

Leading-Edge Approaches for Concussion and Mild TBI Management: Applications for Comprehensive Assessment and Treatment

Danit Macklin, PT, DPT



Faculty

Dr. Danit Macklin specializes in concussion and vestibular rehabilitation and has obtained certificates from the APTA for both pediatric and adult vestibular rehabilitation and certification as an Impact Trained Physical Therapist. Dr. Macklin has served as faculty for the annual APTA Pediatric Vestibular Competency Conference. Dr. Macklin works in her own private practice, Balance & Concussion Therapy Center. She serves on the BIANJ Concussion Committee, and she is the founder and chair of the APTANJ Vestibular special interest group. Dr. Macklin also founded Concussion Awareness Day in the state of New Jersey. She recently joined the International Neurologic Physiotherapy Association and is actively working with that group's vestibular special interest group.

Disclosure - Financial: Dr. Macklin receives an honorarium from ERI. Non-Financial: She has no non-financial relationships to disclose.

About this In-Person Course

If you have been looking for a way to really understand and rehabilitate patients with concussions, this is the series that you have been waiting for! This course will offer a comprehensive approach to provide allied health professionals with a solid foundation of understanding this complicated injury to apply treatments successfully. Patients with common and persistent complaints such as headaches, dizziness, persistent fatigue, blurred or double vision can be treated effectively! Learn the full evaluation process and treatment intervention approaches with specific examples to allow you to go back to the clinic the next day and treat like a pro!

Learning Objectives

- Identify the domains of mTBI that fall within the scope of therapeutic intervention and the areas of potential injury that require referral to another provider
- Select a concussion screening tool in view of patient presentation, time, and space available
- Determine an appropriate test to assess a domain affected by mTBI
- Recognize normal and abnormal results from evaluation tests and screening tools to perform differential diagnosis with regards to pre-existing problems
- Choose appropriate goals for rehab of patients with mTBI to improve function OR independence with daily activities OR participation in daily tasks
- Apply specialized intervention for the 4 domains falling within the therapeutic scope of practice
- Utilize appropriate patient reported outcome measures for patients with mTBI

Audience

This course is relevant for OTs, OTAs, PTs, PTAs and SLPs working with patients who have experienced concussions, including both pediatrics and adults.

Help your patients achieve better outcomes.

Schedule – Day 1 8:10 am to 5:00 pm

| | |
|-------------|--|
| 8:10-8:30 | Webinar Registration/Zoom Course Open |
| 8:30-9:00 | Concussion & Symptomatology <ul style="list-style-type: none"> • Physiologic • Functional • mTBI/chronic traumatic encephalopathy (CTE)/bell rung culture |
| 9:00-9:15 | Domains Affected and Roles Defined <ul style="list-style-type: none"> • Roughly 6 domains affected: cervical spine, oculomotor-vestibular, balance/motor function, exertion, anxiety/depression, cognitive • Therapy Role involved in at least 4 domains with indirect effects on other areas such as headache and mental clarity as well as mood regulation • ICF Model to demonstrate need for holistic approach |
| 9:15-10:00 | A Deeper Dive into Differential Diagnosis and How Each System is Involved and the Symptoms Associated with 4 Domains: <ul style="list-style-type: none"> • Cervical spine • Vestibular-Oculomotor • Exertion • Motor Function (Balance, Reaction Time, Dual Tasking) • Screening Tools and Resources • Red Flags • Symptom Surveys • SCAT 5, SCOAT • Concussion CPG, International Consensus Statement on Sports Concussion • Case Study Introduced |
| 10:00-10:15 | Break |
| 10:15-11:15 | Evaluation <ul style="list-style-type: none"> • History Taking/Educating Patients - triaging for tolerance and focus of evaluation |
| 11:15-11:45 | Cervical Spine Components |
| 11:45-12:30 | Oculomotor- Vestibular Components |
| 12:30-1:30 | Lunch Break |
| 1:30-2:00 | BCTT for Exertion Assessment , other options and when to use |
| 2:00-3:00 | Balance Tests |
| 3:00-3:15 | Break |
| 3:15-4:30 | Pulling it all together Developing an Assessment and a Plan, making appropriate referrals |
| 4:30-5:00 | Videos |

Schedule – Day 2 8:10 am to 4:30 pm

| | |
|-------------|---|
| 8:10-8:30 | Webinar Registration/Zoom Course Opens |
| 8:30-9:30 | Cervical Spine <ul style="list-style-type: none"> • Ortho incl focus on deep neck flexors • Neuro/joint position error for motor control |
| 9:30-11:00 | Oculomotor Vestibular <ul style="list-style-type: none"> • o/m interventions and progressions • Vestibular interventions and progressions • BPPV overview |
| 11:00-11:15 | Break |
| 11:15-12:00 | Exertion <ul style="list-style-type: none"> • Dosing • Progression and adding resistance training |
| 12:00-12:30 | RTP |
| 12:30-1:30 | Lunch Break |
| 1:30-2:00 | Balance <ul style="list-style-type: none"> • Considerations from vestibular approach (BOS, EO/EC, Head Turns, Visual Backgrounds, dynamic + static) • Progressions and treatment ideas • Adding in dual tasking |
| 2:00-2:45 | Readiness for Return <ul style="list-style-type: none"> • Working with patients as they transition back to full activity (school, work, athletics, play) to provide support that will create improved resilience |
| 2:45-3:00 | Break |
| 3:00-3:30 | Prevention for Athletes |
| 3:30-4:00 | Case Study #2 |
| 4:00-4:30 | Videos, Pulling it All Together |

In-Person Dates and Time

April 26 and 27, 2026

8:10 am

Burke Rehab

785 Mamaroneck Ave.

White Plains, NY 10605

ERI: Life-changing learning

You love what you do. Our courses remind you why. As a therapist, you change lives every day – and have your life changed in return. ERI is life-changing learning, for therapists by therapists.

The ERI Advantage

- Techniques you'll use the next day
- Peers who share your passion
- Renowned faculty
- Evidence-based courses that improve outcomes
- 30 years of life-changing learning

Specialty Tracks

Learn with courses throughout the lifespan – neonatal, pediatric, adult and geriatric. Each ERI specialty track is designed to make the most of your continuing education time, budget, and goals. Start your search with us and plan every course you'll take in 2026.

ERI Rewards*

Your ERI experience is more rewarding than ever:

- First course discount
- Bring a friend savings
- Group discounts
- \$100 off your 4th multi-day course

*Subject to availability. Exclusions may apply. Visit our website for details and coupon codes.

Visit educationresourcesinc.com

Credits

This course meets the criteria for 13.5 contact hours (1.35 CEUs) Intermediate Level. To receive a certificate of completion all registered attendees are required to attend and participate fully in all applicable course activities (i.e., labs, discussions, group work, polls, post-tests with passing grade of 80% or greater etc.) and complete the evaluation form.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID# 13268. This Live course is offered at 13.5 contact hours 1.35 CEUs. (Intermediate Level, OT Service Delivery & Foundational Knowledge). AOTA does not endorse specific course content, products or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 13.5 units.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 16 hrs.

This course meets the approval of the **TX** Board of OT Examiners.



Education Resources, Inc.
Intermediate Level
1.35 ASHA CEUs

ASHA CE Provider approval and use of the Brand Block does not imply endorsement of course content, specific products, or clinical procedures. SLPs that require ASHA must submit your [ASHA participant form to ERI](#).

ASHA credits are accepted by the **TX** Department of License and Renewal.

Approved by the **FL** Physical Therapy Association for 16 continuing education contact hours. Accreditation of this course does not necessarily imply the FPTA supports the views of the presenter or the sponsors.

Approved by the **MD** Board of Physical Therapy Examiners.

Approved by the **MN** Board of Physical Therapy.

Application has been made to the **NJ** Board of Physical Therapy Examiners.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 16 contact hours.

Approved provider by the **NY** State Board of Physical Therapy for 16 contact hours (1.6 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, NM, OK, and TX**; the assignment does not imply endorsement of specific course content, products, or clinical procedures for these.

The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, KY, MA, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY**.

The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, ME, MT, NE, ND, NH, SD, WA**.

12 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification. Please contact us with any special needs requests: info@educationresourcesinc.com



\$450 fee. **LIMITED ENROLLMENT.** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

Leading-Edge Approaches for Concussion and Mild TBI Management: Applications for Comprehensive Assessment and Treatment

- Danit Macklin, PT, DPT

□ April 26 and 27, 2026

In-Person Burke Rehab – White Plains, NY

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course? _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above:

Signature _____

Amount charged _____

I hereby authorize you to charge my: VISA MC DISCOVER# _____

Exp. Date _____ CVV2 Code _____

Register at educationresourcesinc.com