

Evidence Based Cancer Rehabilitation Resources and Its Role in Cancer Survivorship



Lisa VanHoose, PhD, MPH, PT, CLT, CES, CKTP

Faculty

Lisa VanHoose, PhD, MPH, PT, CLT, CES, CKTP has practiced oncologic physical therapy since 1996. She serves as an Assistant Professor in the Physical Therapy Department at University of Central Arkansas. As a NIH and industry funded researcher, Dr. VanHoose investigates the effectiveness of various physical therapy interventions and socioecological models of secondary lymphedema. Dr. VanHoose served as the 2012-2016 President of the Oncology Section of the American Physical Therapy Association.

Disclosure: Financial: Lisa VanHoose receives an honorarium from Education Resources. Non-Financial: She has no relevant financial relationships to disclose

"Lisa presents pertinent, evidence-based information in an informal, comfortable environment that is conducive to learning and sharing. Her breadth of knowledge and experience is vast."

"Lisa was an excellent speaker. She has a wonderful gift to share her extensive knowledge of oncology."

About this Course

Advances in the medical management of cancer have led to earlier detection, improved treatments, and increased survival rates. However, research shows that most cancer survivors experience long-term physical, psychosocial, and cognitive impairments during and following cancer treatment. Rehabilitation professionals are increasingly challenged to provide supportive cancer services that address quality of life, cancer-related fatigue, neuropathy, musculoskeletal deficits, and integumentary concerns.

This interactive course will discuss the latest evidence-based tools and strategies for the care of patients with diverse cancer types across the cancer continuum. Functional outcome measures and current reimbursement requirements from Medicare and private insurance companies will be addressed. Problem-based case studies and lab activities will enable participants to develop an effective therapy program for cancer survivors.

Objectives

- Understand the pathology and medical management of various types of cancer
- Perform a thorough evaluation of the patient with cancer
- Select functional outcome measures and evidence-based assessment tools
- Develop and progress a cancer therapy plan to address cancer related side effects
- Understand current reimbursement mandates of federal and private insurance companies

Audience

This course is of interest to all healthcare professionals contemplating or currently providing oncology services

Help your patients achieve better outcomes.

Schedule – Day 1

7:30 – 8:00	Registration/Continental Breakfast
8:00 – 9:00	Medical Management <ul style="list-style-type: none"> • Diagnostics and Pathology • Chemotherapy • Radiation Therapy • Targeted Therapies • Hormone Therapies
9:00-10:00	Current State of Cancer Survivorship <ul style="list-style-type: none"> • Epidemiology • Side effects of medical management • Functional outcome measures and oncology rehabilitation reimbursement
10:00-10:15	Break
10:15-11:15	Pre-treatment Considerations <ul style="list-style-type: none"> • Cancer screening • Cancer "red flags" • Exercise clearance • Lymphatic function
11:15-12:00	Pre-treatment Lab
12:00-1:00	Lunch (on your own)
1:00-2:00	Breast Cancer Pathology, Treatment, and Rehab Indications
2:00-3:00	Breast Cancer Lab
3:00-3:30	Lung cancer Pathology, Treatment, and Rehab Indications <ul style="list-style-type: none"> • Anatomy • Risk factors • Pathology • Treatment • Indications for rehab
3:30-3:45	Break
3:45-4:15	Brain Cancer Pathology, Treatment, and Rehab Indications
4:15-4:45	Multiple Myeloma Pathology, Treatment, and Rehab Indications
4:45-5:15	Multiple Myeloma Pathology, Treatment, and Rehab Indications
5:15-6:00	Case Studies

Schedule – Day 2

7:30-8:00	Continental Breakfast
8:00-8:45	Gynecological Cancer Pathology, Treatment, and Rehab Indications
8:45-9:15	Prostate Cancer Pathology, Treatment, and Rehab Indications
9:15-10:15	Gynecological and Prostate Cancer Lab <ul style="list-style-type: none"> • Bladder and Bowel Dysfunction • Sexual Dysfunction • Pelvic Floor Considerations
10:15-10:30	Break
10:30-11:00	Colorectal Cancer Pathology, Treatment, and Rehab Indications
11:00-11:30	Head and Neck Cancers - Pathology, Treatment, and Rehab Indications
11:30-12:00	Head and Neck Treatment Demonstration
12:00-1:00	Lunch (on your own)
1:00-2:00	Cognition and Psychosocial Changes <ul style="list-style-type: none"> • "Chemobrain" • Distress Screening
2:00-3:00	Cancer Pain and Cancer-Related Fatigue (CRF)
3:00-3:15	Break
3:15-3:45	CIPN, Cognition, and Fatigue Lab
3:45-4:00	Summary and Translation to Other Cancers

Follow us on Social Media

We invite you to share your ideas with us, post a clinical challenge you are currently facing, or share a great therapy tip with your colleagues. Please visit us on Facebook, LinkedIn and our blog.



ERI: Life-changing learning

You love what you do. Our courses remind you why. As a therapist, you change lives every day – and have your life changed in return. ERI is life-changing learning, for therapists by therapists.

The ERI Advantage:

- o Techniques you'll use the next day
- o Peers who share your passion
- o Renowned faculty
- o Evidence-based courses that improve outcomes
- o 30 years of life-changing learning

Specialty Tracks throughout the lifespan – Neonatal, Pediatric, Adult, Geriatric

Each ERI specialty track is designed to make the most of your continuing education time, budget, and goals. Start your search with us, and plan every course you'll take in 2019.

Visit educationresourcesinc.com for all of your 2019 courses.

ERI Rewards

Your ERI experience is more rewarding than ever.

- o First Course Discount
- Bring a Friend Savings
- Group Discounts
- \$100 off your 4th Multi-day Course
- o And more

Subject to availability. Exclusions may apply. Visit our website for details and coupon codes.

Credits

This course meets the criteria for 15 contact hours (1.5 CEUs). The **DC, DE,** and **VA** Boards of Physical Therapy accept other Boards' approvals. Application has been made to the **MD** Board of Physical Therapy Examiners. The **IN** Board of Physical Therapy recognizes other Board and agency approvals. This continuing Competence activity has been approved by the **NC** Physical Therapy Association. This workshop meets accepted standards for continuing competence as outlined by the **CT** General Statutes.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 15 contact hours (1.5 CEUs) - Intermediate Level Occupational therapy Process: assessment, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider - 15 PDU's

Please contact us with any special needs requests:
info@educationresourcesinc.com or 508-359-6533

Locations and Dates

May 4-5, 2019	Washington, D.C.	MedStar Washington Hospital
June 1-2, 2019	Fairfield, CT	Carolton Chronic & Convalescent Hospital
October 12-13, 2019	Durham, NC	Duke Regional Hospital
November 16-17, 2019	Indianapolis, IN	Franciscan Health - Indianapolis



\$435 fee. Group rate (3 or more) must be mailed/faxed together \$410. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12 • Medfield, MA 02052
508-359-6533 or 800-487-6530 (outside MA) FAX 508-359-2959 • www.educationresourcesinc.com

Limited enrollment. We encourage you to register online!

Cancer Rehab/VanHoose
 May/DC June/CT Oct/NC Nov/IN

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above:

Signature _____

Amount charged _____

I hereby authorize you to charge my: VISA MC DISCOVER# _____

Exp. Date _____ CVV2 Code _____