

# Challenges and Solutions for Infant and Children with Complex Feeding and Swallowing Disorders (Intermediate-Advanced)

Joan C. Arvedson PhD, CCC-SLP, BCS-S, ASHA Fellow

## Faculty

Joan Arvedson is internationally renowned for her pioneering research, instruction, and clinical work with infants and children who have feeding/ swallowing disorders. She has been Program Coordinator of Feeding and Swallowing Services at Children's Hospital of Wisconsin.

She is Clinical Professor in the department of Pediatrics, Medical College of Wisconsin - Milwaukee. She was awarded Honors of the American Speech-Language-Hearing Association in 2016, ASHA's highest distinction. Her leadership, clinical acumen, and research united therapeutic and medical/surgical disciplines. She has given more than 100 presentations at ASHA conventions, state conventions and national conferences, as well as international lectures/seminars in 64 countries.

*Disclosure Financial: Joan Arvedson receives an honorarium from Education Resources for this course. Non-Financial: She has no relevant non-financial relationships to disclose.*

## About this Course

Challenges with infants and children demonstrating complex feeding and swallowing disorders are addressed in a holistic evidence-based framework that takes into account interrelating systems. Populations range from newborn infants in the Neonatal Intensive Care Unit (NICU) through children in school based & rehabilitation settings. Problem solving will be addressed through lecture, videos, and case analyses. Functional outcomes are emphasized through targeted strategies based on sensorimotor learning principles and neural plasticity. Problem areas include: airway (e.g., laryngomalacia, laryngeal cleft, vocal fold paralysis, tracheostomy/ventilator); GI tract (e.g., gastroesophageal reflux and eosinophilic esophagitis); nutrition/hydration; advancing feeding in NICU and beyond to include tongue & lip tie; tube feeding & weaning; barriers to oral feeding & ways to overcome; picky/finicky eaters. Discussions will include the urgent need for specific outcomes and possible measures of frequency and intensity of direct and indirect interventions.

## Objectives

**Participants will be able to apply course learning immediately to:**

Apply knowledge of airway problems to make management decisions for infants and children with

- ① Oropharyngeal dysphagia
- ① Identify barriers to successful oral feeding (e.g., nutrition, GI tract, and neurologic conditions)
- ① Describe primary factors necessary as foundation to advance oral feeding in infants in NICU with parents actively involved
- ① Demonstrate processes for advancing oral feeding in tube feeders.
- ① Implement intervention for picky eaters with a range of sensory and behavior-based principles.

## Schedule – Day 1

- 7:30-8:00** Registration/Continental Breakfast
- 8:00-10:00** Airway: Critical Factors Basic to Considerations for Oral Feeding.
- 10:00-10:15** Break
- 10:15-12:15** Complicating Factors to Oral Feeding (e.g., Nutrition, Allergy, GI Tract ).
- 12:15-1:15** Lunch (on your own)
- 1:15-3:15** Facilitating Infant Feeding: NICU and Young Infants.
- 3:15-3:30** Break
- 3:30-5:00** Clinical Evaluation: Problem Solving Leading to Best Management Decisions.

## Audience

Professionals involved in feeding and swallowing assessment and intervention in infants and children, to include speech-language pathologists, occupational therapists, occupational therapist assistants, physical therapists, physical therapist assistants, dietitians, psychologists, nurses, physicians, and social workers

Age and Patient Populations: Infants through school age children with a wide range of etiologies for feeding and swallowing problems.

## Schedule – Day 2

- 7:30-8:00** Continental Breakfast
- 8:00-10:00** Instrumental Evaluation: Procedures, Findings and Interpretation to Aid Decision Making
- 10:00-10:15** Break
- 10:15-12:15** Special Problems: Decision making to include infants with tongue/upper lip tie, tracheostomy, esophageal and cardiac etiologies
- 12:15-1:15** Lunch (on your own)
- 1:15-2:30** Tube Feeders: Management with feeding and advancing oral feeding.
- 2:30-2:45** Break
- 2:45-4:00** PickyEaters: Sensory/Behavioral FeedingProblems/Intervention Strategies.

*“Dr. Arvedson is extremely interesting and provides excellent case studies that are relevant to her topics. She is highly knowledgeable and provides a lot of functional information...I highly recommend this course!” - Jennifer Stein, SLP*

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### Credits

This course meets the criteria for 14 contact hours (1.4 CEUs). The **PA** State Board of Physical Therapy accepts other state approvals. Approved sponsor by the State of **IL** Dept. of Financial and Professional Regulation for Physical Therapy for 16.5 hours.

Approved provider for 16.8 contact hours by the **NY** State Board of Physical Therapy.



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This course is offered for up to 1.4 ASHA CEUs (Intermediate Level, Professional area)

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### Locations and Dates

*Please visit our website for suggested hotels*

<b>April 12-13, 2019</b>	Oregon, OH	ProMedica Bay Park Hospital
<b>July 7-8, 2019</b>	New Brunswick, NJ	Children's Specialized Hospital
<b>October 11-12, 2019</b>	Chicago, IL	Shirley Ryan Ability Lab



\$450 fee. Group rate (3 or more) must be mailed/faxed together \$425. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

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Limited enrollment. We encourage you to register online!

**Pediatric Feeding/Arvedson**

April/OH June/NJ OCT/IL

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City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

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Needed in the event of an emergency scheduling change

Email: \_\_\_\_\_

Please clearly print your email address for course confirmation

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How did you learn of this course \_\_\_\_\_

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