

# Acutely Adorable: Pediatric Therapeutic Interventions In Acute Care and Beyond

Siobhan O'Donnell PT, DPT, PCS

## Faculty

Siobhan O'Donnell, PT, DPT, PCS is a respected clinician with extensive and broad experience in acute care, rehabilitation, long term care, outpatient and home care settings. As a pediatric physical therapist in hospitals, rehabilitation centers, nursing homes, outpatient clinics and homes she offers a unique point of view from which she draws practical approaches to treatment of pediatric patients in the acute care setting. She is an enthusiastic presenter who offers insightful information beneficial to all members of the rehabilitation team. Serving as a clinical mentor and manager in a variety of settings enabled her to gain a variety of experiences including management of trauma and burn patients, venous malformations and NICU patients. She has shared her knowledge via various posters, presentations, podcasts related to pediatric physical therapy in the United States, and educated physical therapists in the United Arab Emirates in topics related to power mobility, augmentative communication and orthotic management.

Disclosure - Financial: Siobhan O'Donnell receives an honorarium from ERI for this course.  
Non-Financial: She has no non-financial relationships to disclose.

## About this Course

This intensive course will focus on evidence-based care and clinical problem-solving skills for complex pediatric patients who are acutely ill. Focus will be on critical thinking skills and practical real-world solutions to optimize the evaluation and treatment of pediatric patients from their arrival in the ED through discharge from the hospital. Participants will develop skills to initiate rehabilitation interventions including early mobilization from the start of the hospital admission process. In addition, participants will learn to refine the discharge plan after the first encounter. Through case studies and group discussions, participants will develop critical thinking and problem-solving skills to optimize the patient experience in this complex and dynamic patient population.

For each clinical problem area addressed, the following will be discussed:

- Clinical assessment
- Standardized tests
- Key interventions and relative precautions
- EBP
- Caregiver education
- Equipment/DME
- Discharge

## Objectives

- 1 Identify patient populations that may benefit from early assessment upon entrance to the hospital.
- 2 Select appropriate standardized assessments for variety of patient populations.
- 3 Create dynamic functional goals for patients at all levels of their acute care stay
- 4 Generate effective treatment strategies for patients across a continuum of acuity, diagnosis, ages and developmental levels within the acute care setting
- 5 Practice how to set your patients up for success in the continuum of therapy upon discharge

## Audience

Designed for PTs, PTAs, OTs, OTAs

## Schedule – Day 1

- 7:30-8:00** Registration/Continental Breakfast
- 8:00-9:00** Overview: Lines Drains and Tubes: the basic and not so basic
- ① Safe early mobilization of pediatric patients with a myriad of devices
- 9:00-9:30** These patients need us from the beginning: Treating Trauma
- ① Non Accidental Trauma, Polytrauma: MVA, TBI, SCI
- 9:30-10:30** Trauma cases/Lab
- 10:30-10:45** Break
- 10:45-11:15** The many hats we wear: Burn Rehabilitation
- 11:15-12:00** Burn cases/Lab
- 12:00-1:00** Lunch (on your own)
- 1:00-2:00** Beyond broken bones: **Orthopedics**
- ① Posterior Spinal Fusion/traction, Pectus, Fractures/ORIF, Varus derotation osteotomy, Epiphysiodesis, TAL/club foot corrections
- 2:00-3:00** Orthopedic cases/Lab
- 3:00-3:15** Break
- 3:15-4:15** Let's put our heads together: **Neurology**
- ① Brain tumors, Arteriovenous malformation, Guillain-Barre syndrome, Multiple sclerosis, Encephalitis, Seizure disorders, Hydrocephalus, Selective dorsal rhizotomy
- 4:15-5:00** Neurology cases

## Schedule – Day 2

- 7:30-8:00** Continental Breakfast
- 8:00-9:00** At the heart of it: **Cardiology**
- ① Neurodevelopmental concerns and outcomes
  - ① Cyanotic vs. acyanotic defects, cardiac rehab, surgical repairs and VADs, heart transplant
- 9:00-9:30** Cardiac cases
- 9:30-10:00** Take a Breath – **Pulmonary**
- ① CLD, CF, chest PT, respiratory failure – trachs and vents
- 10:00-10:30** Pulmonary cases/Lab
- 10:30-10:45** Break
- 10:45-11:15** Tummy Troubles: **Gastrointestinal**
- ① Abdominal surgeries, short gut syndrome, malabsorption syndromes obesity, eating disorders, diabetes
- 11:15-12:00** GI cases/Lab
- 12:00-1:00** Lunch (on your own)
- 1:00-2:00** Fun and Function through Play – **Oncology**
- ① Blood cancers, sarcoma, brain tumors, spinal tumors, solid organ tumors, bone marrow transplant
- 2:00-2:30** Oncology cases
- 2:30-2:45** Break
- 2:45-3:30** B + (Positive) **Hematology** Hemophilia, Sickle Cell Disease
- 3:30-4:00** Hematology cases/Lab

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## Credits

This course meets the criteria for 14 contact hours (1.4 CEUs). Application has been made to the **NJ** Board of PT Examiners. In **CT** this workshop meets accepted standards for continuing competence. This course meets the **CO** PT requirements for 14 contact hours (1.4 points) – Intermediate Level, CAT 1. Based on Scientific Evidence. The **PA** State Board of PT recognizes other state board approvals. **TX** Physical Therapy Association approved provider.

Approved provider by the **NY** State Board of Physical Therapy and the NY State Education Department for 16.8 hours



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 14 contact - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

This course meets the approval of the **TX** Board of OT Examiners.

NBCOT professional development provider – 14 PDU's.

Please contact us with any special needs requests:  
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## Locations and Dates - 2019

<b>September 28-29</b>	Denver, CO	Presbyterian/St. Luke's Medical Center
<b>October 26-27</b>	Dallas, TX	Medical City Dallas Hospital



\$435 fee. Group rate (3 or more must be mailed/faxed together, \$410. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

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Limited enrollment. We encourage you to register online!

**Pediatric Therapeutic Interventions in Acute Care/O'Donnell**

April/CT    July/NJ    Sept/CO    Oct/TX

**Course Registration Form**

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Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

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Needed in the event of an emergency scheduling change

Email: \_\_\_\_\_

Please clearly print your email address for course confirmation

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How did you learn of this course \_\_\_\_\_

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