

# Collaborative Dementia Care: Integrating Person-Centered Strategies for Positive Outcomes

Robyn Ligotti, PT, DPT, CDP, QCP, RAC-CTA

## Faculty

Robyn Ligotti, PT, DPT, CDP, QCP, RAC-CTA is the owner of Rehab Resource Solutions, LLC Consulting and is a licensed DPT with over 35 years of experience. The scope of her practice has encompassed many settings including: skilled nursing facilities, home health, outpatient rehab, wellness and prevention and inpatient rehab, but always with the older adult population. She has managed multi-disciplinary teams in skilled nursing facilities, home health and outpatient rehabilitation. Her Certifications include Dementia Practitioner, Resident Assessment Coordinator and Quality Assurance Performance Improvement Certification. She is dedicated in her belief that the key to achieving strong outcomes is establishing a team of professionals who use critical thinking evidence-based skills in day-to-day practice. She has provided education to rehab and nursing teams and other disciplines throughout her career on safe patient handling, understanding Medicare and rehab specific treatments and approaches to care. Dr. Ligotti graduated with her B.S. in P.T. from Russell Sage College and received her Doctor of P.T. from Sage Graduate School.

**Disclosures:** Financial: Robyn Ligotti receives an honorarium from ERI for this course. Non-Financial: She has no relevant non-financial relationships to disclose.

## About this Course

Over 55 million people are living with dementia in the world today, with an expected doubling every twenty years. 1 in 3 people will develop dementia in their lifetime. Home Health is at the forefront of the many services people require to be successful at home, therefore the number of people under our care who have dementia will only increase in the near future. Utilizing effective strategies for communicating, educating, and treating persons living with dementia and their caregivers will give people the best chance to live healthy and full lives at home for as long as possible. While often our primary reason for initiating treatment is not a dementia diagnosis, we must recognize and be comfortable with altering our communication and intervention strategies when someone with dementia is under our care. Evidence-based tools we can call upon in our role as Home Health Physical and Occupational Therapists, Assistants, and Speech and Language Professionals will aid us in helping clients reach their goals and achieve strong outcomes.

## Learning Objectives

- Integrate communication approaches into treatment plans to obtain optimal functional outcomes.
- Select evidence-based interventions appropriate for persons living with dementia when establishing plans of care.
- Determine appropriate strategies for caregiver education to enhance carryover.
- Formulate appropriate documentation demonstrating skilled services when working with persons living with dementia.

## Suggested Audience

This advanced course is designed for PTs, OTs and SLPs who specialize in the adult home care setting.

## Schedule – Day 1 9:00 am - 5:00 pm EST (US)

8:40–9:00	Webinar Registration/Zoom Course Opens
9:00 – 10:15	Dementia, Mild Cognitive Impairment, Delirium, Depression, Post-Covid Cognitive Loss
10:15 – 10:45	Memory: Types, Retrieval & Utilization
10:45 – 11:00	<b>Break</b>
11:00 – 11:30	Staging & Progression in Dementia
11:30 – 12:30	Communication Strategies in Behavior Management
12:30 –1:15	Screens, Tests & Measures <ul style="list-style-type: none"> <li>• Cognition Screening &amp; Tests</li> <li>• Evidence-based Tests when Dementia is a Secondary Diagnosis: ADLs &amp; Mobility</li> <li>• Dysphagia, Dehydration, ICU/PICS, Delirium Screening Tools</li> </ul>
1:15 – 1:45	Lunch

## Schedule – continued

1:45 – 2:45	Evidence-based Therapeutic Interventions <ul style="list-style-type: none"> <li>• Learning Methods – Errorless Learning, Spaced Retrieval, Trial &amp; Error</li> <li>• Establishing Positive Interactions</li> <li>• Functional Exercise – High Intensity, Aerobic, Strengthening</li> <li>• Dual-Task Training</li> <li>• Modifications based on Stage – General &amp; Discipline Specific</li> </ul>
2:45 – 3:45	Caregiver Education: Strategies for Engagement
3:45 – 4:00	<b>Break</b>
4:00 – 4:30	Oasis-E & Documentation
4:30 – 5:00	Case Discussion



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## Credits

This course meets the criteria for 7 contact hours (.7) CEUs, Advanced Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID#09711. This Distance Learning-Interactive course is offered at 7 contact hours 0.7 CEUs. (Advanced, OT service delivery & Foundational Knowledge). AOTA does not endorse specific course content, products, or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 7 units.

Approved provider of the FL Board of Occupational Therapy-CE Broker for 8 CE hours.

This course meets the approval of the TX Board of OT Examiners.



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Approved by the **FL** Physical Therapy Association for 8 continuing education contact hours.

Approved by the **MD** Board of Physical Therapy Examiners. Approved by the **MN** Board of Physical Therapy. Application has been made to the **NJ** Board of Physical Therapy Examiners.

Approved by the **OH** Physical Therapy Association. Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 8 contact hours.

Approved provider by the **NY** State Board of Physical Therapy for 8 contact hours (0.8 CEUs).

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7 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

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## Webinar Dates and Times

**November 2, 2024**

**8:40 am EST • 7:40 am CST • 6:40 am MST • 5:40 am PST (US)**

Registration is for the one session. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the Webinar.



\$229 fee. LIMITED ENROLLMENT. Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline. We encourage you to register online!

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Robyn Ligotti

November 2, 2024

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

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