

Babies and Beyond: Facilitating Function with Strategies that Grow

Colleen Carey, DPT, C/NDT

Faculty

Colleen Carey is the owner and director of the Children's Therapy Center, a pediatric outpatient center located in Fort Washington, PA. A dynamic speaker, she teaches frequently in seminars to professionals on the topics of early intervention, therapeutic handling, orthotics, and functional goal outcomes. Colleen has extensive experience with a variety of developmental disorders and coordination disorders including cerebral palsy and autism. She has broad experience in indications for physical therapy within the educational environment and the role of adaptive physical education. Colleen actively mentors other therapists to share her knowledge and insights and has been a clinical instructor for 25 years. Colleen is an accomplished Coordinator Instructor with NDTA. She studied at Quinnipiac College, New York University, and Temple University with a focus on developmental disabilities. She is enthusiastically pursuing ongoing professional training to improve the care of her clients. She received her Basic NDT (Neuro-Developmental Treatment) certification in 1987 and her Baby NDT certification in 1995. Colleen has worked in community early intervention programs, preschool settings, educational settings, rehabilitation hospitals, and outpatient centers. She supports families across cultural and ethnic barrier and passionately advocates for children and families. She remains focused on functional outcomes in all environments.

Financial Disclosure: Colleen Carey receives an honorarium from Education Resources, Inc.

Non-Financial: Colleen Carey has no non-financial relationships to disclose.

About This In-Person Course

Therapeutic handling and facilitation doesn't stop with babies, and it doesn't stay static through childhood either. Through the framework of the NDTA Contemporary Practice Model, attendees will embrace the dynamic progression of motor development for children with neuromuscular conditions. By choosing effective planes of movement for handling, facilitation strategies, and task and environmental components that align with assessment findings, you can intentionally impact and improve the child's participation in daily activities. Therapeutic strategies to address alignment, weight shift and dynamic balance will connect to the child's participation in daily activities. Through demonstrations and extensive lab sessions, learn *Strategies that Grow* alongside your clients as they develop from babies through toddlerhood to school-aged children. Deepen your application of sensory competence as a major driver of motor performance and amplify the role of the sensory system for children with neuromuscular diagnoses. Work through the treatment triad that incorporates individual, task and environment to promote participation in and outside of the therapy session.

Objectives

- Relate impairments of alignment, weight shift and dynamic base of support to difficulties with occupational engagement and functional tasks.
- Identify functional goals for a baby or young child with neuromuscular impairments.
- Determine appropriate task challenges for a baby or young child's intervention plan given client profile.
- Differentiate between typical and atypical development during participation in daily activities for the infant and young child.
- Choose a handling or facilitation treatment strategy to address skill performance and/or participation in the baby and young child.
- Apply an intervention that integrates the individual, task, and environment triad to enhance functional performance in an infant or young child.
- Select a progression of intervention strategies that aligns with a young child's growth and development.

Schedule – Day 1 8:30 am – 4:00 pm

8:30-9:00 am	Registration Opens
9:00-9:30	Building Participation in the Infant and Child using the NDT Contemporary Practice Model
9:30-10:00	Analysis of Typical Sensory Motor development
10:00-11:00	LAB: Therapeutic strategies that grow- Rolling and Movements to Change Position
11:00-12:00 pm	Relating impairments to Function and Participation in Assessment of the Infant: Group problem solving
12:00-1:00	LUNCH
1:00-2:00	Analysis of Atypical Sensory Motor Development to provide a framework for pediatric assessment of body system impairments
2:00-2:45	VIDEO: Treatment Demonstration - Child age 1-3 Identifying clinical reasoning for treatment based on assessment, observe application of intentional planes of movement during handling, link handling strategies to function and participation
2:45-4:00	LAB: Therapeutic <i>Strategies That Grow</i> - Trunk rotation progressions from 4 months to school age

Audience

This course is designed for OTs, OTAs, PTs and PTAs working with Pediatric, Birth-3, Early Intervention and School-Age (3-21) populations in home care, outpatient, rehab or school settings.

Schedule – Day 2 8:30 am – 3:30 pm EST (US)

8:30-9:00 am	Registration Opens
9:00-9:30	Enhancing the Child's Sensory Competence through facilitation
9:30-10:00	Build the Treatment Planning Triad - individual, task and environment
10:00-11:00	LAB: Therapeutic <i>Strategies That Grow</i> - Upper extremity: Linking weight bearing and facilitation of isolated movement control to function
11:00-12:00 pm	Fun & Function- Applying Evidenced Based Concepts from the F-words for Child development framework.
12:00-1:00	LUNCH
1:00-2:00	LAB: Therapeutic strategies that grow-lower extremity movements for upright control
2:00- 3:00	Clinical Reasoning: Case presentation application of using individual assessment to guide participation goals and treatment
3:00-4:00	Analyzing distal control & orthotic/splinting considerations

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Credits

This course meets the criteria for 11 contact hours (1.1 CEUs) Intermediate Level.

To receive a certificate of completion all registered attendees are required to attend and participate fully in all applicable course activities (i.e., labs, discussions, group work, polls, post-tests with passing grade of 80% or greater etc.) and complete the evaluation form.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID# 11362. This Live course is offered at 11 contact hours 1.1 CEUs. (Intermediate level, OT Service Delivery). AOTA does not endorse specific course content, products, or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 11 units.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 13 hrs.

This course meets the approval of the **TX** Board of OT Examiners.

Approved by the **MD** State Board of Physical Therapy Examiners.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 13 contact hours.

Approved provider by the **NY** State Board of Physical Therapy for 13 contact hours (1.3 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, NM, OK, and TX**; the assignment does not imply endorsement of specific course content, products, or clinical procedures for these.

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The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, ME, MT, NE, ND, NH, SD, WA**.

11 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

For any special needs requests, please contact us at: info@educationresourcesinc.com or 800-487-6530. Education Resources Inc. 266 Main Street, Suite #12, Medfield, MA 02052

In Person Dates and Times

March 7 and 8, 2026

8:30 am – 4:00 pm

Texas Children's Hospital - West Campus

18200 Katy Freeway, 1st floor conference rooms A&B

Houston, Texas 77094

Registration is for both days..



\$450 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

In-Person: Babies and Beyond: Facilitating Function with Strategies that Grow/Colleen Carey
March 7 and 8, 2026 — Houston, TX

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course? _____

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