

SOFFI™:

Supporting Oral Feeding in Fragile Infants

Erin Sundseth Ross, PhD, CCC-SLP



Faculty

Dr. Erin Ross is the creator of **SOFFI™**, a holistic feeding program for caregivers in the NICU. Dr. Ross received her Ph.D from the University of Colorado in 2007, and her Master's Degree in Speech and Language Pathology in 1988. She completed a two-year Post-Doctoral Fellowship in the Section of Nutrition, University of Colorado Denver in 2009. Dr. Ross provides clinical consultation to several NICUs within the HealthONE System, in addition to providing professional education and research consultation through Feeding FUNDamentals, LLC. She is currently on Faculty at the Rocky Mountain University of Health Professions. Dr. Ross has published several book and journal articles, and specialized clinically in the areas of feeding skill development, and the etiology and treatment of feeding and growth problems in infants and very young children. She brings over 29 years of experience, and provides a perspective that crosses over the initial hospitalization through the first 5 years of life.

Disclosure: Financial: Erin Ross receives a honorarium from ERI, is a paid consultant for Nestle (Gerber division) and Intertek, and is a paid speaker for Toomey & Associates, Inc. and employed by Feeding Fundamentals, LLC. Non-Financial: She is a volunteer chair on the Advocacy Committee for Feeding Matters and Intellectual Property Owner, SOFFI™. This presentation will focus exclusively on the SOFFI Approach to feeding and will not include information on other similar or related therapy.

About this Course

This course provides immediately applicable practical information to help clinicians better identify and treat the factors that impact successful oral feeding of preterm and ill term infants. Utilizing a multidisciplinary approach— both in the NICU and after discharge to early intervention through the first six months—the course emphasizes strategies to facilitate infant abilities and develop caregiver feeding skills. Breastfeeding is emphasized as the best feeding method for infants, with some strategies to support breastfeeding. However, most of the feeding strategies are for bottle feedings, since more infant feeding problems occur with bottle feedings. The objective is to identify feeding readiness and provide intervention strategies from a framework of normal development. A holistic research-based approach integrating the medical fragility of these infants is emphasized, using the BROSS approach and SOFFI™.

Objectives

- 1 Identify necessary components of infant development that indicate a readiness to begin and sustain oral feeding, including physiologic, motor and state organization
- 2 Discuss the development of oral-motor skills in preterm infants
- 3 Describe the interaction between medical and developmental levels as they relate to feeding readiness and the progression
- 4 Identify infants who are not following a normal progression
- 5 Use the BROSS approach to identify the development of oral feeding skills and use SOFFI™ to guide feeding decisions and intervention strategies
- 6 Use principles of normal development and developmentally supportive care to facilitate feeding progression, to include contributions of both the family and the professional team
- 7 Identify the impact of various medical conditions on oral feeding success

Audience

Designed for SLPs, PTs, PTAs, OTs, OTAs. This workshop is designed for individuals with several years' experience working with family and staff to support oral feeding for infants in, or just discharged from the intensive care nursery, including speech/language pathologists, occupational therapists, physical therapists and early interventionists. Level of instruction: Intermediate to Advanced.

Help your patients achieve better outcomes.

Schedule – Day 1

- 10:00-11:00** Introduction, Welcome & Family Roles and Expectations for Successful Nurturing and Feeding
- 11:00-12:00** Feeding as a Developmental Process—Physiologic, Sensory and State Development
- 12:00-12:15** Break
- 12:15-2:00** Feeding as a Developmental Process – Oral-Motor Development
- 2:00-2:30** Lunch
- 2:30-4:30** Medical Issues that Impact Feeding Skills: chronic lung disease, cardiac defects, oral-Motor deficits, gastrointestinal disorders
- 4:30-4:45** Break
- 4:45-5:15** Effects of the NICU Experience: Changing the focus from volume to skill to build a foundation for optimal feeding and growth
- 5:15-6:45** Developmental Steps to Eating: The BROSS Approach
- 6:45-7:00** Introduction to SOFFI™

Schedule – Day 2

- 10:00-12:15** Using SOFFI™ to Guide Decisions Regarding Readiness and Interventions for Infants Not Nipple Feeding
- 12:15-12:30** Break
- 12:30-1:45** Using SOFFI™ to Provide Supportive Interventions for Nipple Feeding (1)
- 1:45-2:15** Lunch
- 2:15-4:00** Using SOFFI™ to Provide Supportive Interventions for Nipple Feeding (2)
- 4:00-4:15** Break
- 4:15-5:30** Using SOFFI™ to Provide Supportive Interventions for Nipple Feeding (3)

Testimonials

"This was one of the best courses I have ever attended. Erin's presentation was excellent and I appreciated the evidence-based focus with relevant clinical application. I would highly recommend this course to anyone interested in feeding."
– K. Richardson

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Credits

This course meets the criteria for 14.5 contact hours (1.45) CEUs, Intermediate Level. Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm. Application has been made to the **OK, NV** and **NM** Boards of Physical Therapy. Approved by the **NJ** Board of PT Examiners for 14.5 CECs and the **MD** Board of PT Examiners for 1.45 CEUs. Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 17 contact hours. Approved by **IL** EI Training for 14.25 hours. Approved provider by the **NY** State Board of Physical Therapy for 17.4 contact hours (1.7 CEUs). Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, NC** and **TX**. The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA**.



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This course is offered for up to 1.45 ASHA CEUs (Intermediate Level, Professional area)

This course meets the criteria for 14.5 hours towards NANT Certification.

Please contact us with any special needs requests: info@educationresourcesinc.com or 508-359-6533

WEBINAR Dates - 2020

Thursday, August 6	Webinar	10:00am to 7:00pm -EST
Friday, August 7	Webinar	10:00am to 5:30pm-EST

Registration is for both sessions.



\$369 fee. LIMITED ENROLLMENT Cancellation will be accepted until 14 days prior to the start date of the course, minus an administration fee of \$75. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after the deadline on a space available basis.

We encourage you to register online!

WEBINAR SOFFI™ /Sundseth Ross

August 6-7, 2020

Course Registration Form

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