Neonatal Therapy – Establishing Skills for Independent Practice - Part 2 Anjanette Lee, MS, CCC/SLP, CNT, NTMTC



Faculty

Anjanette Lee, MS, CCC/SLP, CNT, NTMTC has over 25 years' experience in the NICU, receiving NIDCAP certification in 1999 and then helping her NICU's quality improvement team incorporate family centered, neuroprotective, and neuropromotive care practices as standards of care. As an imbedded NICU therapist, she is passionate about sharing knowledge with and utilizing all members of the neonate's care team to support best neurodevelopmental outcomes. As a result, Anjanette provides ongoing education and mentorship for other Neonatal Therapists and NICU staff both within her hospital system and across the nation. Anjanette is certified in Neonatal Touch & Massage and was one of the first Certified Neonatal Therapists in the nation. She has coauthored chapters in Kenner & McGrath's 1st edition of Developmental Care of Newborns & Infants, and Case-Smith & O'Brien's 7th edition of Occupational Therapy for Children. She serves as coleader of the National Association of Neonatal Therapists Professional Collaborative and has co-authored NANT's Neonatal Therapy Core Scope of Practice and Practice Competencies for the Neonatal Therapist. Anjanette also serves on the NANT national conference planning committee and is part of the teaching faculty for the NANT Ignite program.

Disclosure:

Financial: Ms. Lee receives an honorarium from Education Resources, Inc. Non-Financial: No non-financial disclosures to report.

About this Course

This second of a 4-part series focuses on the final four Fundamental Knowledge components: perinatal medical history, NICU equipment, ethical considerations in the NICU, and neonatal therapy assessment tools. This series will be perfect for NTs studying for the Neonatal Therapy Certificate Exam and for those beginning to establish competency by 1) laying a foundation of fundamental knowledge, 2) closing gaps within core competencies, and 3) assuring both fundamental knowledge and core competency knowledge are applied during NICU interventions.

Learning Objectives

- Recognize what components of the perinatal history are most relevant to NT practice
- Determine the impact of NICU equipment used in both the micro- and macro-environments on premature infant development
- Identify the indications and contraindications for use of NICU equipment and products
- Relate professional codes of ethics to the direct provision of neonatal therapy in the advanced practice area of the NICU
- Determine appropriate use of age-appropriate formal and informal assessment tools
- Analyze the components and format of key assessment instruments used in the NICU and NICU follow-up clinic

Audience

Neonatal therapists, PTs, OTs, SLPs with experience working with infants in the Neonatal Intensive Care Unit.



SCHEDULE (4.0 HOURS total)

Using the Neonatal Medical History to Better Understand Our Neonates' Support and Intervention Needs

- Maternal History Components,
 Relevance and Application
 - Prenatal
 - Perinatal
- Infant History Components, Relevance and Application
 - Prenatal, Perinatal, Postnatal
 - Physiologic Processes of Comorbidities
 - o Diagnostic Exams
 - o Laboratory Tests
 - Medications & SideEffects
 - Enteral Feeding History
 - Abbreviations & Acronyms

Equipment in the NICU – It All Has an Impact. Understanding the indications/contraindications for use and implications for your NT practice

- Macro-environment Equipment
- Micro-environment Equipment
- Positioning & Handling Products
- Sensory Input/Regulation Products
- Feeding Equipment & Products

Continued...

Assessment Tools That Can be Used by All Three Disciplines

- Neonatal Behavioral Assessment Scale
- Assessment of Preterm Infant Behavior
- NICU Network Neurobehavioral Scale
- Hammersmith Neonatal Neurological Examination
- Newborn Individualized Developmental
- Care and Assessment Program –
 Naturalistic Observation of Newborn
 Behavior
- Test of Infant Motor Performance
- Alberta Infant Motor Scale
- Prechtl General Movements
 Assessment
- Early Feeding Skills Assessment
- Neonatal Eating Outcome Assessment
- Infant Driven Feeding Scales
- Neonatal Oral Motor Assessment Scale

Ethical Considerations for Neonatal Therapy Practice Understanding Your Responsibilities within this advanced practice setting & how your governing organization's ethical standards can help support your work.

- What our governing organizations outline.
- Applying outlined principals to the NICU population and culture.



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Credits:

This course meets the criteria for 4 contact hours (0.4 CEUs) Intermediate Level.



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This course can be used toward your NBCOT renewal requirements for 4 units. Approved provider of the FL Board of Occupational Therapy-CE Broker – 4.5 hrs. This course meets the approval of the TX Board of OT Examiners.



Education Resources, Inc. Intermediate level 0.4 ASHA CEUs

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Application has been made to the **MD** Board of Physical Therapy Examiners. Application has been made to the **NJ** Board of Physical Therapy Examiners.

Application has been made to Illinois EI Training Program.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 4.5 contact hours.

Approved provider by the **NY** State Board of Physical Therapy for 4.5 contact hours (0.45 CEUs). Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA**, **KY**, **OK** and **TX**. The following state boards of physical therapy accept other states' approval: **AK**, **AR**, **AZ**, **DC**, **DE**, **GA**, **HI**, **ID**, **IN**, **KS**, **MA**, **MI**, **MO**, **MS**, **NC**, **OR**, **PA**, **RI**, **SC**, **UT**, **VA**, **VT**, **WI**, **WY**. The following state boards of physical therapy either do not require course preapproval or do not require CEUs for re-licensure: **AL**, **CO**, **CT**, **IA**, **ME**, **MT**, **NE**, **ND**, **NH**, **SD**, **WA**. 4.5 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification. This course meets the criteria for 4 hours that can be applied toward the Neonatal Therapy National Certification.

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COST - \$199