## Integrating Breastfeeding into Your Infant Feeding Practice: Advancing Clinical Skills



Robin Glass, MS, OTR, IBCLC Lynn Wolf, MOT, OTR, IBCLC

### **Faculty**

Robin Glass, MS, OTR, IBCLC and Lynn Wolf, MOT, OTR, IBCLC specialize in the treatment of infants, both as hospital inpatients and outpatients with a strong focus on feeding issues. Renowned as experts in their field, they are NDT trained and **Board-Certified Lactation** Consultants, with extensive national and international experience speaking about the infant feeding. Ms. Glass and Ms. Wolf have authored numerous journal articles as well as the book Feeding and Swallowing Disorders in Infancy: Assessment and Management. They were recipients of the National Association of Neonatal Therapists (NANT) Pioneer Award in 2015. They currently practice occupational therapy at Seattle Children's Hospital in Seattle, WA.

**Disclosures:** Financial: Robin Glass receives a speaking fee from Education Resources, Inc. and receives royalties from her book. Non-Financial: Robin Glass has no non-financial disclosures. Financial: Lynn Wolf receives a speaking fee from Education Resources Inc. and receives royalties from her book. Non-Financial: Lynn Wolf has no

#### **About this Course**

This course provides infant feeding therapists (OT, SLP, PT) foundational knowledge about breastfeeding to enhance their ability to help clients achieve their breastfeeding goals. Areas of focus will include understanding the difference and similarities between breast and bottle feeding, impact of tethered oral tissues on breastfeeding, and approaches to common breastfeeding issue in the NICU/hospital and in the outpatient setting.

#### **Learning Objectives**

- Compare oral function used on the breast and bottle during infant feeding
- 2. Relate how tethered oral tissue impacts oral control for breastfeeding
- Recognize factors that impact breastfeeding success in premature and other hospitalized infants
- 4. Select tools appropriate to support specific breastfeeding challenges of the dyad

#### **Audience**

This course is designed for OTs, PTs and SLPs to provide foundational knowledge about breastfeeding.



## Schedule Day 1 - 9:40 am to 5:30 pm EST (US)

9:40-10:00 Webinar Registration/Zoom Course Opens10:00-10:15 Why Breastfeeding?10:15-11:30 Breastfeeding Foundations

- The magical process of how milk is made and transferred to the baby
- Oral skills for latch and milk transfer
- Comparison of oral skills for bottle and breast
- Latch and breastfeeding position

11:30-11:45 Break

**11:45-1:00** Tethered Oral Tissue

1:00-1:30 Lunch

1:30-3:15 Breastfeeding Issues for the Hospitalized
Infant (Including Premature and Other NICU
Infants) – the Journey to Breastfeeding

- Importance of skin-to-skin care and other pre-oral activities
- Supporting milk supply in the pump dependent parent
- Coordination of sucking, swallowing and breathing during breast vs bottle
- Interface between the development of preemie oral skills and breastfeeding
- Tools for improving breastfeeding -

#### Continued...

- Optimizing milk transfer
- Identifying the need for and how to support BF
- Preparation for discharge and f/u issues
- Re-hospitalized hyperbilirubinemia/dehydration - growth faltering

3:15-3:30 Break

**3:30-5:30** Supporting Breastfeeding in the Outpatient Setting

- Assessing latch issues and maternal pain
- Balancing supplementation and breastfeeding
- Supplementing at the breast what works and doesn't work
- Selecting and using bottles to support breastfeeding
- Pumping to build and maintain supply in the outpatient setting
- Getting off nipple shields
- Swallowing issues in breastfeeding infants



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#### **Credits**

This course meets the criteria for 6.5 contact hours (0.65 CEUs) Intermediate Level.



Approved Provider

Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID#14014. This Distance Learning-Interactive course is offered at 6.5 contact hours 0.65 CEUs. (Intermediate level, OT Service Delivery & Foundational Knowledge). AOTA does not endorse specific course content, products, or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 6.5 units. Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 7.5 hrs. This course meets the approval of the **TX** Board of OT Examiners.



#### **Education Resources Inc.**

Intermediate Level 0.65 ASHA CEUs

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Approved by the **MD** Board of Physical Therapy Examiners.

Application has been made to the MN Board of Physical Therapy.

Approved by the **NJ** Board of Physical Therapy Examiners.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 7.5 contact hours. Application has been made to the **Illinois** El Training Program. Approved provider by the **NY** State Board of Physical Therapy for 7.5 contact hours (0.75 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, NM, OK** and **TX**.

The following state boards of physical therapy accept other states' approval: **AK**, **AR**, **AZ**, **DC**, **DE**, **GA**, **HI**, **ID**, **IN**, **KS**, **KY**, **MA**, **MI**, **MO**, **MS**, **NC**, **OR**, **PA**, **RI**, **SC**, **UT**, **VA**, **VT**, **WI**, **WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL**, **CO**, **CT**, **IA**, **ME**, **MT**, **NE**, **ND**, **NH**, **SD**, **WA**.

Application for Continuing Education Recognition Points (CERPs) has been submitted to the International Board of Lactation Consultant Examiners®" (IBLCE®).

6.5 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification. This course meets the criteria for 6.5 hours that can be applied toward the Neonatal Therapy National Certification.

#### Webinar Date and Time: November 22, 2025

9:40 am EST • 8:40 am CT • 7:40 am MST • 6:40 am PT (US)

Registration is for one session. Zoom log-in instructions and course materials will be



\$269 fee. **LIMITED ENROLLMENT.** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

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☐ November 22, 2025

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