

Collaborative Dementia Care: Integrating Person-Centered Strategies for Positive Outcomes

Robyn Ligotti, PT, DPT

Faculty

Robyn Ligotti, PT, DPT, RAC-CT, CDP, QCP is the owner of Rehab Resource Solutions, LLC Consulting and is a licensed DPT with over 35 years of experience. The scope of her practice has encompassed many settings including skilled nursing facilities, home health, outpatient rehab, wellness and prevention and inpatient rehab, but always with the older adult population. She has managed multi-disciplinary teams in skilled nursing facilities, home health and outpatient rehabilitation. Her Certifications include: Dementia Practitioner, Resident Assessment Coordinator and Quality Assurance Performance Improvement Certification. She is dedicated in her belief that the key to achieving strong outcomes is establishing a team of professionals who use critical thinking evidence-based skills in day-to-day practice. She has provided education to rehab and nursing teams and other disciplines throughout her career on safe patient handling, understanding Medicare and rehab specific treatments and approaches to care. Dr. Ligotti graduated with her B.S. in P.T. from Russell Sage College and received her Doctor of P.T. from Sage Graduate School.

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About this Course

This Over 55 million people are living with dementia in the world today, with an expected doubling every twenty years. 1 in 3 people will develop dementia in their lifetime. Home Health is at the forefront of the many services people require to be successful at home, therefore the number of people under our care who have dementia will only increase in the near future. Utilizing effective strategies for communicating, educating, and treating persons living with dementia and their caregivers will give people the best chance to live healthy and full lives at home for as long as possible. While often our primary reason for initiating treatment is not a dementia diagnosis, we must recognize and be comfortable with altering our communication and intervention strategies when someone with dementia is under our care. Evidence-based tools we can call upon in our role as Home Health Physical and Occupational Therapists, Assistants, and Speech and Language Professionals will aid us in helping clients reach their goals and achieve strong outcomes.

Learning Objectives

- Integrate communication approaches into treatment plans to obtain optimal functional outcomes.
- Select evidence-based interventions appropriate for persons living with dementia when establishing plans of care.
- Determine appropriate strategies for caregiver education to enhance carryover.
- Formulate appropriate documentation demonstrating skilled services when working with persons living with dementia.

Audience

This advanced course is designed for OTs, PTs and SLPs who work in the adult home care setting.

Help your patients achieve better outcomes.

SCHEDULE (7.0 HOURS total)

1 hour

Dementia, Mild Cognitive Impairment, Delirium,
Depression, Post-Covid Cognitive Loss

30 minutes

Memory: Types, Retrieval and Utilization

30 minutes

Staging and Progression in Dementia

1 hour 15 minutes

Communication Strategies in Behavior Management

1 hour

Screens, Tests and Measures

- Cognition Screening & Tests
- Evidence-based Tests when Dementia is a Secondary Diagnosis: ADLs & Mobility
- Dysphagia, Dehydration, ICU/PICS, Delirium Screening Tools

45 minutes

Evidence-based Therapeutic Interventions

- Learning Methods – Errorless Learning, Spaced Retrieval, Trial & Error
- Establishing Positive Interactions
- Functional Exercise – High Intensity, Aerobic, Strengthening
- Dual-Task Training
- Modifications based on Stage – General & Discipline Specific

Continued...

30 minutes

Caregiver Education: Strategies for Engagement

30 minutes

Oasis-E and Documentation

30 minutes

Case Discussion

30 minutes

Post-Test

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Credits:

Continuing Education Hours for disciplines not listed below: 7 contact hours (0.7 CEUs).
Advanced level.



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This course can be used toward your NBCOT renewal requirements for 7 units.
Provider for the **FL** Occupational Therapy Association CE Broker for 8 CE Hours.



Education Resources, Inc.
Advanced level
0.7 ASHA CEUs

ASHA CEUs are awarded by the ASHA CE Registry upon receipt of the CEU Participant Form from the ASHA. ASHA credits are accepted by the **TX** Department of License and Renewal. This course has been approved by the **MD** State Board of Physical Therapy Examiners. Approval # _____ by the **NJ** State Board of Physical Therapy Examiners for 7 CEU's. Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 8 contact hours.

Approved provider by the **NY** State Board of Physical Therapy for 8 contact hours (0.8 CEUs). Education Resources is an approved agency by the PT Board of **CA** for 7 contact hours. This activity is provided by the **TX** Board of PT Examiners accredited provider #2210017TX for 7 CCUs and meets continuing competence requirements for PTs and PTAs licensure renewal in **TX**. Approved Provider for **OK** State Board of Medical Licensure & Supervision #BAP202310003.

7 hours of this course qualifies towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification. The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, KY, MA, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, ME, MT, NE, ND, NH, SD, WA**.

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COST - \$229