

Defensible Documentation Strategies for Chronic Disease Management in Home Health, Evidence-based Approaches to Guide Skilled Care

Robyn Ligotti, PT, DPT, CDP, QCP, RAC-CTA

Faculty

Robyn Ligotti, PT, DPT, RAC-CT, CDP, QCP is the owner of Rehab Resource Solutions, LLC Consulting and is a licensed DPT with over 35 years of experience. The scope of her practice has encompassed many settings such as skilled nursing facilities, home health, outpatient rehab, wellness and prevention and inpatient rehab, but always with the older adult population. She has managed multi-disciplinary teams in skilled nursing facilities, home health and outpatient rehabilitation. Her Certifications include Dementia Practitioner, Resident Assessment Coordinator and Quality Assurance Performance Improvement Certification. She is dedicated to her belief that the key to achieving strong outcomes is establishing a team of professionals who use critical thinking evidence-based skills in day-to-day practice. She has provided education to rehab and nursing teams and other disciplines throughout her career on safe patient handling, working with people living with dementia, understanding Medicare and rehab specific treatments and approaches to care including fall prevention, preventing rehospitalizations and best practices for enhancing patient motivation and professional collaboration. Dr. Ligotti graduated with her B.S. in P.T. from Russell Sage College and received her Doctor of P.T. from Sage Graduate School.

Disclosures: Financial: Robyn Ligotti receives an honorarium from ERI for this course. Non-Financial: She has no relevant non-financial relationships to disclose.

About this Course

Effectively managing chronic disease in the home health setting requires more than just routine care—it demands skilled intervention, sharp clinical reasoning, and documentation that clearly supports the need for therapy. This course is designed for Physical and Occupational Therapists looking to enhance their approach to chronic disease management while ensuring compliance with reimbursement guidelines.

Participants will explore evidence-based intervention strategies that justify skilled PT and OT services for patients with conditions such as cognitive impairment, COPD, heart failure, and Parkinson's disease. The course will also cover best practices for defensible documentation, equipping therapists with practical tools to demonstrate clinical decision-making, track meaningful patient progress, and align documentation with regulatory requirements, including OASIS-E1 and Section GG frameworks.

By the end of this course, therapists will have additional tools to navigate chronic disease management, improve patient outcomes, and optimize reimbursement compliance.

Learning Objectives

- Determine appropriate intervention principles for chronic disease management that clearly demonstrate skilled need for home health PT and/or OT services
- Apply defensible documentation practices that showcase clinical reasoning, patient progress and the need for skilled care
- Select appropriate skilled intervention principles for people living with cognitive impairment
- Integrate OASIS-E1 and Section GG frameworks to create structured, goal-oriented documentation that supports both skilled visits as well as reimbursement compliance.

Suggested Audience

This advanced course is designed for PTs and OTs who specialize in the adult care of chronic disease.

Schedule – Day 1 7:40 am - 4:00 pm EST (US)

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|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:40–8:00 | Webinar Registration/Zoom Course Opens |
| 8:00-9:30 | Common Chronic Diseases <ul style="list-style-type: none"> • Parkinson's Disease, Heart Failure, COPD, Cognitive Impairment • Intervention Principles in Chronic Disease Management |
| 9:30-10:30 | Documentation Guidelines <ul style="list-style-type: none"> • Strategies for Documenting Skilled Care • Practices for Reviewing, Updating & Modifying Goals • Visit Assessments & Care Planning Approaches |
| 10:30-10:45 | Break |
| 10:45-12:00 | Parkinson's Disease Intervention & Documentation <ul style="list-style-type: none"> • Dual-task Training • Functional Movement Strategies • Strength and Balance • Utilizing Documentation Principles in Visit Notes |
| 12:00-12:30 | Lunch |
| 12:30 –1:45 | Heart Failure and COPD Best Practices <ul style="list-style-type: none"> • Exercise Parameters • Cardiac Medications & Exercise Precautions • Respiratory Muscle Training • Documentation: Show the Skill |

Schedule – continued

| | |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1:45-2:45 | Skilled Intervention Principles for People with Cognitive Impairment <ul style="list-style-type: none"> • Evidence-based Learning Methods • Establishing Positive Interactions to Achieve Goals • Documenting Skill & Function |
| 2:45-3:00 | Break |
| 3:00-3:30 | OASIS- E1 : Connecting Section GG to Documentation Framework |
| 3:30 – 4:00 | Documentation Practice |

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Credits

This course meets the criteria for 7 contact hours (0.7 CEUs) Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. This Distance Learning-Interactive course is pending AOTA approval for 7 contact hours 0.7 CEUs (Intermediate, OT service delivery, Foundational Knowledge). AOTA does not endorse specific course content, products, or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 7 units.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 8 hrs. This course meets the approval of the **TX** Board of OT Examiners.



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ASHA credits are accepted by the **TX** Department of License and Renewal.

Application has been made to the **NJ** Board of Physical Therapy Examiners.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 8 contact hours.

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7 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification. Education Resources Inc. 266 Main St, Suite 12, Medfield, MA 02052. Please contact us with any special needs requests: info@educationresourcesinc.com or 800-487-6530.

Webinar Date and Time

October 26, 2025

7:40 am EST • 6:40 am CST • 5:40 am MST • 4:40 am PST (US)

Registration is for the one session. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the Webinar.



\$229 fee. **LIMITED ENROLLMENT.** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline. We encourage you to register online!

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-Robyn Ligotti, PT

☐ October 26, 2025

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