

Integrating NDT, SI and Motor Learning Perspectives in Pediatrics



Kim Westhoff OTR/L, C/NDT

Faculty

Kim Westhoff, OTR/L, C/NDT is a passionate presenter who offers practical concepts and intervention approach to be readily applied in multiple settings with applicable information for the whole team. She brings a wealth of experience having practiced in a variety of settings including, but not limited to hospital outpatient & specialty clinics, private clinics, schools, community environments, and currently a private home & clinic based practice. Her expertise includes innovative services to infants through young adults along with their families who experience physical, sensory, learning, emotional and behavioral challenges. She is a recognized educator both nationally and internationally and had presented a variety of educational seminars for occupational & physical therapist, speech anthropologists, families, educators, and physicians. She is a Pediatric OT instructor for NDTA and is an active member within the NDTA Instructor group.

Financial: Kim Westhoff receives an honorarium for teaching and speaking from Education Resources. Non-Financial: Kim Westhoff has no relevant non-financial relationships to disclose.

About this Course

Do you ever wonder where to begin with your clients that have many needs? What is the leading area of concern? Why does it seem my treatments aren't as effective as I anticipated? This workshop will **enhance critical thinking skills** and **hands-on skills** to facilitate therapists in using a problem-solving approach when treating children with complicated developmental challenges. Focus during the workshop will utilize critical thinking skills for evaluation and assessment from a neurodevelopmental, sensory and motor learning aspect. Using this approach will assist therapists in setting realistic and measurable goals that will drive treatment sessions resulting in more effective intervention.

Objectives

- 1 Identify key aspects of development in the context of typical movement and sensation related to a designated task.
- 2 Create a functional goal for a designated task applying current concepts learned from an NDT, SI, and motor learning aspect.
- 3 Apply critical thinking to design a prioritized approach that identifies top areas to be addressed in treatment.
- 4 Using a systematic approach describe a treatment plan based on functional goal.
- 5 Design three intervention steps to execute in treatment.

Audience

This course is designed for Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Speech Therapists working with infants through young adolescence. Course content is not intended for use by participants outside their scope of practice, license or regulations.

Help your patients achieve better outcomes.

Schedule – Day 1

- 8:00-8:30** Registration/Continental Breakfast
- 8:30-12:00** Multi-Theoretical Approach
- Theories
 - Systems model
 - Assessing to achieve participation
- 12:00-1:00** Lunch (on your own)
- 1:00-2:00** Multi-Theoretical Approach (continued)
- Practical critical thinking skills
 - Application goal setting
 - Typical aspects of goal
- 2:00-4:30** Experiential Lab: Handling Applications to children with neuromotor, developmental and sensory processing challenges within different settings (home, school, clinic).
- Center of mass
 - Base of support
 - Fluidity of movement

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Schedule – Day 2

- 7:30-8:00** Continental Breakfast
- 8:00-10:00** Neurodevelopmental Treatment Concepts & Lab
- Assessment and Treatment Planning and Intervention
 - Movement analysis & systems assessment
 - Treatment intervention
 - Facilitation
- 10:00-12:00** Sensory Processing & Integration Concepts & Lab
- Assessment and Treatment Planning and Intervention
 - Vestibular
 - Somatosensory
 - Proprioception
 - Visual
 - Auditory
 - Applications to children with neuromotor, developmental & sensory processing challenges within different settings (home, school, clinic)
- 12:00-1:00** Lunch (on your own)
- 1:00-3:30** Problem-solving & case presentations application, incorporating motor learning perspectives
- 3:30-4:00** Combining NDT, SI, Motor Learning Perspectives: Observation skills, variables of intervention, emphasis, therapeutic executions, therapeutic extensions, therapeutic benchmarks.

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Credits

This course meets the criteria for 13 contact hours (1.3 CEUs). Application has been made to the **NJ** and **MD** Board of Physical Therapy Examiners. The **DC**, **DE**, **PA**, and **VA** Boards of Physical Therapy recognize other Boards' approvals. ERI is an approved agency by the PT Board of **CA**.

Approved by the **NY** State Board of Physical Therapy for 15.6 contact hours



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 13 contact hours (1.3 CEUs)- Intermediate Level Occupational therapy Process: assessment, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider - 13 PDU's

This course meets the criteria for 13 hours toward NDTA re-certification.

Please contact us with any special needs requests:
info@educationresourcesinc.com or 508-359-6533

Locations and Dates

May 17-18, 2019	New Brunswick, NJ	Children's Specialized Hospital
August 23-24, 2019	Roanoke, VA	Carilion Clinic Children's Hospital
October 4-5, 2019	Irvine, CA	UCP of Orange County



\$435 fee. Group rate (3 or more) must be mailed/faxed together \$410. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12 • Medfield, MA 02052
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Limited enrollment. We encourage you to register online!

NDT/Westhoff

May/NJ Aug/VA Oct/CA

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

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Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

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