

Contemporary Thoughts on Treating the Child with Hypotonia

Collen Carey, DPT, C/NDT



Faculty

Colleen Carey, DPT, C/NDT is a dynamic speaker and expert in the fields of early intervention, therapeutic handling, and functional goal outcomes. Colleen has extensive experience with a variety of developmental disorders and coordination disorders including cerebral palsy and autism, and has worked in early intervention, school districts and rehabilitation centers. She supports families across cultural and ethnic barriers and is a passionate advocate for children and families. Colleen holds an active certification in NDT, is an accomplished Coordinator Instructor with NDTA, and serves in leadership roles within NDTA. She studied at Quinnipiac College, New York University, and Temple University with a focus on developmental disabilities. Colleen. She operates the Children's Therapy Center, a pediatric outpatient center in Ambler, PA.

Disclosure: Financial: Ms. Carey receives a speaking fee from ERI. Non-Financial: Ms. Carey has no non-

financial relationships to disclose

About this Live Webinar

This workshop, held over 2 days, focuses on using the NDT Practice Model in treating the child with hypotonia. Specific strategies to improve motor control in this population will be presented. Treatment strategies based on the common impairments of the sensorimotor system in this population will be demonstrated through the use of videotapes, case studies and practice labs. Participants

Objectives

- 1 Describe the common impairments seen in children with hypotonia.
- 2 Utilize current motor control research as it applies to postural control in the child with hypotonia
- 3 Analyze movement patterns of the hypotonic child.
- 4 Apply the principles of improving alignment, base of support and control of weight shift
- 5 Explain the role of SMART goals in treatment planning for the child with hypotonia

Audience

OTs, OTAs, PTs, PTAs, working with children with hypotonia, infancy through adolescence.

Schedule Day 1 10:40am to 4:45pm EST (US)

- 11:00-12:00** Motor Control in the Child with Hypotonia
- 12:00- 1:00** Assessment with the NDT Practice Model
- 1:00-1:15** Break
- 1:15-2:00** Video Assessment of Child with Hypotonia
- 2:00-2:45** Significance of the Trunk
- 2:45-3:00** Break
- 3:00-4:00** **LAB:** Movement synergies and the impact on function
- 4:00-4:45** Bracing and Therapy Adjuncts

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Schedule Day 2 10:40am to 4:45pm EST (US)

- 11:00-12:15** **LAB:** Strategies for the Trunk, shoulder stability, hip stability, hand function
- 12:15-12:45** CASE ANALYSIS/VIDEOS: Treatment case 1 to illustrate clinical reasoning
- 12:45-1:00** Break
- 1:00-2:15** Critical impairments of the Child with Hypotonia
- 2:15-3:00** Treatment Planning & Goal Writing
- 3:00-3:15** Break
- 3:15-4:15** GROUP ANALYSIS/PROBLEM SOLVING: Children with hypotonia
- 4:15-4:45** CASE ANALYSIS/VIDEO: Treatment case 2 to illustrate clinical reasoning

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Credits

This course meets the criteria for 10.5 contact hours (1.05) CEUs, Intermediate Level. Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm.

Application has been made to the **FL** Physical Therapy Association for 12.5 continuing education contact hours.

Approved by the **MD** Board of Physical Therapy for 1.0 CEU. Approved by the **NJ**, and **OK** Boards of Physical Therapy for 10.5 contact hours.

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This course meets the approval of the **TX** Board of OT Examiners.

10.5 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

Webinar Dates and Times- 2021

April 30 and May 1, 2021

10:40 am EST • 9:40 am CST • 8:40 am MST • 7:40 am PST (US)

Registration is for all sessions. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the Webinar.



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WEBINAR: Contemporary Thoughts on Treating the Child with Hypotonia/Carey

April 30 and May 1, 2021

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