

SOFFI™:

Supporting Oral Feeding in Fragile Infants

Erin Sundseth Ross, PhD, CCC-SLP

Faculty

Erin Ross, PhD, CC-SLP is the creator of SOFFI™, recommended by the National Association of Neonatal Nurses to be used in conjunction with their feeding guidelines. For more than 25 years she has specialized in the development of feeding skills in medically fragile children. Her research focuses on the etiology and treatment of feeding and growth problems in infants and children. Dr. Ross holds a master's degree in Speech and Language Pathology and received a doctoral degree in Clinical Sciences – Health Services Research from the University of Colorado. Dr. Ross is a Clinical Instructor in the School of Medicine, Department of Pediatrics, at the University of Colorado, a faculty member of Rocky Mountain University of Health Professions and works in the NICU within several HealthONE hospitals in Denver. She is also the President of Feeding FUNDamentals, LLC.

Disclosure: Financial: Erin Ross receives a honorarium from ERI, is a paid consultant for Nestle (Gerber division) and Intertek, and is a paid speaker for Toomey & Associates, Inc. and employed by Feeding Fundamentals, LLC. Non-Financial: She is a volunteer chair on the Advocacy Committee for Feeding Matters and Intellectual Property Owner, SOFFI™. This presentation will focus exclusively on the SOFFI Approach to feeding and will not include information on other similar or related therapy.

About this Course

This course provides immediately applicable practical information to help clinicians better identify and treat the factors that impact successful oral feeding of preterm and ill term infants. Utilizing a multidisciplinary approach— both in the NICU and after discharge to early intervention through the first six months—the course emphasizes strategies to facilitate infant abilities and develop caregiver feeding skills. Breastfeeding is emphasized as the best feeding method for infants, with some strategies to support breastfeeding. However, most of the feeding strategies are for bottle feedings, since more infant feeding problems occur with bottle feedings. The objective is to identify feeding readiness and provide intervention strategies from a framework of normal development. A holistic research-based approach integrating the medical fragility of these infants is emphasized, using the BROSS approach and SOFFI™.

Objectives

- 1 Identify necessary components of infant development that indicate a readiness to begin and sustain oral feeding, including physiologic, motor and state organization
- 2 Discuss the development of oral-motor skills in preterm infants
- 3 Describe the interaction between medical and developmental levels as they relate to feeding readiness and the progression
- 4 Identify infants who are not following a normal progression
- 5 Use the BROSS approach to identify the development of oral feeding skills and use SOFFI™ to guide feeding decisions and intervention strategies
- 6 Use principles of normal development and developmentally supportive care to facilitate feeding progression, to include contributions of both the family and the professional team
- 7 Identify the impact of various medical conditions on oral feeding success

Audience

Designed for SLPs, PTs, PTAs, OTs, OTAs. This workshop is designed for individuals with several years experience working with family and staff to support oral feeding for infants in, or just discharged from the intensive care nursery, including speech/language pathologists, occupational therapists, physical therapists and early interventionists. Level of instruction: Intermediate to Advanced.

Help your patients achieve better outcomes.

Schedule – Day 1

7:30-8:00	Registration/Continental Breakfast
8:00-9:00	Introduction, Welcome & Family Roles and Expectations for Successful Nurturing and Feeding
9:00-10:00	Feeding as a Developmental Process–Physiologic, Sensory and State Development
10:00-10:15	Break
10:15-12:00	Feeding as a Developmental Process – Oral-Motor Development
12:00-1:00	Lunch (on your own)
1:00-3:00	Medical Issues that Impact Feeding Skills: chronic lung disease, cardiac defects, oral-Motor deficits, gastrointestinal disorders
3:00-3:15	Break
3:15-3:45	Effects of the NICU Experience: Changing the focus from volume to skill to build a foundation for optimal feeding and growth
3:45-5:15	Developmental Steps to Eating: The BROSS Approach
5:15-5:30	Introduction to SOFFI™

Schedule – Day 2

7:30-8:00	Continental Breakfast
8:00-10:15	Using SOFFI™ to Guide Decisions Regarding Readiness and Interventions for Infants Not Nipple Feeding
10:15-10:30	Break
10:30-11:45	Using SOFFI™ to Provide Supportive Interventions for Nipple Feeding (1)
11:45-12:45	Lunch (on your own)
12:45-2:30	Using SOFFI™ to Provide Supportive Interventions for Nipple Feeding (2)
2:30-2:45	Break
2:45-4:00	Using SOFFI™ to Provide Supportive Interventions for Nipple Feeding (3)

Testimonials

"This was one of the best courses I have ever attended. Erin's presentation was excellent and I appreciated the evidence-based focus with relevant clinical application. I would highly recommend this course to anyone interested in feeding."

– K. Richardson

ERI: Life-changing learning

You love what you do. Our courses remind you why. As a therapist, you change lives every day – and have your life changed in return. ERI is life-changing learning, for therapists by therapists.

The ERI Advantage:

- Techniques you'll use the next day
- Peers who share your passion
- Renowned faculty
- Evidence-based courses that improve outcomes
- 30 years of life-changing learning

Specialty Tracks throughout the lifespan – Neonatal, Pediatric, Adult, Geriatric

Each ERI specialty track is designed to make the most of your continuing education time, budget, and goals. Start your search with us and plan every course you will take in 2020.

Visit educationresourcesinc.com for all your 2020 courses.

ERI Rewards

Your ERI experience is more rewarding than ever.

- First Course Discount
- Bring a Friend Savings
- Group Discounts

Credits

This course meets the criteria for 14.5 contact hours (1.45 CEUs). The **DC, DE,** and **VA** Boards of Physical Therapy recognize other state board approvals. Application has been made to the **MD** Board of Physical Therapy Examiners. **TX** Physical Therapy Association approved provider. Application has been made to the **FL** Physical Therapy Association for 17 continuing education contact hours.

Approved provider by the **NY** State Board of PT for 17.4 contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 14.5 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved by the **TX** Board of OT Examiners.

This program has been submitted for approval of 14.5 clock hours of continuing education credit by the TX Speech Language-Hearing-Association (TSHA). TSHA approval does imply endorsement of course content, specific products or clinical procedures

Approved provider of the **FL** Board of Occupational Therapy-CE Broker.



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.45 ASHA CEUs (Intermediate Level, Professional area)

This course meets the criteria for 14.5 hours towards NANT Certification NBCOT professional development provider – 14.5 PDUs
Please contact us with any special needs requests:
info@educationresourcesinc.com or 508-359-6533

Locations and Dates 2020

Jan 31-Feb 1	Houston, TX	Texas Children's Hospital
April 24-25	TBD	TBD
Aug 6-7	Winter Park, FL	Florida Hospital Pediatric Rehabilitation
Nov 13-14	Washington, DC	MedStar Washington Hospital Center
Dec 4-5	TBD	TBD



\$450 fee. Group rate (3 or more) must be mailed/faxed together \$425. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12 • Medfield, MA 02052
508-359-6533 or 800-487-6530 (outside MA) FAX 508-359-2959 • www.educationresourcesinc.com

Limited enrollment. We encourage you to register online!

SOFFI™/Sundseth Ross

☐Sept/LA ☐April/TBD ☐Aug/FL ☐Nov/DC ☐Dec/CA

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

☐ I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above:

Signature _____

Amount charged _____

I hereby authorize you to charge my: ☐ VISA ☐ MC ☐ DISCOVER# _____

Exp. Date _____ CVV2 Code _____

Register at educationresourcesinc.com