

Pediatric NDT: Treatment Intensive



Debbie Evans-Rogers PT, PhD, PCS, C/NDT

Faculty

Debbie Evans-Rogers, PT, PhD, PCS, C/NDT is an internationally known and respected clinician and published researcher. She offers a unique perspective combining clinical expertise with pediatric research knowledge. She has assisted students and presented pediatric courses throughout the United States and abroad. She is a pediatric physical therapist with over 30 years of clinical experience specializing in assessment, intervention and research in children with neuro-motor involvement. She is trained in pediatric Neuro-developmental Treatment and baby treatment and is an NDTA Coordinator Instructor. She is currently serving as the Secretary of the NDTA Instructors Group and is co-chair of the Research group. She has served on the NDTA Board of Directors as the Director of Regions and Past President (appointed) and has been on the research committee since 2013. She has been an APTA Pediatric Clinical Specialist since 1996. She has worked in private practice both in the home and clinic settings, schools, early intervention, home health, acute care, NICU, and outpatient hospital. Her research on intensive therapy "Short-term, Intensive Neurodevelopmental Treatment (NDT) Program Experiences of Parents and their Children with Disabilities," was published and can be reviewed in *Pediatric Physical Therapy* (Spring 2015 Vol 27(1) 61-71).

Disclosure: Financial: Debra Evan-Rogers receives a speaking fee from Education Resources, Inc. Non-Financial: Debra Evans-Rogers is a non-paid NDTA instructor.

About this Course

This course will address utilizing current NDT intervention strategies for the pediatric client aged 0-18 with neuromotor challenges (eg CP, Down syndrome TBI, and other syndromes). Information presented will be a combination of didactic and lab experiences that will address using the ICF for assessment/evaluation while practicing intervention strategies for improvements towards function. Participants will improve their observational and direct handling skills with analysis and problem-solving using NDT techniques. It is recommended that participants bring comfortable clothing for treatment labs. In addition to didactic information and handling practice, videos, and problem-solving labs may be used to further enhance learning. Discussion will include addressing current research and adjuncts used with pediatric clients.

Objectives

- 1 Discuss the basis for NDT including history and current NDT philosophy with clinical application for assessment and intervention planning using ICF model.
- 2 Identify key components during assessment of single and multiple system impairments addressing the postural and movement systems for intervention and improved function.
- 3 Discuss using current concepts of NDT to identify a functional goal, identify key impairments and plan treatment intervention strategies.
- 4 Demonstrate a variety of handling strategies utilizing NDT intervention for improving functional independence.
- 5 Discuss adjunctive therapies to assist with direct handling and functional improvements.

Audience

This course is intended for Physical and Occupational Therapists and Assistants with some previous experience and familiarity with principles of NDT, working with these populations.

Help your patients achieve better outcomes.

Schedule – Day 1

8:00-8:30	Registration/Continental Breakfast
8:30-10:15	Current NDT Philosophy/Research/ICF/Assessment
10:15-10:30	Break
10:30-12:00	Handling Principles: Typical/Atypical Movement including Hypo/Hypertonia/Dystonia and Ataxia
12:00-1:00	Lunch (on your own)
1:00-3:15	Case Study-Hypertonia/Dystonia Including Assessment - Single/Multisystem Impairments and Problem Solving with Intervention/Lab
3:15-3:30	Break
3:30-5:00	Lab

Schedule – Day 2

7:30-8:00	Continental Breakfast
8:00-10:30	Lifespan Approach -Therapist roles through infancy, childhood, school age, adolescence and young child
10:30-10:45	Break
10:45-12:00	Movement Lab/Problem Solving: Hypotonia/Hypertonia
12:00-1:00	Lunch (on your own)
1:00-3:00	Movement Lab (con't)
3:00-3:15	Break
3:15-4:00	Adjuncts/Cooperative Therapies: Intensives/Sensory/Equipment/Taping Straps/Compression Garments Questions

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Credits

This course meets the criteria for 13.5 contact hours (1.35 CEUs). Application has been made to the **NJ** Board of Physical Therapy Examiners. The **PA** State Board PT recognizes other state's approvals.

Approved provider by the **TX** Physical Therapy Association. This course meets the approval for type 2 CEUs by the **TX** Board of OT Examiners.

Approved provider by the **NY** State Board of Physical Therapy for 16.2 contact hours.



Approved provider of continuing Education by the American Occupational Therapy Association #3043 for 13.5 contact hours (1.35 CEUs) - Intermediate Level. Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider 13.5 PDUs This course meets the criteria for 13.5 hours toward NDTA re-certification.

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Locations and Dates 2019

April 26-27	Cedar Knoll, NJ	P.G. Chambers School
June 1-2	Houston, TX	Texas Children's Hospital



\$435 fee. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. .266 Main St., Suite 12 • Medfield, MA 02052 508-359-6533 or 800-487-6530 (outside MA) FAX 508-359-2959 • www.educationresourcesinc.com

Limited enrollment. We encourage you to register online!

Treatment Pediatric NDT Treatment Intensive /Debbie Evans-Rogers

Apr/NJ Jun/TX

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

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Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

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How did you learn of this course _____

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