

Practical Strategies for Treating Complex Pediatric Feeding Disorders: Treating the Whole Child

Mary Tarbell-Bickley, M. Ed, CCC-SLP



Faculty

Mary (Polly) Tarbell-Bickley engages students with her dynamic presentation style and deep expertise gained over 29 years as a speech-language pathologist specializing in pediatric feeding disorders. She currently works at the University of Virginia's Children's Hospital in Charlottesville, Virginia. She is the director of the nationally-known Encouragement Feeding Program, through which she has directly seen over 600 children with complex feeding disorders. She has published a peer reviewed article in *Infants and Young Children* regarding weaning children from gastrostomy tubes and has co-published a chapter in *Communication Sciences and Disorders: An Introduction*, 2006. She currently lectures at the University of Virginia Curry School of Education regarding pediatric feeding disorders.

Disclosure: Financial: Polly Tarbell-Bickley receives a speaking fee from Education Resources. Non-Financial: She has no nonfinancial relationships to disclose.

"This course exceeded my expectations and answered many questions. The approach reached a level that has been difficult to find." J. Hammer

About this Course

Clinicians will be taught the necessary components of a comprehensive evaluation of feeding problems including those encountered by children with oral motor dysfunction, ankyloglossia, oral motor inexperience, oral hypersensitivity, behavioral rigidity and anxiety as seen in children with cardiac issues, prematurity, ASD, syndromes and SPD. Focus will be on a holistic treatment approach for challenging feeding disorders that are characteristically seen with tube dependency, oral inexperience, severe oral hypersensitivity, rigid eating patterns, and difficulty transitioning to table foods. Participants will leave with a comprehensive therapy tool box including suggestions for reducing mealtime stress, improving oral competence and thus confidence and ensuring family carryover. Video case analysis will enhance problem-solving in hospital.

Objectives

- Identify children who are appropriate for oral functional therapy.
- Perform a holistic evaluation for complex feeding problems.
- Identify the barriers to normal eating patterns and reasonable treatment goals.
- Develop a holistic treatment approach, including determining treatment priorities and the appropriate intensity of therapy (including issues of timing as to when to use resources differently).

Audience

This course is designed for those who care for children (infant through school age) with complex feeding disorders; Dietitians, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Speech Language Pathologists, Psychologists, and Special Educators.

Help your patients achieve better outcomes.

Schedule – Day 1

*8:00-8:30	Registration/Continental Breakfast
8:30-10:30	Holistic evaluation from NICU to home: Assessment of the elements that impact feeding: cardiac, respiratory, gastro-intestinal, growth, medications and oral structures including ankyloglossia
10:30-10:45	Break
10:45-12:00	Holistic evaluation: The impact of sensory, motor and developmental issues on feeding
12:00-1:00	Lunch (on your own)
1:00-3:15	Holistic evaluation: The impact of anxiety, environment and parent-child interactions on feeding and eating
3:15-3:30	Break
3:30-4:30	Analyzing and determining the barriers to functional feeding
4:30-5:00	Clinical Problem-Solving: Case Studies: Autism, Chromosomal disorders, Prematurity, Structural deficits.

*Indiana only - Day one: Registration 8:30-9:00
Course Schedule 9:00-5:30

Schedule – Day 2

7:30-8:00	Continental Breakfast
8:00-10:00	Foundations for feeding the toddler/young child Physiological Readiness for optimal outcomes
10:00-10:15	Break
10:15-12:00	The importance of play, sensory integration and behavior management: Techniques that work
12:00-1:00	Lunch (on your own)
1:00-2:45	Treatment techniques that take the whole child into consideration Clinical Problem-Solving with Case Studies including children with selective eating issues, oral motor impairments, oral hypersensitivity and oral inexperience
2:45-3:00	Break
3:00-4:00	Treatment elements and techniques Outcome measurements

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Credits

This course meets the criteria for 13.5 contact hours (1.35 CEUs).

Approved by the **FL** Board of Occupational Therapy for 16 continuing education hours - CE Broker.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 13.5 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider - 13.5 PDUs



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This course is offered for up to 1.35 ASHA CEUs (Intermediate Level, Professional area)

Hours accumulated at this conference can be applied toward NY State Continuing Competency.

Please contact us with any special needs requests:
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Locations and Dates - 2019

May 2-3	Henrico, VA	Dorey Park Recreation Center
July 26-27	Noblesville, IN	Riverview Health
September 27-28	Orlando, FL	Winnie Palmer Hospital
October 26-27	Staten Island, NY	Staten Island University Hospital



\$435 fee. Deadline for registration is 3 weeks prior to course. Group rate (3 or more) must be mailed/faxed together \$410. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

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Limited enrollment. We encourage you to register online!

Practical Strategies for Treating Complex Pediatric Feeding Disorders / Tarbell-Bickley

May/VA July/IN Sept/FL Oct/NY

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

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Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

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