

# Babies and Beyond: Facilitating Function with Strategies that Grow

Colleen Carey, DPT, C/NDT

## Faculty

Colleen Carey is the owner and director of the Children's Therapy Center, a pediatric outpatient center located in Fort Washington, PA. A dynamic speaker, she teaches frequently in seminars to professionals on the topics of early intervention, therapeutic handling, orthotics, and functional goal outcomes. Colleen has extensive experience with a variety of developmental disorders and coordination disorders including cerebral palsy and autism. She has broad experience in indications for physical therapy within the educational environment and the role of adaptive physical education. Colleen actively mentors other therapists to share her knowledge and insights and has been a clinical instructor for 25 years. Colleen is an accomplished Coordinator Instructor with NDTA. She studied at Quinnipiac College, New York University, and Temple University with a focus on developmental disabilities. She is enthusiastically pursuing ongoing professional training to improve the care of her clients. She received her Basic NDT (Neuro-Developmental Treatment) certification in 1987 and her Baby NDT certification in 1995. Colleen has worked in community early intervention programs, preschool settings, educational settings, rehabilitation hospitals, and outpatient centers. She supports families across cultural and ethnic barrier and passionately advocates for children and families. She remains focused on functional outcomes in all environments.

*Disclosure: Financial: Ms. Carey receives a speaking fee from ERI. Non-Financial: Ms. Carey has no non-financial relationships to disclose.*

## About This Live Webinar

Therapeutic handling and facilitation doesn't stop with babies, and it doesn't stay static through childhood either. Through the framework of the NDTA Contemporary Practice Model, attendees will embrace the dynamic progression of motor development for children with neuromuscular conditions. By choosing effective planes of movement for handling, facilitation strategies, and task and environmental components that align with assessment findings, you can intentionally impact and improve the child's participation in daily activities. Therapeutic strategies to address alignment, weight shift and dynamic balance will connect to the child's participation in daily activities. Through demonstrations and extensive lab sessions, learn *Strategies that Grow* alongside your clients as they develop from babies through toddlerhood to school-aged children. Deepen your application of sensory competence as a major driver of motor performance and amplify the role of the sensory system for children with neuromuscular diagnoses. Work through the treatment triad that incorporates individual, task and environment to promote participation in and outside of the therapy session.

## Objectives

- 1 Relate impairments of alignment, weight shift and dynamic base of support to difficulties with occupational engagement and functional tasks.
- 2 Identify functional goals for a baby or young child with neuromuscular impairments.
- 3 Determine appropriate task challenges for a baby or young child's intervention plan given client profile.
- 4 Differentiate between typical and atypical development during participation in daily activities for the infant and young child.
- 5 Choose a handling or facilitation treatment strategy to address skill performance and/or participation in the baby and young child.
- 6 Apply an intervention that integrates the individual, task, and environment triad to enhance functional performance in an infant or young child.
- 7 Select a progression of intervention strategies that aligns with a young child's growth and development.

## Schedule – Day 1 8:40 am – 3:30 pm EST (US)

- 8:40-9:00 am Webinar Registration/Zoom Course Opens  
9:00-9:30 Building Participation in the Infant and Child using the NDT Contemporary Practice Model  
9:30-10:00 Analysis of Typical Sensory Motor development  
10:00-11:00 LAB: Therapeutic strategies that grow- Rolling and Movements to Change Position  
11:00-12:00 Relating impairments to Function and Participation in Assessment of the Infant: Group problem solving  
12:00-12:45 LUNCH  
12:45-1:45 Analysis of Atypical Sensory Motor Development to provide a framework for pediatric assessment of body system impairments  
1:45-2:30 VIDEO: Treatment Demonstration - Child age 1-3  
Identifying clinical reasoning for treatment based on assessment, observe application of intentional planes of movement during handling, link handling strategies to function and participation  
2:30-3:30 LAB: Therapeutic *Strategies That Grow* - Trunk rotation progressions from 4 months to school age

*15-minute break in AM & 15-minute break in PM to be announced*

## Audience

This webinar is designed for OTs, OTAs, PTs and PTAs working with Pediatric, Birth-3, Early Intervention and School-Age (3-21) populations in home care, outpatient, rehab or school settings.

## Schedule – Day 2 8:40 am – 3:30 pm EST (US)

- 8:40-9:00 am Webinar Registration/Zoom Course Opens  
9:00-9:30 Enhancing the Child's Sensory Competence through facilitation  
9:30-10:00 Build the Treatment Planning Triad - individual, task and environment  
10:00-11:00 LAB: Therapeutic *Strategies That Grow* - Upper extremity: Linking weight bearing and facilitation of isolated movement control to function  
11:00-12:00 Fun & Function- Applying Evidenced Based Concepts from the F-words for Child development framework.  
12:00-12:45 LUNCH  
12:45-1:45 LAB: Therapeutic strategies that grow-lower extremity movements for upright control  
1:45- 2:30 Clinical Reasoning: Case presentation application of using individual assessment to guide participation goals and treatment  
2:30-3:30 Analyzing distal control & orthotic/splinting considerations

*15-minute break in AM & 15-minute break in PM to be announced*

## Follow us on Social Media

We invite you to share your ideas with us, post a clinical challenge you are currently facing, or share a great therapy tip with your colleagues. Please find us on Facebook, Instagram, LinkedIn and our Blog.



## ERI: Life-Changing Learning

**You love what you do.** Our courses remind you why. As a therapist, you change lives every day – and have your life changed in return. ERI is life-changing learning, for therapists by therapists.

### The ERI Advantage:

- Techniques you'll use the next day
- Peers who share your passion
- Renowned faculty
- Evidence-based courses that improve outcomes
- 30 years of life-changing learning

### Specialty Tracks throughout the lifespan – Neonatal, Pediatric, Adult, Geriatric

Each ERI specialty track is designed to make the most of your continuing education time, budget, and goals. Start your search with us and plan every course you'll take in 2025.

**Visit [educationresourcesinc.com](http://educationresourcesinc.com) for all of your 2025 courses.**

### ERI Rewards

**Your ERI experience is more rewarding than ever.**

- First Course Discount
- Bring a Friend Savings
- Group Discounts
- \$100 off your 4th Multi-day Course
- And more

Subject to availability. Exclusions may apply. Visit our website for details and coupon codes.

## Credits

This course meets the criteria for 11 contact hours (1.1 CEUs) Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. This Distance Learning-Interactive course is pending for 11 contact hours 1.1 CEUs (Intermediate Level, OT service delivery). AOTA does not endorse specific course content, products, or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 11 units.

Approved provider of the FL Board of Occupational Therapy-CE Broker – 13 hrs. This course meets the approval of the TX Board of OT Examiners.

Application has been made to the FL Physical Therapy Association for 13 continuing education contact hours.

Application has been made to the MD Board of Physical Therapy Examiners.

Application has been made to the MN Board of Physical Therapy.

Application has been made to the NJ Board of Physical Therapy Examiners.

Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 13 contact hours. Application has been made to the Illinois EI Training Program. Approved provider by the NY State Board of Physical Therapy for 13 contact hours (1.3 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: CA, OK and TX.

The following state boards of physical therapy accept other states' approval: AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, KY, MA, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: AL, CO, CT, IA, ME, MT, NE, ND, NH, SD, WA.

11 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification or qualify towards the 8-hour NDTA Instructor requirement for re-certification.

For any special needs requests, please contact us at: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 800-487-6530.

Education Resources Inc. 266 Main Street, Suite #12, Medfield, MA 02052

## Webinar Dates and Times

April 3 and 4, 2025

8:40 am EST • 7:40 am CST • 6:40 am MST • 5:40 am PST (US)

*Registration is for both sessions. Log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the webinar.*



\$389 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

**Webinar: Babies and Beyond: Facilitating Function with Strategies that Grow/Colleen Carey**  
**April 3 and 4, 2025**

**Course Registration Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Needed in the event of an emergency scheduling change

Email: \_\_\_\_\_

Please clearly print your email address for course confirmation

Employer: \_\_\_\_\_

Discipline: \_\_\_\_\_ Specialty: \_\_\_\_\_

How did you learn of this course? \_\_\_\_\_

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature \_\_\_\_\_

Amount charged \_\_\_\_\_

I hereby authorize you to charge my:  VISA  MC  DISCOVER# \_\_\_\_\_

Exp. Date \_\_\_\_\_ CVV2 Code \_\_\_\_\_