

# Contemporary NDT Treatment of the Baby and Young Child



Suzanne Davis Bombria PT, C/NDT

## Faculty

Suzanne Davis Bombria, PT, C/NDT brings first-hand practical experience to her courses as she is the mother of a son who has cerebral palsy. She is an internationally recognized therapist and speaker and is a Neuro-Developmental (NDT) Coordinator-Instructor for the intensive NDTA™ Certification course in pediatrics for physical, occupational & speech therapists. Ms. Davis Bombria is one of the investigators in the project titled “Multi-modal intervention for children with cerebral palsy: A randomized controlled trial,” at Southern Cross University in Australia. Cerebral Palsy Magazine, NDTA Network & Therapy Skill Builders have published her writings. Her passion for her work, which expands over thirty years as a pediatric therapist and instructor, along with her easy presentation style, provide the theoretical and practical solutions all therapists can immediately apply with their patient population.

Disclosure Financial: Ms. Davis Bombria receives a speaking fee when she teaches for Education Resources. NonFinancial: Ms. Davis Bombria is a member of the instructor group of NDTA.

## About this Course

Learn how to **assess and treat** babies from birth to 3-years-old with known or suspected neuromotor impairments. An emphasis will be placed on the **practical application** of treatment strategies to gain **functional outcomes** appropriate for this age group. Find out why this age is the time to emphasize **prevention** to maximize outcomes for gross motor, sensory motor, fine motor and respiration. Learn how to **collaborate with families** and share strategies that the parents can incorporate into **daily life** in order to optimize their child’s development. Enhance your **creativity** in making recommendations and modifying appropriate baby equipment. You will leave the course with practical treatment strategies that you can **immediately incorporate** into your practice.

## Objectives

- 1 Identify sensory-motor differences specifically related to infants
- 2 Apply current research to increase effectiveness of intervention
- 3 Incorporate findings of an observational assessment into treatment
- 4 Analyze gross motor, fine motor, and respiratory function
- 5 Develop treatment strategies for the infant and toddler that lead to developmental & functional change
- 6 Identify appropriate adaptive equipment for the 0-3-year-old & consider creative means to design modifications for typical baby equipment
- 7 Discuss family factors and identify practical home program ideas

## Audience

This course is designed for Physical, Occupational and Speech Therapists and assistants who are seeking to improve their skills with the 0 - 3-year-old population. Course content is not intended for use by participants outside the scope of their license or practice act.

Help your patients achieve better outcomes.

## Schedule – Day 1

- 8:30-9:00 Registration/Continental Breakfast
- 9:00-10:30 Research as it applies to intervention
- 10:30-10:45 Break
- 10:45-12:00 Research as it applies to intervention (cont.)
- 12:00-1:00 Lunch (on your own)
- 1:00-2:45 **VIDEO:** From observational assessment to treatment
- 2:45-3:00 Break
- 3:00-4:30 Grading of input for babies:  
Spine, rib cage and respiratory development

## Schedule – Day 2

- 8:30-9:00 Continental Breakfast
- 9:00-10:15 **LAB:** Spine, rib cage and respiratory treatment including video
- 10:15-10:30 Break
- 10:30-11:30 Treatment demonstration
- 11:30-12:00 Discussion
- 12:00-1:00 Lunch (on your own)
- 1:00-2:30 **LAB:** Gross motor & UE development and treatment
- 2:30-2:45 Break
- 2:45-4:30 **LAB:** Gross motor & UE development and treatment (cont.)

## Schedule – Day 3

- 7:30-8:00 Continental Breakfast
- 8:00-9:00 **LAB:** Gross motor & UE development treatment (cont.)
- 9:00-10:00 Treatment demonstration
- 10:00-10:15 Break
- 10:15-10:45 Discussion
- 10:45-12:00 **LAB:** Transitional movements, standing & walking
- 12:00-1:00 Lunch (on your own)
- 1:00-3:15 **LAB:** Forearm, wrist and hand treatment  
Parent perspective  
Adaptive equipment

## Participant Requirements

Therapists must bring a 20-inch doll with moveable arms & legs with no plastic body parts or limbs, such as a rag doll. Contact [hdquliting.com](http://hdquliting.com) if you need to purchase a therapy doll.

## Online Courses

We've infused the excitement and clinical relevance of our live courses into new online series  
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## Credits

This course meets the criteria for 18 contact hours (1.8) CEUs. Application has been made to the NJ Board of Physical Therapy Examiners and the MN Board of Physical Therapy. The DE, DC, IN, PA and VA Boards of Physical Therapy recognizes other state's approvals. TX Physical Therapy Association accredited provider.

Approved provider by the NY State Board of Physical Therapy for 21.6 contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 18 contact hours (1.8 CEUs) - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved by the TX Board of OT Examiners.



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.8 ASHA CEUs (Intermediate Level, Professional area)

NBCOT professional development provider - 18 PDU

18 hours of this course qualify toward the 20 hours requirement for NDTA recertification.

Please contact us with any special needs requests: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 508-359-6533

## Locations and Dates 2020

Feb 21-23	New Brunswick, NJ	Children's Specialized Hospital
March 20-22	Pearland, TX	Riverkids Pediatric Home Health
May 15-17	Washington, D.C.	Medstar Georgetown University Hospital
Oct 9-11	Indianapolis, IN	Franciscan Health Indianapolis
Dec 4-6	Minneapolis, MN	Children's Hospitals & Clinics of MN



\$650 fee. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. .266 Main St., Suite 12 • Medfield, MA 02052 508-359-6533 or 800-487-6530 (outside MA) FAX 508-359-2959 • www.educationresourcesinc.com

Limited enrollment. We encourage you to register online!

**Contemporary NDT Treatment/Davis**

Feb/NJ March/TX May/DC Oct/IN Dec/MN

**Course Registration Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Needed in the event of an emergency scheduling change

Email: \_\_\_\_\_

Please clearly print your email address for course confirmation

Employer: \_\_\_\_\_

Discipline: \_\_\_\_\_ Specialty: \_\_\_\_\_

How did you learn of this course \_\_\_\_\_

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

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