

Management of Persistent Post Concussive Symptoms: What's the Latest Evidence?

Christina Finn, Ed.D, OTR/L

Faculty

Christina Finn, Ed.D, OTR/L graduated from the University of Scranton in 2004 with a master's degree in Occupational Therapy and is currently an associate professor of occupational therapy at the New York Institute of Technology in Westbury, NY where she teaches classes in physical rehabilitation and motor learning. Prior to attaining a full-time faculty position, Christina worked at NYU Rusk for 10 years. During her time, she worked extensively with individuals with visual difficulties as a result of brain injury, concussion, and other neurological conditions. She has experience in all areas of rehabilitation across the spectrum of care, including acute care, inpatient, and outpatient rehabilitation. She has attended several vision therapy training courses and holds a certification in adult vestibular rehabilitation. Christina has presented to health care professionals on the topic of vision rehabilitation and has presented nationally on the topic of post-concussion syndrome.

Disclosure:

Financial: Christina receives a speaking fee from Education Resources.

Non-Financial: She has no non- financial relationships to disclose.

About this In-Person Course

This course will provide updates on the latest research related to diagnosis and management of concussion and persistent post concussive symptoms. This course will focus on the latest relevant and evidence-based assessment and treatment strategies for adults and children with prolonged visual, vestibular, and sensory complaints as a result of concussion. Effective treatment strategies to improve visual skills, balance, and sensory integration for optimal return to all daily tasks will be highlighted. Best practice guidelines for return to learn, return to play, and return to work will be highlighted. Participants will engage in clinical problem solving via group case analysis and discussion.

Learning Objectives

- Apply current research to diagnosis and treatment of concussion and persistent post-concussion syndrome
- Determine when referral is indicated to address co-morbidities
- Assess visual function, balance and ability to participate in daily tasks (including cognitive)
- Implement treatments to remediate oculomotor dysfunction, sensory integrative dysfunction and visual motor skills impairment
- Implement training techniques and compensatory strategies including cognitive strategies to help the patient transition back to work, school and daily tasks

Requirements

Items needed to demo a few activities at home: straw, golf tee or toothpick, post-its, flashlight or laser light.

Audience

This course is relevant for therapists working with individuals of all ages including school-aged children, young adults and older adults who may have sustained a concussion as a result of fall, MVA, sports injury or other accident.

Schedule—Day 1 8:00 am – 5:30 pm EST (US)

8:00-8:30	Registration/Continental Breakfast
8:30-9:30	Overview of Concussion Diagnosis Current diagnostic tools: imaging, lab profile, clinical presentation, implications for therapy intervention. Symptoms: Immediate and delayed Literature review/ patient reports Visual, vestibular, cognitive, behavioral, and sensory changes Correlating literature to symptomatology
9:30-10:30	Long Terms Effects of Concussion and Updates on CTE
10:30-10:45	Break
10:45-12:15	Management of Concussion and PCS To rest or not? Overview of medical and therapeutic management Specialized Equipment: Does it prevent concussion? Re-injury?
12:15-1:15	Lunch (on your own)
1:15-1:45	Return to Learn and Classroom Modifications
1:45-2:15	Return to College
2:15-2:45	Return to Play Protocols: Updates on the Evidence
2:45-3:00	Break
3:00-3:30	Facilitating Return to Work
3:30-4:30	Services that can help manage post concussive symptoms: OT, PT, SLP, Neuropsychology, Vocational Rehabilitation Interdisciplinary team approach to decrease symptoms and optimize return to function Concussion Education and Knowledge
4:30-5:30	Case Analyses, Chart Review, Identification of Symptoms and use of screening tools

Schedule—Day 2 7:30 am - 4:00 pm EST (US)

7:30-8:00	Registration/Continental Breakfast
8:00-8:30	Co-morbidities and the interdisciplinary team and case study
8:30-9:45	Functional changes after concussion Vision/ Impact on Visual System Balance/ Impact on vestibular system Sensory changes after concussion
9:45-10:00	Break
10:00-10:30	Changes in cognitive functioning Computerized cognitive testing
10:30-11:15	Assessments and screening Visual issues Vision Screening: DEM, King Devick, NPOC, Oculomotor screening Specific Vestibular and Balance and Assessments: DVA, BESS, TUG, ABC
11:15-11:45	LAB: Screening and Assessment
11:45-12:45	Lunch (on your own)
12:45-2:30	Treatment Interventions to improve visual skills for optimal functional performance Treatment to remediate oculomotor dysfunction Convergence and bilateral activities Oculomotor and reading Oculomotor smooth pursuits and balance
2:30-2:45	Break
2:45-3:00	Postural Exercises: Use of proprioception and sensory integration
3:00-3:30	Final Case Study and Discussion
3:30-4:00	Concussion Education and Knowledge Translation

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Credits – coming soon

In-Person Dates and Times

November 14 and 15, 2025

8:00 am start time

Burke Rehabilitation Hospital
Rosedale Room
Billings Building, Building #4
785 Mamaroneck
White Plains, NY 10605



\$389 fee. LIMITED ENROLLMENT. Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline.

We encourage you to register online!

In-Person Course: Management of Persistent Post Concussive Symptoms

- Christina Finn

October 17 and 18, 2025

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course?: _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances.. We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

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