

Management of Persistent Post Concussive Symptoms: What's the Latest Evidence?

Christina Finn Ed.D, OTR/L

Faculty

Christina Finn MS, OTR/L graduated from the University of Scranton in 2004 with a master's degree in Occupational Therapy and is currently an associate professor of occupational therapy at the New York Institute of Technology in Westbury, NY where she teaches classes in physical rehabilitation and motor learning. Prior to attaining a full-time faculty position, Christina worked at NYU Rusk for 10 years. During her time, she worked extensively with individuals with visual difficulties as a result of brain injury, concussion, and other neurological conditions. She has experience in all areas of rehabilitation across the spectrum of care, including acute care, inpatient, and outpatient rehabilitation. She has attended several vision therapy training courses and holds a certification in adult vestibular rehabilitation. Christina has presented to health care professionals on the topic of vision rehabilitation and has presented nationally on the topic of post-concussion syndrome.

Disclosure: Financial: Christina receives a speaking fee from Education Resources.

Non-Financial: She has no non-financial relationships to disclose.

About this On-demand Course

This course will provide updates on the latest research related to diagnosis and management of concussion and persistent post concussive symptoms. This course will focus on the latest relevant and evidence-based assessment and treatment strategies for adults and children with prolonged visual, vestibular, and sensory complaints as a result of concussion. Effective treatment strategies to improve visual skills, balance, and sensory integration for optimal return to all daily tasks will be highlighted. Best practice guidelines for return to learn, return to play, and return to work will be highlighted. Participants will engage in clinical problem solving via group case analysis and discussion.

Learning Objectives

- Apply current research to diagnosis and treatment of concussion and post-concussion syndrome
- Determine when referral is indicated to address co-morbidities
- Assess visual function, balance and ability to participate in daily tasks (including cognitive)
- Implement treatments to remediate oculomotor dysfunction, sensory integrative dysfunction and visual motor skills impairment
- Implement training techniques and compensatory strategies including cognitive strategies to help the patient transition back to work, school and daily tasks

Audience

This course is relevant for therapists working with individuals of all ages including school aged children, young adults and older adults who may have sustained a concussion as a result of fall, MVA, sports injury or other accident.

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Credits

Continuing Education Hours for disciplines not listed below: 9 contact hours (0.9 CEUs). Intermediate level.



Education Resources Inc. is an AOTA Approved Provider of professional development. This Distance Learning-Independent course is pending AOTA approval for 10 contact hours 1.0 CEUs (Intermediate, OT service delivery, Foundational Knowledge). AOTA does not endorse specific course content, products or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 9 units. Provider for the FL Occupational Therapy Association CE Broker for 10.5 CE Hours



Education Resources, Inc.
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Approved CE Provider for up to 0.9 CEU's.

Course meets the basic criteria of the MD Board of Physical Therapy Examiners for 0.9 CEU's, 9 contact hours.

Approval #____ by the NJ State Board of Physical Therapy Examiners for 9 CEC's.

Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 10.5 contact hours.

Approved provider by the NY State Board of Physical Therapy for 10.5 contact hours (1.05 CEUs).

Education Resources is an approved agency by the PT Board of CA for 9 contact hours.

Approved by the APTA Kentucky, A Chapter of the American Physical Therapy Association, for 9 Category 1 contact hour(s).

This activity is provided by the TX Board of PT Examiners for 9 CCUs and meets continuing competence requirements for PTs and PTAs licensure renewal in TX. 9 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

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Cost - \$299