

Integrating Breastfeeding into Your Infant Feeding Practice: Advancing Clinical Skills

Robin Glass, MS, OTR, IBCLC

Lynn Wolf, MOT, OTR, IBCLC

Faculty

Robin Glass, MS, OTR, IBCLC and Lynn Wolf, MOT, OTR, IBCLC specialize in the treatment of infants, both as hospital inpatients and outpatients with a strong focus on feeding issues. Renowned as experts in their field, they are NDT trained and Board-Certified Lactation Consultants, with extensive national and international experience speaking about the infant feeding. Ms. Glass and Ms. Wolf have authored numerous journal articles as well as the book *Feeding and Swallowing Disorders in Infancy: Assessment and Management*. They were recipients of the National Association of Neonatal Therapists (NANT) Pioneer Award in 2015. They currently practice occupational therapy at Seattle Children's Hospital in Seattle, WA.

Disclosures: Financial: Robin Glass receives a speaking fee from Education Resources, Inc. and receives royalties from her book. Non-Financial: Robin Glass has no non-financial disclosures. Financial: Lynn Wolf receives a speaking fee from Education Resources Inc. and receives royalties from her book. Non-Financial: Lynn Wolf has no non-financial

About this Course

This course provides infant feeding therapists (OT, SLP, PT) foundational knowledge about breastfeeding to enhance their ability to help clients achieve their breastfeeding goals. Areas of focus will include understanding the difference and similarities between breast and bottle feeding, impact of tethered oral tissues on breastfeeding, and approaches to common breastfeeding issue in the NICU/hospital and in the outpatient setting.

Learning Objectives

1. Compare oral function used on the breast and bottle during infant feeding
2. Relate how tethered oral tissue impacts oral control for breastfeeding
3. Recognize factors that impact breastfeeding success in premature and other hospitalized infants
4. Select tools appropriate to support specific breastfeeding challenges of the dyad

Audience

This course is designed for OTs, PTs and SLPs to provide foundational knowledge about breastfeeding.

Schedule Day 1 - 9:40 am to 5:30 pm EST (US)

9:40-10:00	Webinar Registration/Zoom Course Opens
10:00-10:15	Why Breastfeeding?
10:15-11:30	<p>Breastfeeding Foundations</p> <ul style="list-style-type: none"> The magical process of how milk is made and transferred to the baby Oral skills for latch and milk transfer Comparison of oral skills for bottle and breast Latch and breastfeeding position
11:30-11:45	Break
11:45-1:00	<p>Tethered Oral Tissue</p> <ul style="list-style-type: none"> How to identify the presence of a tongue and/or lip tie The effects of tethered oral tissue on feeding and maxillofacial development Understanding what research tells us about tethered oral tissue Defining the feeding therapists' role in evaluating and treating the infant with tethered oral tissue
1:00-1:30	Lunch
1:30-3:15	Breastfeeding Issues for the Hospitalized Infant (Including Premature and Other NICU Infants) – the Journey to Breastfeeding

Continued...

- Importance of skin-to-skin care and other pre-oral activities
- Supporting milk supply in the pump dependent parent
- Coordination of sucking, swallowing and breathing during breast vs bottle
- Interface between the development of preemie oral skills and breastfeeding
- Tools for improving breastfeeding – nipple shields, supplemental devices
- Optimizing milk transfer
- Identifying the need for and how to support BF
- Preparation for discharge and f/u issues
- Re-hospitalized - hyperbilirubinemia/dehydration - growth faltering

3:15-3:30 Break

3:30-5:30 Supporting Breastfeeding in the Outpatient Setting

- Assessing latch issues and maternal pain
- Balancing supplementation and breastfeeding
- Supplementing at the breast – what works and doesn't work
- Selecting and using bottles to support breastfeeding
- Pumping to build and maintain supply in the outpatient setting
- Getting off nipple shields
- Swallowing issues in breastfeeding infants

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Credits

This course meets the criteria for 6.5 contact hours (0.65 CEUs) Intermediate Level. To receive a certificate of completion all registered attendees are required to attend and participate fully in all applicable course activities (i.e., labs, discussions, group work, polls, post-tests with passing grade of 80% or greater etc.) and complete the evaluation form.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID#14014. This Distance Learning-Interactive Distance Learning-Interactive course is offered at 6.5 contact hours 0.65 CEUs. (Intermediate level, OT Service Delivery & Foundational Knowledge. AOTA does not endorse specific course content, products, or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 6.5 units. Approved provider of the FL Board of Occupational Therapy-CE Broker – 7.5 hrs. This course meets the approval of the TX Board of OT Examiners.



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Application has been made to the FL Physical Therapy Association for 7.5 continuing education contact hours. Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Approved by the MD Board of Physical Therapy Examiners.

Approved by the MN Board of Physical Therapy.

Application has been made to the NJ Board of Physical Therapy Examiners.

Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 7.5 contact hours. Approved by the Illinois EI Training Program. Approved provider by the NY State Board of Physical Therapy for 7.5 contact hours (0.75 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, NM, OK, and TX**; the assignment does not imply endorsement of specific course content, products, or clinical procedures for these.

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This course meets the criteria for 6.5 hours that can be applied toward the Neonatal Therapy National Certification.

6.50 L-CERPs recognized by IBLCE, Preferred Provider Verification Number: C2025648.

If you have any special needs request, please contact us at Education Resources Inc. 266 Main St, Suite 12, Medfield, MA 02052 • 800-487-6530.



\$269 fee. **LIMITED ENROLLMENT.** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

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- Lynn Wolf & Robin Glass

May 15, 2026

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