

# Posture, Movement and Function:

## Beyond the Basics: An Integrated Approach

Suzanne Davis Bombria PT, C/NDT



### Faculty

Suzanne Davis Bombria, PT, C/NDT is an internationally recognized clinician, speaker & consultant. She is one of the investigators in the RCT project titled “Multi-modal intervention for children with cerebral palsy” and is versed in research. Currently residing in CT, Ms. Davis Bombria applies evidence-based practice with babies and children of all ages, specializing in intensive therapy as well as ongoing intervention. She enjoys teaching therapists around the world and is dedicated to providing insight into contemporary NDT. Ms. Davis Bombria is a Pediatric Coordinator-Instructor and Advanced Course Instructor for the NDTATM. Her passion for her work as a pediatric therapist, instructor and mother of a son with cerebral palsy, along with her easy presentation style, provide the theoretical and practical solutions all therapists can apply to their patient population.

Disclosure Financial: Ms. Davis Bombria receives a speaking fee when she teaches for Education Resources, Inc.. NonFinancial: Ms. Davis Bombria is a member of the instructor group of NDTA.

### About this In-Person Course

Pediatric therapists commonly ask these questions about their patients with neuromotor dysfunction: “Where do I start? How do I prioritize in therapy? What is the most effective way to reach the functional goal?” “How do I work with children with complex issues for best outcomes?” This course answers those questions. Join in as we go through this unique in-depth analysis process integrating motor learning, neuroplasticity, Contemporary NDT and the ICF model. Go step-by-step through examination/evaluation, setting functional goals, in-depth analysis of system integrities and impairments, prioritizing, and developing treatment strategies. Explore impairments & treatment strategies specifically related to the Neuromuscular, Musculoskeletal, Sensory & Respiratory Systems. The information is presented through lecture, video and lab, including movement analysis and problem solving of children, and work with dolls. It is a dynamic course intended to give the participant skills that are immediately usable in their everyday practice, and effective with the children they treat.

### Objectives

- ① Identify the main differences between functional milestones vs meaningful participation.
- ① Apply the components of the ICF model, including NDT principles to a case study.
- ① Evaluate the movements of a child via video analysis utilizing the ICF and the “Assessment & Treatment Strategy Worksheet”.
- ① Identify the components of therapy intervention using principles of neuroplasticity and motor learning.
- ① Select a meaningful goal that has a life impact beyond functional milestones.
- ① Utilize the Goal Attainment Scale (GAS) to measure the degree of progress/outcome, in the provided case study.
- ① Modify the provided treatment plan to include functional goals.
- ① Implement appropriate treatment goals for a single session related to the functional goal.

Help your patients achieve better outcomes.

### Schedule: Day 1 – 8:30 am–4:15 pm EST (US)

8:00-8:30	Registration
8:30–9:45	Concept of in-depth analysis & importance of family/child chosen goals: principles of <b>Neuroplasticity &amp; Motor Learning</b> <b>Function vs Participation:</b> Why does it matter?
9:45–10:00	Break
10:00–11:30	ICF Model: The examination process Participation → Function → Multi-system Impairments → Single System Impairments → Prioritized Impairments → Treatment  <b>Analysis of postural control &amp; movement</b> of children with a variety of diagnoses (i.e hypertonia, hypotonia, CP, developmental delay)
11:30 – 12:30	Lunch
12:30-2:00	Analysis of Systems: <b>Neuromuscular, Musculoskeletal, Sensory, Respiratory</b>
2:00–2:15	Break
2:15-3:30	<b>Video exam/evaluation:</b> in-depth analysis & problem-solving
3:30–4:15	<b>Functional Goal Writing-</b> based on family/child chosen goals

### Schedule: Day 2 – 8:30 am–3:15 pm EST (US)

8:10-8:30	Registration
8:30-9:45	<b>Treatment Planning Worksheet</b> integrating principles of Neuroplasticity, Motor Learning, & Contemporary NDT
9:45-10:00	Break
10:00-11:30	Video Problem Solving
11:30–12:30	Lunch
12:30–2:00	<b>GAS (Goal Attainment Scale):</b> how to measure change in performance to show increments of progress toward chosen goals
2:00-3:15	<b>LAB: video problem-solving</b> treatment strategies based on the principles of neuroplasticity and motor

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Approved provider of the FL Board of Occupational Therapy-CE Broker – 13.5 hrs. This course meets the approval of the TX Board of OT Examiners.



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Approved by the NJ Board of Physical Therapy Examiners. The GA Board of PT recognizes other state board approvals. Application has been made to the TN Physical Therapy Association. Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 13.5 contact hours. Approved provider by the NY State Board of Physical Therapy for 13.5 contact hours (1.35 CEUs).

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11.5 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

Please contact us with any special needs requests: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 800-487-6530.

## Dates, Times and Location

### September 5 and 6, 2025

September 5: 9:00am-4:30pm – EST (US) (registration: 8:30-9:00am)

September 6: 8:30-3:15pm – EST (US) (registration: 8:15-8:30am)

Children's Healthcare of Atlanta

2220 N. Druid Hills Road NE

Atlanta, GA 30329



\$450 fee. LIMITED ENROLLMENT

Cancellation will be accepted until 14 days prior to the start date of the course, minus an administration fee of \$75. There will be NO REFUNDS after this 14-day deadline. Registration will be accepted after the deadline on a space available basis.

We encourage you to register online!

**In-Person Course: Posture, Movement and Function: Beyond the Basics - An Integrated Approach**  
**taught by: Suzanne Davis Bombria**

**☐ September 5 and 6, 2025 – Atlanta, GA**

**Course Registration Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Needed in the event of an emergency scheduling change

Email: \_\_\_\_\_

Please clearly print your email address for course confirmation

Employer: \_\_\_\_\_

Discipline: \_\_\_\_\_ Specialty: \_\_\_\_\_

How did you learn of this course \_\_\_\_\_

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled.

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