA 02052. Please contact us with any special-needs requests: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 800-487-6530.

## WEBINAR DATE AND TIME

**September 20, 2024**

**9:40am EST • 8:40am CST • 7:40am MST • 6:40am PST**



\$149 fee. **LIMITED ENROLLMENT.** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

## WEBINAR: Neonatal Therapy – Establishing Skills for Independent Practice Part 3

**Anjanette Lee, MS, CCC/SLP, CNT, NTMTC**

☐ **September 20, 2024**

### Course Registration Form:

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City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

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