

# Treatment of the Child with Severe Impairments

Jackie Grimenstein PT, C/NDT, CKTP

## Faculty

**Jacqueline Grimenstein, PT, C/NDT, CKTP**, received her bachelor's degree in physical therapy from the University of Pittsburgh. She is a member of NDTA where she is a PT instructor. She is currently the Community Rehabilitation Education Coordinator at Weisman Children's Rehabilitation Hospital in Marlton, NJ. She has spent her career treating children with neurological impairments with an emphasis on children with severe disabilities. She has practiced in a wide variety of settings including rehab, the NICU and over 30 years within school settings. She served as an adjunct professor at the University of the Sciences in Philadelphia where she taught Intro to Pediatrics and Advanced Pediatrics. She was a founding steering committee member of the International Pediatric Rehab Collaborative (IPRC) that assisted with the re-standardization of the WeeFim and a member of their Outcomes and Best Practices committee. She is on the Board of Directors for NDTA as well as the conference planning committee, the Centers of Excellence committee, the Instructor Group Executive committee and writes for the NDTA Network. She presents continuing education courses on NDT, Therapeutic Taping in Pediatrics and Functional Exercise and Strengthening for the Child with Neurological Impairments both nationally and internationally.

Disclosure: Financial: Ms. Grimenstein receives a speaking fee from ERI for this course. Non-Financial: No relevant non-financial relationships to disclose.

## About this Course

Treating children with severe physical impairments, with or without cognitive impairments presents unique challenges. This course is designed for physical and occupational therapists who work with this population and want to expand their skills. We will explore the challenges of working in various settings and how to set treatment priorities for each setting. We will discuss realistic, functional goal setting and how to work to make goals achievable. We will explore dosing for this population who require lifelong service and how to build in carry over when not in active treatment. Practical labs working with an adult partner and doll will reinforce treatment concepts.

This course will cover:

- ① Classification systems that are relevant to the child with severe impairments
- ② The evaluation process
- ③ Functional goal setting
- ④ Treatment interventions based on system impairments
- ⑤ Major challenges that occur across the lifespan

## Objectives

- ① The student will be able to choose functional, achievable goals for a child with severe impairments
- ② The student will be able to discuss the role of standardized testing and the evaluation process for this population
- ③ The student will be able to identify system impairments that may interfere with function
- ④ The student will be able to identify at least three physical problems that can affect the child as an adult
- ⑤ The student will be able to demonstrate three treatment strategies for treatment of the child with severe impairments

## Audience

This course is appropriate for Occupational Therapists, Occupational Therapy Assistants, Physical Therapists and Physical Therapist Assistants. Information is relevant for children across the lifespan. Beginner to Intermediate Level.

## Schedule – Day 1

<b>7:30-8:00</b>	Registration/Continental Breakfast
<b>8:00-9:30</b>	<b>The unique opportunities and challenges of treating a child with severe impairments</b> Use of classification systems to define levels of involvement
<b>9:30 -10:15</b>	The Evaluation Process
<b>10:15-10:30</b>	Break
<b>10:30-11:15</b>	Role of Standardized Testing
<b>11:15-12:00</b>	Video Analysis: Evaluation
<b>12:00-1:00</b>	Lunch (on your own)
<b>1:00-2:30</b>	Treatment Demonstration
<b>2:30-3:15</b>	LAB: Facilitating Movement
<b>3:15-3:30</b>	Break
<b>3:30-4:30</b>	LAB: Focus on the Core

## Schedule – Day 2

<b>7:30-8:00</b>	Continental Breakfast
<b>8:00-9:15</b>	Video Analysis: Treatment
<b>9:15-10:00</b>	Goal Setting – What is Realistic, Yet Functional?
<b>10:00-10:15</b>	Break
<b>10:15-11:00</b>	Developing Treatment Strategies –Where Do I Start?
<b>11:00-12:00</b>	Treatment Strategies for Respiration and ROM
<b>12:00-1:00</b>	Lunch (on your own)
<b>1:00-2:00</b>	Adaptive Equipment
<b>2:00-3:30</b>	LAB: Intervention Strategies - Putting Things Together
<b>3:30-4:00</b>	Home Programs and Long-term Outcomes

**A 15-minute break will be scheduled in the afternoon.**

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## Credits

This course meets the criteria for 13.5 contact hours (1.35 CEUs). Application has been made to the **NJ** Board of Physical Therapy Examiners. This course meets the requirements of acceptable continuing education by the **NE** Board of Physical Therapy. The **WI** Board of Physical Therapy recognizes other state board's approvals. This workshop meets accepted standards for continuing competence as outlined by the **CT** General Statutes.

Approved provider by the NY State Board of Physical Therapy for 16.2 contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 13.5 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider-13.5 PDUs.

13.5 hours of this course qualify toward the 20 hours requirement for NDTA re-certification.

Please contact us with any special needs requests:  
[info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 508-359-6533

## Locations and Dates - 2020

<b>Feb 21-22</b>	Omaha, NE	Children's Hospital & Medical Center
<b>May 29-30</b>	Trumbull, CT	St. Vincent's Special Needs Services
<b>Oct 2-3</b>	Cedar Knolls, NJ	P.G. Chambers School

"Great seminar! Instructor was interesting and very knowledgeable!"

- Class Participant



\$435 fee. Group rate \$410 must be mailed/faxed together. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

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Limited enrollment. We encourage you to register online!

Treatment of the Child with Severe Impairments/Grimenstein

Feb/NE May/CT Oct/NJ

Course Registration Form

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Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Needed in the event of an emergency scheduling change

Email: \_\_\_\_\_

Please clearly print your email address for course confirmation

Employer: \_\_\_\_\_

Discipline: \_\_\_\_\_ Specialty: \_\_\_\_\_

How did you learn of this course \_\_\_\_\_

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

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