

# Neonatal Therapy – Establishing Skills for Independent Practice Part 4 - Core Practice Components

Anjanette Lee, MS, CCC/SLP, CNT,  
NTMTC

## Faculty

Anjanette Lee, MS, CCC/SLP, CNT, NTMTC has over 25 years' experience in the NICU, receiving NIDCAP certification in 1999 and then helping her NICU's quality improvement team incorporate family centered, neuroprotective, and neuropromotive care practices as standards of care. As an imbedded NICU therapist, she is passionate about sharing knowledge with and utilizing all members of the neonate's care team to support best neurodevelopmental outcomes. As a result, Anjanette provides ongoing education and mentorship for other Neonatal Therapists and NICU staff both within her hospital system and across the nation. Anjanette is certified in Neonatal Touch & Massage and was one of the first Certified Neonatal Therapists in the nation. She has co-authored chapters in Kenner & McGrath's 1st edition of Developmental Care of Newborns & Infants, and Case-Smith & O'Brien's 7th edition of Occupational Therapy for Children. She serves as co-leader of the National Association of Neonatal Therapists Professional Collaborative and has co-authored NANT's Neonatal Therapy Core Scope of Practice and Practice Competencies for the Neonatal Therapist. Anjanette also serves on the NANT national conference planning committee and is

## About this Course

This fourth of a 4-part series focuses on the acquisition of core component skill sets needed within each of the six domains of Neonatal Therapy (NT) prior to independent practice in the NICU. This series will be perfect for neonatal therapists studying for the Neonatal Therapy Certificate Exam and for those beginning to establish competency by 1) laying a foundation of fundamental knowledge, 2) closing gaps within core competencies, and 3) assuring both fundamental knowledge and core competency knowledge are applied during NICU interventions.

The fourth of a 4-part series, this course focuses on core component skill sets within three neonatal therapy domains: the Sensory System, Neuromotor & Musculoskeletal Systems, and Oral Feeding & Swallowing. This course offers self-assessment and support planning for next steps towards independent practice in the NICU.

## Learning Objectives

- Recognize the impact that post menstrual age and environmental input have on sensory responses
- Recognize the impact of the environment and caregiving practices on preterm sensory system integration
- Utilize knowledge of infant positioning abilities and needs in formulation of plans for supporting optimal neurodevelopmental positioning
- Relate impact of risk factors/etiologies and comorbidities to an infant's oral feeding development
- Determine infant readiness for oral feeding introduction through utilization of oral feeding readiness cues and additional prerequisites
- Apply understanding of aerodigestive system anatomy and physiology to recommendations for support of oral feeding transition and progression

**Disclosure:** Financial: Ms. Lee receives an honorarium from Education Resources, Inc.  
Non-Financial: No non-financial disclosures to report.

Neonatal Intensive Care Unit.

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## Schedule – Day 1 9:40 am to 2:15 pm EST (US)

9:40-10:00 **Webinar Registration/Zoom Course Opens**

### 10:00-11:15 **Domain 4 – Sensory System**

- o Sensory System Development
- o Tactile
- o Vestibular
- o Chemosensory (Olfactory & Gustatory)
- o Visual
- o Auditory

### 11:15-11:45 **Domain 5 – Neuromotor and Musculoskeletal Systems**

- o Risk Management
- o Range of Motion
- o Muscle Tone
- o Posture
- o Reflexes and Postural

Responses

11:45 – 12:00 **Break**

### 12:00 – 12:45 **Domain 5 – Neuromotor and Musculoskeletal Systems (cont'd)**

- o Musculoskeletal Structural Integrity
- o Movement
- o Neurodevelopmental Positioning
- o Neurodevelopmental Handling

## Schedule – Day 1 (Cont.) 9:40 am to 2:15 pm EST (US)

### 12:45-2:00 **Domain 6 – Oral Feeding and Swallowing**

- o Risk Management
- o Enteral Feeding
- o Own Mother's Milk
- o Aerodigestive System
- o Oral Reflexes
- o Non-Nutritive Sucking
- o Oral Feeding Readiness
- o Feeding Experience

### 2:00-2:15 **Pulling it All Together**

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## Credits:

This course meets the criteria for 4 contact hours (0.4 CEUs) Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID# 09514. This Distance Learning-Interactive course is offered at 4 contact hours, 0.4 CEUs. (Intermediate Level, OT service delivery & Foundational Knowledge). AOTA does not endorse specific course content, products, or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 4 units.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 4.5 hrs.

This course meets the approval of the **TX** Board of OT Examiners.



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ASHA credits are accepted by the **TX** Department of License and Renewal.

Application has been made to the **FL** Physical Therapy Association for 4.5 continuing education contact hours.

Application has been made to the **MD** Board of Physical Therapy Examiners.

Application has been made to the **MN** Board of Physical Therapy.

Application has been made to the **NJ** Board of Physical Therapy Examiners.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 4.5 contact hours.

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4 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

This course meets the criteria for 4 hours that can be applied toward the Neonatal Therapy National Certification. Education Resources Inc. 266 Main St, Medfield, MA 02052. Please contact us with any special-needs requests: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 800-487-6530.

## WEBINAR DATE AND TIME

**September 21, 2024**

9:40am EST - 9:40am CST - 7:40am MST - 6:40am PST

Register at [educationresourcesinc.com](http://educationresourcesinc.com)



\$149 fee. **LIMITED ENROLLMENT.** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

**WEBINAR: Neonatal Therapy – Establishing Skills for Independent Practice Part 4 – Core Practice Components**

**Anjanette Lee, MS, CCC/SLP, CNT, NTMTC**

**September 21, 2024**

**Course Registration Form:**

Name: \_\_\_\_\_

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