

## REGISTRATION

**\$435 fee.** Group rate (3 or more) must be mailed/faxed together \$410. Deadline for registration is 3 weeks prior to course. Registration accepted after deadline on a space available basis. Cancellation accepted up to 2 weeks before course, minus an administration fee of \$75.

**NO REFUNDS WITHIN 2 WEEKS OF COURSE.**

*Please make check payable and return to:*

**Education Resources, Inc.**

266 Main St., Suite 12 • Medfield, MA 02052  
(508) 359-6533 • 800-487-6530 • FAX (508) 359-2959  
www.educationresourcesinc.com  
limited enrollment

### Total Joint Arthroplasty/Tino

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

PHONE (H) \_\_\_\_\_ PHONE (W) \_\_\_\_\_

PHONE (cell) \_\_\_\_\_

*Needed in the event of an emergency scheduling change*

EMAIL \_\_\_\_\_

*Please clearly print your email address for course confirmation*

EMPLOYER \_\_\_\_\_

DISCIPLINE \_\_\_\_\_ SPECIALTY \_\_\_\_\_

**ERI Rewards.** I am registering for my 4th course since January 2009 and applying \$100 credit to the tuition.

**Course Location:**  April/CT

*Education Resources, Inc. reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.*

*I have read your refund policy above and understand.*

Cardholder's name & billing address with zip code if different from above.

\_\_\_\_\_

\_\_\_\_\_

Amount to be charged \_\_\_\_\_

Signature \_\_\_\_\_

I hereby authorize you to charge my:  VISA  MC  DISCOVER

# \_\_\_\_\_

Exp. Date \_\_\_\_\_ CVV2 code \_\_\_\_\_  
(last 3 digits on back of card)

## FACULTY

**Patrick A. Tino, PT, DPT** has over 25 years of experience evaluating and treating patients in clinical practice settings ranging from acute care, outpatient sports & orthopaedic, SNF, Home Health, to academia as a part-time as well as an adjunct professor. He also has been formally presenting CE courses nationwide since 2010 in his sub-specialty areas such as Total Joint Replacement and Fracture Rehab Management, Vestibular Assessment & Intervention, Medical Screening & Differential Diagnosis, as well as Rehab Management of the Medically Complex Patient. Currently, Pat practices in a large Level 1 Trauma and Teaching Hospital for Medical and Surgical Residents and Fellows as well as numerous PT/OT/SLP/PTA/COTA programs across the nation. It is within this 1,000+ bed tertiary referral medical center that Pat is exposed to very complex medical conditions and why he enjoys sharing his knowledge and experience with his fellow colleagues locally, regionally, and nationally. Pat works in home health and outpatient on a prn basis as well. Having attended numerous continuing education courses himself, he understands the various domains of teaching and learning from both the perspective of an educator and a student. Pat is also a member of the APTA and belongs to the orthopedic, neurologic, and acute care sections. He is a Credentialed Clinical Instructor. Financial: Patrick Tino receives an honorarium from Education Resources. Non-Financial: He has no non-financial relationships to disclose.

## CREDITS

This course meets the criteria for 14 contact hours (1.4 CEUs). Application has been made to the **NJ** Board of Physical Therapy Examiners. In **CT** this workshop meets accepted standards for continuing competence.

Approved provider by the **NY** State Board of Physical Therapy for 16.8 hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 14 contact hours Intermediate Level Occupational therapy Process: assessment, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider - 14 PDU's

*Please contact us with any special needs requests: info@educationresourcesinc.com or 508-359-6533*

## COURSE LOCATION

Please check our website for overnight accommodations

April 27-28, 2019 - Connecticut

Danbury Hospital  
Danbury, CT

## Total Joint Arthroplasty and Fracture Rehabilitation



**Patrick A. Tino, DPT**

April 27-28, 2019 - Danbury, CT

sponsored by

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## COURSE DESCRIPTION

This new 2-day course will provide you with relevant problem-solving and critical-thinking methods for evaluating and treating patients who have both acute and chronic disease processes. It will arm you with best practices for treating patients with multiple co-morbidities to maximize their functional outcomes. Topics covered will include integrating medical record review, lab values, imaging, medications, physician and surgeon consult notes, nurse-therapist communication, as well as social worker/case manager discharge planning into your treatment plan. Additionally, he will discuss evidence-based assessment and intervention strategies for pathological conditions affecting the endocrine, cardiovascular, musculoskeletal, and neurological systems among others. Case analysis and hands on lab to perform outcome tests and intervention will be integral. The information learned from this course can be taken back and implemented on Monday mornings. Content is clinically relevant to several settings including as Acute, Subacute, SNF, Home Health, and Outpatient.

## OBJECTIVES

Participants will be able to:

- Recognize abnormal physiology across many systems such as cardiopulmonary, vascular, neurological, musculoskeletal, endocrine, Renal/Hepatic, on cology, and GI.
- Discuss and integrate 'communication nuggets' when describing in-depth medical cases with the multi-disciplinary team of physicians, surgeons, residents/fellows, nurses, case managers, and inter-disciplinary team.
- Interpret and practice commonly used standardized tests used to assess patients with acute and chronic disease as well as those with chronic medical conditions such as HTN, CHF, DM, COPD, etc.
- Discuss the various factors and nuances of "yellow flags" and "red flags" such as low Hgb, + DVT/PE, ↑ ammonia levels, + fractures than can impact and challenge your physical handling and managing of the medically complex patient.
- Summarize evidence based treatment and management strategies to achieve optimal outcomes in patients with complex medical conditions.

## AUDIENCE

Physical Therapists, Occupational Therapists and Assistants practicing in acute, subacute, SNF, home health and OPD settings.

## SCHEDULE DAY ONE

7:30-8:00	Registration/Continental Breakfast Course pre-test (Hip and Knee)
8:00-8:15	Intro to course format and instructor
8:15-9:00	Historical perspectives of joint replacement, relevant terms/definitions specific to orthopedics, trauma, TJA and fx management
9:00-9:30	Hip anatomy: review of pertinent structures/tissues
9:30-10:00	Approaches to THA: PA, DLA, DAA, and Watson-Jones, SuperPATH
10:00-10:15	Break
10:15-10:30	Types of prosthetic components: metal, ceramic, plastic, porous
10:30-11:00	Primary THA vs. Revision THA: similarities vs. differences and importance of variability in weight bearing and joint position angles
11:15-12:00	Surgical videos for total hip replacements (THA)
12:00-1:00	Lunch (on your own)
1:00-2:00	<b>LAB</b> - Hip case scenarios of primary and revision THA from acute to HH/SNF/OPPT: special tests, joint mobilization, balance/coordination exercises, soft tissue and stretching techniques, multi-angle resistance strengthening, how to apply a compressive hip spica dressing, outcome measures (i.e. gait speed, static/dynamic balance and QOL SF-36) for hip
2:00-2:30	Knee anatomy: review of pertinent structures/tissues/approaches
2:30-2:45	Break
2:45-3:00	Components: fixed vs. mobile bearing, PCL retaining vs. sacrificing design
3:00-3:30	Primary TKA vs. Revision TKA: similarities vs. differences, variability in weight bearing and joint position angles
3:30-4:30	<b>LAB</b> - Knee case scenarios of primary and revision TKA from acute to HH/SNF/OPPT: special tests, soft tissue and PNF stretching, open/closed chain strengthening, tibiofemoral mobs including distraction/glide & balance/proprioception/coordination exercises
4:30-5:00	Surgical Videos for total knee replacements (TKA)

## SCHEDULE DAY TWO

7:30-8:00	Continental Breakfast
8:00-8:30	pre-test 15 questions (Shoulder and Fracture) Shoulder anatomy (review of pertinent structures/tissues)
8:30-9:00	Traditional vs. reverse total shoulder arthroplasty (TSA)
9:00-10:00	<b>LAB:</b> Case Scenarios of primary and revision TSA from acute to HH/SNF/OPPT: special tests. soft tissue and PNF stretching, multi-angle and alternating isometrics, rhythmic stabilization, GH joint mobs, RC strengthening, scapular stabilization manual-based techniques with special emphasis on serratus muscle
10:00-10:15	Break
10:15-10:45	Surgical videos for a-TSA and r-TSA
10:45-12:00	<b>LAB:</b> Review & practice hip, knee, shoulder assessment & interventions: group work to practice various components of assessment & intervention for hip, knee, and shoulder arthroplasty. Time allotted to constructively discuss and debate evaluation methodology and treatment strategies with the instructor and classmates
12:00-1:00	Lunch (on your own)
1:00-1:30	Types of fractures, displaced vs. non-displaced, unstable vs. stable
1:30-2:00	Most common UE and LE fractures and surgical fixation techniques
2:00-2:30	Surgical videos for Ex-Fix, IMN, tibial plateau, ankle arthrodesis/TAR
2:30-2:45	Break
2:45-4:00	<b>LAB:</b> Case scenarios: "Cross-body" NWB challenges, exercise and gait training & Multi-trauma: C-spine, L-spine, internal organ injury: core strengthening exercises for cervical & lumbar spine regions, strengthening and stretching exercises, comprehensive organ-related medical screen, spinal precautions, & HEP interventions with ortho-medical limitations Questions & Answers

