

Primitive Reflexes Integration in Practice

Linking Movement, Sensory Integration, and Functional Outcomes



Faculty

Janine Wiskind, MS, OTR/L is a pediatric occupational therapist with over 20 years of clinical experience. She began her career in brain injury rehabilitation, transitioned into school-based practice, and now serves as the founder of *On Solid Ground*, a private pediatric clinic in Atlanta specializing in reflex integration, sensory processing, and family-centered care. Janine is known for her dynamic, engaging teaching style and her ability to make complex neuroscience and clinical concepts practical and accessible. For more than 15 years, she has been presenting nationally sharing evidence-informed strategies that help therapists not only understand *what* to do, but also the critical *why* behind children's behaviors and developmental needs. In addition to her clinical and teaching work, Janine is the founder of *Body & Brain Parenting*, an online platform that provides parents with accessible education and tools to view parenting through the lens of occupational therapy. As a clinician, educator, and mother of two teenagers, Janine brings both professional expertise and lived perspective to her teaching. Her commitment to lifelong learning equips therapists to grow in confidence and creativity while supporting the children and families they serve.

Financial Disclosure: Janine Wiskind receives an honorarium from Education Resources, Inc.
Non-financial Disclosure: Janine Wiskind has no relevant nonfinancial relationships to disclose.

About this Live Webinar

This dynamic, evidence-informed course explores the clinical application of primitive reflex integration with a focus on improving function in children. Through a therapeutic lens, participants will examine how retained reflexes impact postural stability, motor coordination, emotional regulation, and participation in daily routines. The course emphasizes hands-on strategies that integrate reflex work with sensory processing insights—highlighting the ways in which movement and sensory input intersect to support regulation, attention, and skill acquisition.

Rather than addressing sensory integration as a stand-alone framework, this course weaves sensory concepts into the context of each reflex. Participants will learn to link clinical observations with developmental neuroscience, assess underlying systems, and design interventions that promote functional change. Real-life case studies, clinical reasoning tools, and reflex-specific strategies make this course highly practical and immediately applicable.

Objectives

At the completion of this course participants will be able to:

- ① Utilize motor control, sensory integration and primitive reflex integration theories simultaneously to facilitate improvement in function and occupation-based interventions.
- ② Correlate the findings from a research study to the evaluation and treatment of retained primitive reflexes.
- ③ Determine how the structural development and alignment of the pelvis and trunk can impact a functional activity.
- ④ Choose an appropriate primitive reflex integration assessment to address a functional impairment.
- ⑤ Select a functional and individualized goal based on a primitive reflex integration assessment.
- ⑥ Update a treatment plan to address retained primitive reflexes that utilizes effective strategies to strengthen your client's skills during functional activities.

Help your patients achieve better outcomes.

Schedule – Day 1 5:40 pm - 10:00 pm EST (US)

- 5:40-6:00** **Webinar Registration/Zoom Course Opens**
- 6:00-6:30** **Research, and Theoretical Foundations:**
Explore foundational research and theory that support the clinical use of reflex integration, including relevant neuroscience and developmental models.
- 6:30-7:00** **Posture: The Rib Cage and Pelvis — The Structural Basis of Reflex Integration:**
Examine the critical role of postural alignment in reflex expression and integration, with a focus on rib cage and pelvic stability.
- 7:00-7:45** **The Somatosensory System: Where Reflex Integration Begins**
Understand how the somatosensory system sets the stage for regulation, motor development, and integration of early reflex patterns.
- 7:45-10:00** **Evaluation and Treatment of Primitive Reflexes**
This session introduces key reflexes that impact postural tone and foundational motor patterns:
- Hands Pulling Reflex
- Tonic Labyrinthine Reflex (TLR)
- Landau Reflex

Schedule – Day 2 8:40 am - 1:00 pm EST (US)

- 8:40-9:00** **Webinar Registration/Zoom Course Opens**
- 9:00-10:15** **Evaluation and Treatment of Primitive Reflexes**
Continue exploring reflexes that influence postural transitions, body awareness, and developmental stability:
- Hands Supporting Reflex
- Head Righting Reflex
- Symmetrical Tonic Neck Reflex (STNR)
- 10:15-11:00** **Neuroanatomy Foundations**
Explore the functions of the cerebral cortex, cerebellum, and basal ganglia in organizing movement, regulating tone, and supporting reflex modulation

Day 2 – continued

- 11:00-11:45** **The Emotional Brain**
Examine the influence of the sympathetic and parasympathetic nervous systems on emotional regulation, behavior, and reflex expression.
- 11:45-1:00** **Evaluation and Treatment of Primitive Reflexes**
Focus on early protective responses and their impact on emotional and motor function:
- Moro Reflex
- Fear Paralysis Reflex

Schedule – Day 3 8:40 am - 1:00 pm EST (US)

- 8:40-9:00** **Webinar Registration/Zoom Course Open**
- 9:00-11:00** **Evaluation and Treatment of Primitive Reflexes**
This session focuses on reflexes affecting core strength, trunk mobility, and developmental progression:
- Spinal Galant
- Asymmetric Tonic Neck Reflex (ATNR)
- Amphibian Reflex
- Babinski Reflex
- Crossed Leg Extension Reflex
- 11:00-11:45** **Evaluation and Treatment of Primitive Reflexes**
Focus on reflexes involving hand function, fine motor integration, and primitive postural reactions:
- Babkin-Palmomental Reflex
- Palmar Reflex
- Plantar Reflex
- 11:45-1:00** **Case Study – Pulling it all Together**
Apply clinical reasoning skills through guided video analysis, discussion, and synthesis of course content

Audience

This course is relevant for Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants.

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Credits

This course meets the criteria for 12 contact hours (1.2) CEUs, Intermediate Level.



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Application has been made to the FL Physical Therapy Association.

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Webinar Dates and Times

February 5, 6 and 7, 2026

February 5 | 5:40 pm EST • 4:40 pm CST • 3:40 pm MST • 2:40 pm PST (US)

February 6 and 7 | 8:40 am EST • 7:40 am CST • 6:40 am MST • 5:40 am PST (US)

Registration is for all three sessions. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the webinar.



\$389 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline.

We encourage you to register online!

WEBINAR: Primitive Reflexes/Wiskind

☐ February 5, 6, and 7, 2026

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