

# Primitive Reflexes Integration in Practice

## Linking Movement, Sensory Integration, and Functional Outcomes

Janine Wiskind, MS, OTR/L

### Faculty

**Janine Wiskind, MS, OTR/L** is a pediatric occupational therapist with over 20 years of clinical experience. She began her career in brain injury rehabilitation, transitioned into school-based practice, and now serves as the founder of *On Solid Ground*, a private pediatric clinic in Atlanta specializing in reflex integration, sensory processing, and family-centered care. Janine is known for her dynamic, engaging teaching style and her ability to make complex neuroscience and clinical concepts practical and accessible. For more than 15 years, she has been presenting nationally sharing evidence-informed strategies that help therapists not only understand *what* to do, but also the critical *why* behind children's behaviors and developmental needs. In addition to her clinical and teaching work, Janine is the founder of *Body & Brain Parenting*, an online platform that provides parents with accessible education and tools to view parenting through the lens of occupational therapy. As a clinician, educator, and mother of two teenagers, Janine brings both professional expertise and lived perspective to her teaching. Her commitment to lifelong learning equips therapists to grow in confidence and creativity while supporting the children and families they serve.

Financial Disclosure: Janine Wiskind receives an honorarium from Education Resources, Inc.

Non-financial Disclosure: Janine Wiskind has no relevant nonfinancial relationships to disclose.

### About this Live Webinar

This dynamic, evidence-informed course explores the clinical application of primitive reflex integration with a focus on improving function in children. Through a therapeutic lens, participants will examine how retained reflexes impact postural stability, motor coordination, emotional regulation, and participation in daily routines. The course emphasizes hands-on strategies that integrate reflex work with sensory processing insights—highlighting the ways in which movement and sensory input intersect to support regulation, attention, and skill acquisition.

Rather than addressing sensory integration as a stand-alone framework, this course weaves sensory concepts into the context of each reflex. Participants will learn to link clinical observations with developmental neuroscience, assess underlying systems, and design interventions that promote functional change. Real-life case studies, clinical reasoning tools, and reflex-specific strategies make this course highly practical and immediately applicable.

### Objectives

At the completion of this course participants will be able to:

- Utilize motor control, sensory integration and primitive reflex integration theories simultaneously to facilitate improvement in function and occupation-based interventions.
- Correlate the findings from a research study to the evaluation and treatment of retained primitive reflexes.
- Determine how the structural development and alignment of the pelvis and trunk can impact a functional activity.
- Choose an appropriate primitive reflex integration assessment to address a functional impairment.
- Select a functional and individualized goal based on a primitive reflex integration assessment.
- Update a treatment plan to address retained primitive reflexes that utilizes effective strategies to strengthen your client's skills during functional activities.

## Schedule – Day 1 5:40 pm - 10:00 pm EST (US)

- 5:40-6:00 Webinar Registration/Zoom Course Opens
- 6:00-6:30 **Research, and Theoretical Foundations:**  
Explore foundational research and theory that support the clinical use of reflex integration, including relevant neuroscience and developmental models.
- 6:30-7:00 **Posture: The Rib Cage and Pelvis — The Structural Basis of Reflex Integration:**  
Examine the critical role of postural alignment in reflex expression and integration, with a focus on rib cage and pelvic stability.
- 7:00-7:45 **The Somatosensory System: Where Reflex Integration Begins**  
Understand how the somatosensory system sets the stage for regulation, motor development, and integration of early reflex patterns.
- 7:45-10:00 **Evaluation and Treatment of Primitive Reflexes**  
This session introduces key reflexes that impact postural tone and foundational motor patterns:  
- Hands Pulling Reflex  
- Tonic Labyrinthine Reflex (TLR)  
- Landau Reflex

## Schedule – Day 2 8:40 am - 1:00 pm EST (US)

- 8:40-9:00 Webinar Registration/Zoom Course Opens
- 9:00-10:15 **Evaluation and Treatment of Primitive Reflexes**  
Continue exploring reflexes that influence postural transitions, body awareness, and developmental stability:  
- Hands Supporting Reflex  
- Head Righting Reflex  
- Symmetrical Tonic Neck Reflex (STNR)
- 10:15-11:00 **Neuroanatomy Foundations**  
Explore the functions of the cerebral cortex, cerebellum, and basal ganglia in organizing movement, regulating tone, and supporting reflex modulation

## Day 2 – continued

- 11:00-11:45 **The Emotional Brain**  
Examine the influence of the sympathetic and parasympathetic nervous systems on emotional regulation, behavior, and reflex expression.
- 11:45-1:00 **Evaluation and Treatment of Primitive Reflexes**  
Focus on early protective responses and their impact on emotional and motor function:  
- Moro Reflex  
- Fear Paralysis Reflex

## Schedule – Day 3 8:40 am - 1:00 pm EST (US)

- 8:40-9:00 Webinar Registration/Zoom Course Open
- 9:00-11:00 **Evaluation and Treatment of Primitive Reflexes**  
This session focuses on reflexes affecting core strength, trunk mobility, and developmental progression:  
- Spinal Galant  
- Asymmetric Tonic Neck Reflex (ATNR)  
- Amphibian Reflex  
- Babinski Reflex  
- Crossed Leg Extension Reflex
- 11:00-11:45 **Evaluation and Treatment of Primitive Reflexes**  
Focus on reflexes involving hand function, fine motor integration, and primitive postural reactions:  
- Babkin-Palmomental Reflex  
- Palmar Reflex  
- Plantar Reflex
- 11:45-1:00 **Case Study – Pulling it all Together**  
Apply clinical reasoning skills through guided video analysis, discussion, and synthesis of course content

## Audience

This course is relevant for Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants.

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## Credits

This course meets the criteria for 12 contact hours (1.2) CEUs, Intermediate Level. To receive a certificate of completion all registered attendees are required to attend and participate fully in all applicable course activities (i.e., labs, discussions, group work, polls, post-tests with passing grade of 80% or greater etc.) and complete the evaluation form.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID# 04770. This Distance Learning-Interactive course is offered at 12 contact hours 1.2 CEUs. Intermediate level, OT Service Delivery. AOTA does not endorse specific course content, products or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 12 units. Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 14 hrs. This course meets the approval of the **TX** Board of OT Examiners. Approved by the **FL** Physical Therapy Association for 14 continuing education contact hours. Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Approved by the **MD** Board of Physical Therapy Examiners.

Approved by the **MN** Board of Physical Therapy.

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Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 14 contact hours. Application has been made to the **Illinois** EI Training Program. Approved provider by the **NY** State Board of Physical Therapy for 14 contact hours (1.4 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, NM, OK, and TX**; the assignment does not imply endorsement of specific course content, products, or clinical procedures for these.

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The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, ME, MT, NE, ND, NH, SD, WA.**

12 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

Education Resources, Inc. 266 Main St, Medfield, MA 02052. Please contact us with any special needs requests: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 800-487-6530.

## Webinar Dates and Times

April 23, 24, and 25, 2026

April 23 | 5:40 pm EST • 4:40 pm CST • 3:40 pm MST • 2:40 pm PST (US)

April 24 and 25 | 8:40 am EST • 7:40 am CST • 6:40 am MST • 5:40 am PST (US)

Registration is for all three sessions. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the webinar.



\$389 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline.

We encourage you to register online!

**WEBINAR: Primitive Reflexes/Wiskind**

**☐ April 23, 24, and 25, 2026**

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