

Defensible Documentation Strategies for Chronic Disease Management in Home Health, Evidence-based Approaches to Guide Skilled Care

Robyn Ligotti, PT, DPT, CDP, QCP, RAC-CTA



Faculty

Robyn Ligotti, PT, DPT, RAC-CT, CDP, QCP is the owner of Rehab Resource Solutions, LLC Consulting and is a licensed DPT with over 35 years of experience. The scope of her practice has encompassed many settings such as skilled nursing facilities, home health, outpatient rehab, wellness and prevention and inpatient rehab, but always with the older adult population. She has managed multi-disciplinary teams in skilled nursing facilities, home health and outpatient rehabilitation. Her Certifications include Dementia Practitioner, Resident Assessment Coordinator and Quality Assurance Performance Improvement Certification. She is dedicated to her belief that the key to achieving strong outcomes is establishing a team of professionals who use critical thinking evidence-based skills in day-to-day practice. She has provided education to rehab and nursing teams and other disciplines throughout her career on safe patient handling, working with people living with dementia, understanding Medicare and rehab specific treatments and approaches to care including fall prevention, preventing rehospitalizations and best practices for enhancing patient motivation and professional collaboration. Dr. Ligotti graduated with her B.S. in P.T. from Russell Sage

Disclosures: Financial: Robyn Ligotti receives an honorarium from ERI for this course. Non-Financial: She has no relevant non-financial relationships to disclose.

About this Course

Effectively managing chronic disease in the home health setting requires more than just routine care—it demands skilled intervention, sharp clinical reasoning, and documentation that clearly supports the need for therapy. This course is designed for Physical and Occupational Therapists looking to enhance their approach to chronic disease management while ensuring compliance with reimbursement guidelines.

Participants will explore evidence-based intervention strategies that justify skilled PT and OT services for patients with conditions such as cognitive impairment, COPD, heart failure, and Parkinson's disease. The course will also cover best practices for defensible documentation, equipping therapists with practical tools to demonstrate clinical decision-making, track meaningful patient progress, and align documentation with regulatory requirements, including OASIS-E1 and Section GG frameworks.

By the end of this course, therapists will have additional tools to navigate chronic disease management, improve patient outcomes, and optimize reimbursement compliance.

Learning Objectives

- Determine appropriate intervention principles for chronic disease management that clearly demonstrate skilled need for home health PT and/or OT services
- Apply defensible documentation practices that showcase clinical reasoning, patient progress and the need for skilled care
- Select appropriate skilled intervention principles for people living with cognitive impairment
- Integrate OASIS-E1 and Section GG frameworks to create structured, goal-oriented documentation that supports both skilled visits as well as reimbursement compliance.

Suggested Audience

This advanced course is designed for PTs and OTs who specialize in the adult care of chronic disease.

Help your patients achieve better outcomes.

Schedule – Day 1 7:40 am - 4:00 pm EST (US)

7:40–8:00 Webinar Registration/Zoom Course

Opens

8:00-9:30 **Common Chronic Diseases**

- Parkinson's Disease, Heart Failure, COPD, Cognitive Impairment
- Intervention Principles in Chronic Disease Management

9:30-10:30 **Documentation Guidelines**

- Strategies for Documenting Skilled Care
- Practices for Reviewing, Updating & Modifying Goals
- Visit Assessments & Care Planning Approaches

10:30-10:45 **Break**

10:45-12:00 **Parkinson's Disease Intervention & Documentation**

- Dual-task Training
- Functional Movement Strategies
- Strength and Balance
- Utilizing Documentation Principles in Visit Notes

12:00-12:30 **Lunch**

12:30 –1:45 **Heart Failure and COPD Best Practices**

- Exercise Parameters
- Cardiac Medications & Exercise

Schedule – continued

1:45-2:45 **Skilled Intervention Principles for People with Cognitive Impairment**

- Evidence-based Learning Methods
- Establishing Positive Interactions to Achieve Goals
- Documenting Skill & Function

2:45-3:00 **Break**

3:00-3:30 **OASIS- E1 : Connecting Section GG to Documentation Framework**

3:30 – 4:00 **Documentation Practice**

ERI: Life-changing learning

You love what you do. Our courses remind you why. As a therapist, you change lives every day – and have your life changed in return. ERI is life-changing learning, for therapists by therapists.

The ERI Advantage

- Techniques you'll use the next day
- Peers who share your passion
- Renowned faculty
- Evidence-based courses that improve outcomes
- 30 years of life-changing learning

Specialty Tracks

Learn with courses throughout the lifespan – neonatal, pediatric, adult and geriatric. Each ERI specialty track is designed to make the most of your continuing education time, budget, and goals. Start your search with us and plan every course you'll take in 2025.

ERI Rewards*

Your ERI experience is more rewarding than ever:

- First course discount
- Bring a friend savings
- Group discounts
- \$100 off your 4th multi-day course

*Subject to availability. Exclusions may apply. Visit our website for details and coupon codes.

Credits

This course meets the criteria for 7 contact hours (0.7 CEUs) Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID# 13946. This Distance Learning-Interactive course is offered at 7 contact hours 0.7 CEUs. ((Intermediate, OT service delivery, Foundational Knowledge). AOTA does not endorse specific course content, products or clinical procedures

This course can be used toward your NBCOT renewal requirements for 7 units.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 8 hrs.

This course meets the approval of the **TX** Board of OT Examiners.



Education Resources, Inc.
Intermediate Level
0.7 ASHA CEUs

ASHA CE Provider (Intermediate level) 0.7 ASHA CEUs. ASHA CE Provider approval and use of the Brand Block does not imply endorsement of course content, specific products, or clinical procedures. ASHA credits are accepted by the **TX** Department of License and Renewal.

Approved by the NJ Board of Physical Therapy Examiners.

Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 8 contact hours. Approved provider by the NY State Board of Physical Therapy for 8 contact hours (0.8 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, NM, OK** and **TX**.

The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, KY, MA, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, ME, MT, NE, ND, NH, SD, WA**.

7 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

Education Resources Inc. 266 Main St, Suite 12, Medfield, MA 02052. Please contact us with any special needs requests: info@educationresourcesinc.com or 800-487-6530.

Webinar Date and Time

October 25, 2025

7:40 am EST • 6:40 am CST • 5:40 am MST • 4:40 am PST (US)

Registration is for the one session. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the Webinar.



\$229 fee. **LIMITED ENROLLMENT.** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline. We encourage you to register online!

Defensible Documentation Strategies for Chronic Disease Management in Home Health, Evidence-based Approaches to Guide Skilled Care

-Robyn Ligotti, PT

☐ October 25, 2025

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

☐ I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above:

Signature _____

Amount charged _____

I hereby authorize you to charge my: ☐ VISA ☐ MC ☐ DISCOVER# _____

Register at educationresourcesinc.com