

When Children Won't Eat: Picky Eaters vs. Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

Kay Toomey, PhD

Susan Kniffen, OTR/L

Deborah Lagerborg, MS, CCC-SLP

Faculty

Dr. Kay A. Toomey is a Pediatric Psychologist who has worked with children who don't eat for almost 30 years. She developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey is the President of Toomey & Associates, Inc., consults for Gerber Baby Foods/Nestle, works with Feeding Matters, acts as a Clinical Consultant to the Feeding Clinic at STAR Institute, and speaks internationally about her approach.

Susan Kniffen has been working as an Occupational Therapist in pediatric settings since 2005 and as a Feeding Specialist from 2006. In addition to her Feeding Therapy work, Susan treats children who have orthopedic, neurological, and complex medical needs. Previously she provided pediatric outpatient feeding and rehabilitation services through Memorial Hospital, Toomey & Associates Inc., and Children's Hospital Colorado. Currently, she is in early intervention with The Resource Exchange.

Deborah Lagerborg works as a Pediatric Feeding Specialist and Speech Pathologist for the Developmental Disabilities Resource Center. Prior to this position, Deborah worked as a Pediatric Feeding Specialist at SOS Feeding Solutions @ STAR Institute. She began her career in a pediatric outpatient hospital setting Rehabilitation department and the NICU working primarily with infants and children with feeding disorders.

LIVE WEBINAR

About this Course

The Sequential Oral Sensory (S.O.S) Approach to Feeding is a trans-disciplinary program for assessing and treating children with feeding difficulties and weight/growth problems from birth to 18 years. It integrates posture, sensory, motor, behavioral/learning, medical, and nutritional factors to comprehensively evaluate and manage children with feeding/growth problems.

Objectives

- 1 List the seven areas of human function that need to be examined to provide a comprehensive Feeding Assessment
- 2 Identify at least five of the oral, sensory, motor, cognitive or emotional developmental milestones key to being able to eat well
- 3 List three reasons why children won't eat, as based on learning theory principles
- 4 Differentiate classical and operant conditioning principles as applied to resolving feeding problems
- 5 Identify at least four of the necessary components of an SOS Approach to Feeding program for babies, toddlers and young children in either an individual or group therapy session
- 6 List all three requirements for building a Food Hierarchy
- 7 Identify at least one play-based strategy for progressing a child up each of the 6 major Steps on the Steps to Eating Hierarchy

Audience

This conference is intended for professionals who work with children with feeding difficulties including: Speech Pathologists, Occupational Therapists, Special Educators, Early Intervention Specialists, Nurses, Physicians, Dietitians, Mental Health Workers, other Child Care Providers and Educators.

By attending and completing the SOS Approach to Feeding conference, the attendee understands that Education Resources, Inc. will share the attendees contact information with Dr. Kay Toomey/Toomey & Associates, Inc. This information will be used to document and verify each attendee who has fully completed the SOS Approach to Feeding (4 Day) Training Conference and to provide attendees with access to SOS Approach to Feeding resources.

Schedule – Day 1

- 7:30-8:00** ANNOUNCEMENTS regarding requirements and conference structure, CE's, other administrative details, webinar platform introduction and test of your interactive capabilities.
- 8:00-10:00** I. Introduction
- E. Prevalence Data – Feeding Problems
 - F. Prevalence Data – Growth Problems
 - G. Complexity of Feeding/Eating & the Role of the Environment
- 10:00-10:15** Break
- 10:15-12:00**
- D. Tenets of SOS
 - E. Top 10 Myths – Overview
 - F. Appropriate Diagnoses to Use
- II. Feeding Theory & Milestones - How children learn to AND not to eat
- A. Learning Theory
 - 1. Feeding Theory Options
- 12:00-12:15** SOS Test Questions – On Your Own
- 12:15-1:00** Lunch (On your own)
- 1:00-3:00** II. Feeding Theory & Milestones (continued)
- 2. Learning Video
 - B. Myth 1= Breathing
 - C. Motor Skill Acquisition
- 3:00-3:15** Break
- 3:15-5:00** D. Oral-Motor Skill & Developmental Food Continuum
- 5:00-5:15** SOS Test Questions – On Your Own

Schedule – Day 2

- 8:00-10:00** II. Feeding Theory and Milestones (cont.)
- E. Sensory Skills Acquisition
 - F. Understanding the Role of Sensory Processing in Feeding
- 10:00-10:15** Break
- 10:15-12:00** II. Feeding Theory and Milestones (cont.)
- G. Steps to Eating - Overview
 - H. Cognitive Development
- 12:00-12:15** SOS Test Questions – On Your Own
- 12:15-1:00** Lunch (On your own)
- 1:00-3:00** II. Feeding Theory and Milestones (cont.)
- I. Psychological Developmental Stages
- III. Treatment/Interventions
- A. General Treatment Strategies
 - 1. Social Role Modeling
 - 2. Structure/Routine
- 3:00-3:15** Break
- 3:15- 5:00** III. Treatment/Interventions (cont.)
- A. General Treatment Strategies (cont.)
 - 3. The Correct Use of Reinforcement
 - 4. Accessing the Cognitive
 - B. Food Jags
- IV. Assessment of Feeding Problems
- A. Assessment Process
 - B. Referral Candidates
 - C. Reasons Children Won't Eat
 - D. Child Factors
- 5:00-5:15** SOS Test Questions – On Your Own

Schedule – Day 3

- 8:00-10:00** IV. Assessment of Feeding Problems (cont.)
 E. Environmental Factors
 F. Parent Factors
 G. Practice Videos
 H. Parents' Experience
- 10:00-10:15** Break
- 10:15-12:00** V. The SOS Approach to Feeding –
 Theoretical Requirements
 A. Systematic Desensitization
 B. Cues to Eating
 C. Language Use
- 12:00-12:15** SOS Test Questions – On Your Own
- 12:15-1:00** Lunch (On your own)
- 1:00-3:00** VI. The SOS Approach to Feeding–
 Therapy Sessions
 D. Therapy Format - Child
 1. Room Set-Up + Modifications
 2. Session Structure & Routine
- 3:00-3:15** Break
- 3:15-5:00** VI. The SOS Approach to Feeding–
 Therapy Sessions (cont.)
 E. Therapy Format – Parent
 F. Modifications Across Settings
 G. Sensory Based Problem Solving
- 5:00-5:15** SOS Test Questions – On Your Own

To ensure Learners successfully achieve the Learning Outcomes above and to satisfy the completion requirements for the SOS Approach to Feeding conference and continuing education credits, all attendees are expected to attend the course for the entire duration of each day (8am to 5pm, Days 1-4). Additionally, all attendees are required to complete 2 quizzes per day and an evaluation form in order to receive their certificate of attendance.

Schedule – Day 4

- 8:00-10:00** VI. The SOS Approach to Feeding–
 Therapy Sessions (cont.)
 H. Progression Across Sessions
 I. Graduation Criteria & SOS Data
 J. Building a Food Hierarchy
 1. Requirements
- 10:00-10:15** Break
- 10:15-12:00** VI. The SOS Approach to Feeding–
 Therapy Sessions (cont.)
 J. Building a Food Hierarchy
 2. Practice
 K. Hierarchy Strategies – Moving
 Children Up the Steps
 1. Play techniques per Step
 2. Practicing hierarchy strategies
- 12:00-12:15** SOS Test Questions – On Your Own
- 12:15-1:00** Lunch (On your own)
- 1:00-3:00** VI. The SOS Approach to Feeding – Therapy
 Sessions (cont.)
 K. Hierarchy Strategies – Moving
 Children Up the Steps (cont.)
 L. Hierarchy Strategies – Oral Motor
 Steps to Eating
- 3:00-3:15** Break
- 3:15-5:00** VI. The SOS Approach to Feeding – Therapy
 Sessions (cont.)
 M. Video: Progression Within Session
 N. SOS Data
 VII. Managing Other Maladaptive Behaviors
 A. Intervention strategies –
 Perseveration & Vomiting
 B. Emotion Based Discipline
- 5:00-5:15** SOS Test Questions – On Your Own

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Approved provider of continuing education by the American Occupational Therapy Association #3043, for 28.5 contact hours – Intermediate. Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. Approved provider for the **FL** Board of Occupational Therapy – CE Broker

Application has been made to the **IL** EI Training Program

This course is offered for up to 2.85 ASHA CEUs (Intermediate Level, Professional area)



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This program has been submitted for approval of 28.5 clock hours of continuing education credit by the **TX** Speech Language-Hearing-Association (TSHA). TSHA approval does not imply endorsement of course content, specific products or clinical procedures

NBCOT Professional development provider 28.5 PDU

This presentation will focus exclusively on the SOS Approach to Feeding and will not include information on other similar or related therapy.

This course is one of the prerequisites for the NEW SOS Certification Program.

Please contact us with any special needs requests: info@educationresourcesinc.com or 508-359-6533

Webinar Dates - 2020

July 16 – 19	Times for Each Day*	8:00am - 5:00pm – CST
	*Check-in by 7:30am CENTRAL time on Day 1 is required	9:00am – 6:00pm – EST
		7:00am – 4:00pm – MST
		6:00am – 3:00pm - PST

Faculty Disclosures

Kay Toomey: Financial: receives a speaking fee from Education Resources, Inc. for this course. She is a paid Consultant for Nestec/Nestle (Gerber Child Advocate/ Developmental Panel). Non-Financial: She is a Founding Medical Professional Council Member with Feeding Matters – PFD Alliance Committee Member

Susan Kniffen: Financial: receives a speaking fee from Education Resources, Inc. for this course. She is a paid Speaker for Toomey & Associates, Inc. Non-Financial: she has no non-financial relationships to disclose

Deborah Lagerborg: Financial: receives a speaking fee from Education Resources, Inc. for this course. She is a paid Speaker for Toomey & Associates, Inc. Non-Financial: she has no non-financial relationships to disclose



\$750 fee. **LIMITED ENROLLMENT**

Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis.

We encourage you to register online!

LIVE WEBINAR: When Children Won't Eat: Picky Eaters vs Problem Feeders/Toomey

July 16-19

Course Registration Form

Name: _____

Address: _____

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Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

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How did you learn of this course _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled.

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