

# Treating Infants and Families in the NICU and Beyond



Roberta Gatlin, PT, DSc, PCS

## Faculty

Roberta “Bertie” Gatlin, PT, DSc, PCS is Associate Professor at South College Knoxville, TN in the School of Physical Therapy. She graduated from University of Memphis in 1986 with a BS in Special Education and from the University of Tennessee Health Science Center in 1989 with a BS in Physical Therapy and completed her Doctorate of Science with an emphasis in Neurological and Pediatric Physical Therapy in 2013. She received her Board Certified Pediatric Clinical Specialty in 2001 and recertification in 2011. Her experience draws from over 30 years in the field of pediatric physical therapy. Bertie’s experience encompasses physical therapy within the NICU, acute care, developmental follow-up clinic and outpatient pediatrics servicing all populations. Her research has focuses on Neonatal Abstinence Syndrome, wound care practices for the premature infant in a NICU setting and interprofessional experiences for entry level physical and occupational therapy students within simulated intensive care settings. Bertie currently holds the Secretary position for the Tennessee Physical Therapy Association Executive Committee, Finance Committee member and Neonatology Special Interest Group’s Vice-Chair position for the Academy of Pediatric Physical Therapy of the American Physical Therapy Association.

Disclosure: Financial: Roberta Gatlin receives a speaking fee from Education Resources, Inc. for this course. Non-Financial: Roberta Gatlin is a committee member for the Neonatal Special Interest Group and Finance Committee of APPT.

## About this Webinar

This engaging course is designed to provide participants with tools and strategies to prepare the NICU patient and family for discharge and transition home. Class participants will learn to evaluate, identify, and optimize services and care for NICU graduates as well as to enhance home based and/or outpatient clinical setting skills. Evidence based medical, developmental and outcome data will be discussed to inform treatment, best practices, and management of the medically fragile NICU child.

## Objectives

- 1 Provide evidence-based thoughts and comments for recommendations of follow up care of an infant and family/caregiver after discharge from the NICU
- 2 Provide rationale for selection of a therapeutic intervention plan of care with a post NICU infant and their family/caregiver
- 3 Determine positioning needs within a therapeutic intervention plan with the post NICU infant and their family/caregiver
- 4 Determine the need for developmental follow up, family intervention, and a positioning and handling programming for NICU graduates

## Audience

This course is designed for therapists and developmental specialists working with the infant and family in the NICU, PICU, EI and home, up to their first year after discharge.

Help your patients achieve better outcomes.

## Schedule – Day 1 5:40pm - 10:00pm EST (US)

5:40–6:00 Webinar Registration/Zoom Course Opens

6:00–8:00 The NICU Journey

8:00–8:15 Break

8:15–10:00 Neurobehavioral System of the Infant  
Born Premature

## Schedule – Day 2 5:40pm - 10:00pm EST (US)

5:40–6:00 Webinar Registration/Zoom Course Opens

6:00–8:00 Hierarchy of Systems Development  
How Does the Premature Infant  
Communicate?  
Developing Observational Skills to recognize  
an Infant's Signs of Intervention Readiness,  
Warning and Stress Behaviors.

8:00–8:15 Break

8:15–10:00 Patient Family Centered Care Model &  
Facilitating the Transition to Home  
Outcome/Expectations and Developmental  
Needs for Common Diagnoses of the NICU  
Graduate. RDS/HMD, CLD, IVH/PVL,  
Discordancy, Multiple Births, ROP, Late  
Preterm, NAS

## Participant Requirements:

Participants will need to have a doll and two baby blankets available to practice techniques during the webinar.

## Schedule – Day 3 5:40pm - 9:30pm EST (US)

5:40–6:00 Webinar Registration/Zoom Course Opens

6:00–8:00 Typical Development: Newborn-15 months  
Clinical Assessment Standardized Tests and  
Measures

8:00–8:15 Break

8:15–9:30 Clinical Assessment: Typical/Atypical  
Developing Infants & Children

## Schedule – Day 3 5:40pm - 9:30pm EST (US)

5:40–6:00 Webinar Registration/Zoom Course Opens

6:00–8:00 Managing the Post NICU Infant & the  
Medically Fragile NICU Graduate

8:00–8:15 Break

8:15–9:30 **LAB:** Handling and Positioning Strategies

"Bertie is very passionate about the care of neonates, which clearly comes across in her course. She has wonderful knowledge and experience to share. I highly recommend this course especially to therapists working in the NICU." - L. Scott, PT

"I thoroughly enjoyed this presentation as the speaker was not only engaging but very hands on and informative/ relevant to the NICU rehabilitative experience." - M. Purser, SLP

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### Credits

This course meets the criteria for 15 contact hours (1.5) CEUs, Intermediate Level. Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm. Application has been made to Illinois EI Training Program. Approved by **KY, NJ, OK** Boards of Physical Therapy. Dieticians will receive 15 hours. This course meets the criteria for 15 hours that can be applied toward the Neonatal Therapy National Certification. Application has been made to the **FL** Physical Therapy Association for 18 continuing education contact hours. Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 18 contact hours. Approved provider by the **NY** State Board of Physical Therapy for 18 contact hours (1.8 CEUs). Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, KY** and **TX**. The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, MA, ME, MT, NE, ND, NH,**

**SD WA**



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 15 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. NBCOT professional development provider-15 PDUs.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker 18- hours. This course meets the approval of the **TX** Board of OT Examiners. 12 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.5 ASHA CEUs (Intermediate level, Professional area). This program has been submitted for approval of 15 clock hours of continuing education credit by the **TX** Speech Language-Hearing-Association (TSHA). TSHA approval does not imply endorsement of course content, specific products or clinical procedures. This course meets the criteria for 15 hours that can be applied toward the NTNCB Neonatal Therapy Certification.

Please contact us with any special needs requests: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com)

Education Resources, Inc. 266 Main St, Medfield, MA. 02052 • 800-487-6530

### Webinar Dates and Times

June 3, 10, 17, and 24, 2021

5:40 pm EST • 4:40 pm CST • 3:40 pm MST • 2:40 pm PST (US)

Registration is for all sessions. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to first date of webinar.



\$369 fee. LIMITED ENROLLMENT Cancellation will be accepted until 14 days prior to the start date of the course, minus an administration fee of \$75. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after the deadline on a space available basis. We encourage you to register online!

**WEBINAR: Treating Infants and Families in the NICU and Beyond/Roberta Gatlin**  
 **June 3, 10, 17, and 24, 2021**

**Course Registration Form**

Name: \_\_\_\_\_

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Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled.

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