

Treating Complex Problems:

Infants, Toddlers, Preschoolers

Rhonda Mattingly, EdD, CCC-SLP



Faculty

Dr. Rhonda Mattingly, EdD, CCC-SLP is an Associate Professor and the Director of Clinical Education in the Department of Otolaryngology, Head and Neck Surgery, and Communicative Disorders at the University of Louisville. She has been a practicing speech-language pathologist since 1989 and has spent most of her career working with infants and children with feeding disorders. Dr. Mattingly has also provided services to adults with swallowing, speech, language, and cognitive diagnoses. She has worked in the early intervention, outpatient, and acute care settings including the Neonatal Intensive Care Unit and the Pediatric Intensive Care Unit at a large children's hospital. Dr. Mattingly teaches a full semester graduate course in pediatric feeding and swallowing and has taught continuing education courses in over fifty cities in the U.S and Madrid, Spain. She continues to evaluate and treat infants with feeding and swallowing issues in the NICU, to perform modified barium swallow studies and fiberoptic endoscopic evaluation of swallowing, and to provide treatment to individuals across the lifespan in both private practice and inpatient settings..

Disclosure: Financial: Dr. Rhonda Mattingly receives a speaking fee from Education

About this Course

This course will focus on clinical decision making and treatment strategies to manage complex feeding and swallowing disorders in infants, toddlers and preschoolers across multiple settings including the NICU, Early Intervention/home, and outpatient settings. Participants will enhance their skills in assessment and integration of medical history when developing and implementing a plan of care. Focus will include specific treatment interventions as well as how to develop realistic programs for parents and for generalization across settings. Current research, knowledge of outcomes and priority setting will be discussed on medically fragile infants including treatment strategies for specific etiologies such as ankyloglossia or tongue tie and impact on feeding as well as lip tie, **Down syndrome, Infants of diabetic mother (IDM), cleft lip/palate, and neurologic diagnoses** will also be involved. Infant feeding information will include evaluation and treatment for both breast- and bottle-fed infants as well as transitioning to solids.

Objectives

- ① Integrate a thorough case history with assessment in a child with feeding difficulties
- ① Describe the interaction between medical and developmental levels as they relate to feeding progression.
- ① Utilize knowledge of neuroprotective or developmental appropriate care to establish a treatment plan for feeding succession.
- ① Utilize successful strategies for feeding therapy regimens as they relate to different etiologies.
- ① Determine how to establish education criterion for families based on feeding progression needs

Help your patients achieve better outcomes.

Schedule – Day 1

8:00-8:30	Registration/Continental Breakfast
8:30-10:00	Sucking, swallowing, and neurodevelopment: Pre-feeding skills in infants Looking at how neurodevelopment affects feeding skills (including skills developed in-utero) pre-feeding readiness, including screening tools available
10:00-10:15	Break
10:15-12:00	Barriers to Oral Feeding: Why aren't kids eating? A look at breakdown in collaborative care, facility feeding models (cue-based vs. scheduled feeding), and medical difficulties
12:00-1:00	Lunch (on your own)
1:00-2:00	Case History: How each piece matters? Thoroughly evaluating all parts of medical history to determine etiology for feeding difficulty for proper management and development of plans of care
2:00-3:05	Assessment across setting: NICU, EI/home, OPD Including feeding evaluation with breast, bottle, and/or foods, MBS and FEES: Determining most appropriate evaluation strategies for each infant/child
3:30-3:45	Break
3:45-4:45	Assessment (Cont.)
4:45-5:30	Nutrition/Weight Gain/Intake: Breastmilk, Formula, and Food Looking at how nutrition shapes feeding difficulties and getting the most "bang for your buck" as well as how to work collaboratively with colleagues including pediatricians, dieticians and other therapists and families

Schedule – Day 2

7:30-8:00	Registration/Continental Breakfast
8:00-9:30	Treatment: Complex feeding across settings including specialty populations such as cleft, IDM, down syndrome, NAS, and lip/tongue ties
9:30-10:30	Functional goals for each age/setting based on treatment strategies identified
10:30-10:45	Break
10:45-12:00	Treatment Techniques: Feeding behaviors, sensory, motor and behavioral therapy. How to design functional treatment plans based on needs of patient and families
12:00-1:00	Lunch (on your own)
1:00-2:30	Treatment Techniques (continued): Bottles, nipples, spoons, cups, positioning, and more. How selection of therapy tools and techniques can change plans of care
2:30-2:45	Break
2:45-4:00	Case Analysis with Active Participation Provide participants with case studies to develop evaluation strategies and treatment plans

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This course is offered for up to 1.4 ASHA CEUs (Intermediate Level, Professional area)

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Locations and Dates – 2019

March 22-23	Wilkes-Barre Township, PA	John Heinz Institute of Rehabilitation Medicine
July 19-20	Hollywood, FL	Memorial Regional Hospital
Nov 2-3	Sewickley, PA	The Watson Institute



\$435 fee. Group rate 3 or more must be mailed/faxed together \$410. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

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Limited enrollment. We encourage you to register online!

Treating Complex Problems/Mattingly

☐ March/PA ☐ July/FL ☐ Nov/PA

Course Registration Form

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