

REGISTRATION

\$435 fee. (group rate 3 or more \$410 must be mailed/ faxed together). Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up to 2 weeks before course, minus an administration fee of \$75. **NO REFUNDS WITHIN 2 WEEKS OF COURSE.**

Please make check payable and return to:

Education Resources, Inc.
266 Main St., Suite 12 • Medfield, MA 02052
(508) 359-6533 or 800-487-6530 (outside MA)
FAX (508) 359-2959
www.educationresourcesinc.com
Limited enrollment

Stroke Recovery/Whitford

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (H) _____ PHONE (W) _____

CELL _____

Require for last minute scheduling changes

EMAIL _____

Please clearly print your email address for course confirmation

EMPLOYER _____

DISCIPLINE _____ SPECIALTY _____

HOW DID YOU HEAR ABOUT THIS COURSE _____

ERI Rewards. I am registering for my 4th course since January 2009 and applying \$100 credit to the tuition.

Course location: Apr/MN Sept/KY

Education Resources, Inc. reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above.

Amount to be charged _____

Signature _____

I hereby authorize you to charge my: VISA MC DISCOVER

Exp. Date _____ CVV2 code _____

(last 3 digits on back of card)

COURSE LOCATION

Please check our website for a list of accommodations

April 27-28, 2019 - Minnesota
Park Nicollet Methodist Hospital
St. Louis Park, MN

September 14-15, 2019 - Kentucky
St. Elizabeth Training and Education Center
Erlanger, KY

YOUR INPUT IS VALUED

We invite you to share your ideas with us, post a clinical challenge you are currently facing, or share a great therapy tip with your colleagues.



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Promotion of Recovery

Post-Stroke:

Evidence Based Therapy in Current Healthcare Environments



Maureen Whitford
PT, PhD, NCS

April 27-28, 2019 - St. Louis Park, MN

September 14-15, 2019 - Erlanger, KY

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COURSE DESCRIPTION

In this course, you will learn/review the current research related to neuroplasticity and motor learning as it relates to optimizing recovery in patients post-stroke. The end goal is that you will integrate current recommendations for examination and treatment of patients post-stroke into your everyday practice. A key focus will be integrating the evidence in these areas into clinical practice across the continuum of care. We will discuss a broad overview of treatment approaches/techniques in the context of experience-dependent neuroplasticity within the current constraints of the healthcare system. The course will promote application through the use of case studies.

COURSE OBJECTIVES

By the end of the course, participants will be able to:

- Incorporate current evidence into examination, evaluation and intervention of patients post-stroke
- Discuss commonly used outcome measures in this population to enhance your evaluation and treatment process
- Design and implement treatment interventions based on evidence and the constraints of our current healthcare system
- Identify the potential use of emerging adjunctive techniques and technologies in future practice

TESTIMONIALS

"Maureen is such a well-versed academic. Her first-hand knowledge of current data was paradigm shifting. One of the best courses I have attended in my 17 years of practice. Monday morning I will begin implementation of some of the new data I learned this weekend. Thank you." - T Lindsley, OTR

"Extremely knowledgeable on post-stroke rehabilitation. Great source of information in the future." - A King, PT

"This was a great course, filled with a lot of applicable information I can use in my workplace." - B Panchak, OTR

SCHEDULE DAY ONE

7:30-8:00	Registration/Continental Breakfast
8:00-9:00	Stroke statistics & current healthcare environment
9:00 - 10:00	Stroke statistics & current healthcare environment
10:00-10:15	Break
10:15-11:15	Background and updates on neuroplasticity
11:15-12:15	Review of motor learning principles
12:15-1:15	Lunch (on your own)
1:15-3:15	Integration of principles into current practice
3:15-3:30	Break
3:30-5:00	Case Studies integrating Day one information.

SCHEDULE DAY TWO

7:45-8:00	Continental Breakfast
8:00-9:00	Examination of the patient post-stroke
9:00-10:00	Examination recommendations from guidelines
10:00-10:15	Break
10:15-11:00	Broad overview of current treatment techniques (forced use, aerobics, estim, sensory facilitation, mirror therapy, task specific training, mental imagery, virtual reality, robotics)
11:00-12:00	Lunch (on your own)
12:00-1:30	Treatment recommendations from guidelines
1:30-2:15	Recent updates
2:15-2:45	Case studies integrating Day 2 information

CREDITS

This course meets the criteria for 13 contact hours (1.3 CEU's). Application has been made to the MN Board of Physical Therapy. The IN and WI Board of PT recognizes other states approvals. Application has been made to the OH Physical Therapy association.

Approved Provider by the KY Physical Therapy Association.



Approved provider of continuing education by the American Occupational Therapy Association #3043 for 13 contact hours (1.3 CEU's) - Intermediate level. Occupational Therapy Process: Assessment, Intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT Professional Development Provider -13 PDU's.

FACULTY

Maureen Whitford PT, PhD, NCS works full time as a physical therapy researcher at the Cleveland VA Medical Center. She also practices physical therapy prn at the Cleveland Clinic Foundation and University Hospitals Avon Rehab Hospital. She previously taught within multiple different Doctor of Physical Therapy programs nationally. Additionally, she has carried out research focused on recovery post-stroke. Maureen received her BS in Physical Therapy from The Ohio State University, her MHS from the University of Indianapolis Krannert School of Physical Therapy, her MS in Biokinesiology from the University of Southern California, and her PhD in Rehabilitation Science from the University of Minnesota. She has presented locally and nationally on recovery of patients post-stroke. Dr. Whitford has broad clinical experience treating patients post-stroke in a variety of settings for over 25 years. Her courses emphasize theoretical underpinnings of motor learning and neuroplasticity as they relate to current treatment interventions and integration into practice.

Financial: Dr. Maureen Whitford receives a speaking fee from Education Resources, Inc. Non-Financial: Dr. Maureen Whitford has no relevant non-financial relationships to disclose.

AUDIENCE

This course focuses primarily on physical and occupational therapy intervention at an intermediate level for patients post stroke, from acute care to rehab and OPD.

Please contact Education Resources, Inc. with any special needs requests: 508-359-6533 or info@educationresourcesinc.com.

