

Neonatal Therapy – Establishing Competency for Independent Practice Part 3 - Core Practice Component

**Anjanette Lee, MS, CCC/SLP,
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Faculty

Anjanette Lee, MS, CCC/SLP, CNT, NTMTC has over 25 years' experience in the NICU, receiving NIDCAP certification in 1999 and then helping her NICU's quality improvement team incorporate family centered, neuroprotective, and neuropsychiatric care practices as standards of care. As an imbedded NICU therapist, she is passionate about sharing knowledge with and utilizing all members of the neonate's care team to support best neurodevelopmental outcomes. As a result, Anjanette provides ongoing education and mentorship for other Neonatal Therapists and NICU staff both within her hospital system and across the nation. Anjanette is certified in Neonatal Touch & Massage and was one of the first Certified Neonatal Therapists in the nation. She has co-authored chapters in Kenner & McGrath's 1st edition of Developmental Care of Newborns & Infants, and Case-Smith & O'Brien's 7th edition of Occupational Therapy for Children. She serves as co-leader of the National Association of Neonatal Therapists Professional Collaborative and has co-authored NANT's Neonatal Therapy Core Scope of Practice and Practice Competencies for the Neonatal Therapist. Anjanette also serves on the NANT national conference planning committee and is part of the teaching faculty for the NANT Ignite program.

Disclosure:

Financial: Ms. Lee receives an honorarium from Education Resources, Inc.

Non-Financial: No non-financial disclosures to report.

About this Course

This third of a 4-part series focuses on the acquisition of core component skill sets needed within each of the six domains of Neonatal Therapy prior to independent practice in the NICU. This series will be perfect for NTs studying for the Neonatal Therapy Certificate Exam and for those beginning to establish competency by 1) laying a foundation of fundamental knowledge, 2) closing gaps within core competencies, and 3) assuring both fundamental knowledge and core competency knowledge are applied during NICU interventions.

Learning Objectives

- Recognize what components make up the Micro- and Macro-environments.
- Determine strategies for modification of components within the infant's micro- and macro-to support optimal premature infant development.
- Relate family and psychosocial components to an infant's development.
- Utilize knowledge from assessment of family needs in the formulation of therapy and discharge planning.
- Recognize the importance of accurate interpretation of neurobehavioral responses in relation to NT assessment and intervention.
- Apply infant competencies, sensitivities, and thresholds to assessment and intervention strategies.

Audience

PTs, OTs and SLPs. This series will be great for NTs studying for the Neonatal Therapy Certificate Exam and for those beginning to establish competency.

SCHEDULE (4.0 HOURS total)

The Acquisition of Core Component Skill Sets

- Where Should You Begin?
 - Self Assessment
 - Mentor Acquisition

Domain 1 – Environment

Understanding and assessing the components of the NICU environment in order to optimize support of infants at all stages of development

- Micro- and Macro-Environments
- Light
- Sound
- Olfactory
- Thermoregulation
- Humidification
- Bedding & Clothing
- Invasive Lines
- Respiratory Support Devices
- Family Presence/Participation
- NICU Culture & Therapeutic Use of Self

Domain 2 – Family/Psychosocial Components that will help you support parents to acquire confidence and competence in their early parenting skills.

- Maternal/Infant History
- Family Background
- Parenting Skills
- Family Communication
- Family & Ethical Considerations
- Family Stress
- Palliative Care
- Family Resources and Referrals
- Family Discharge Needs

Continued...

Domain 3 – Neurobehavioral Understanding the interplay between subsystems to help you accurately interpret the infant's neurobehavioral responses to internal and external stimuli

- Autonomic Nervous System
- Motor System
- State System
- Attention/Interaction System
- Self-Regulatory System
- Neurobehavioral Organization

Putting It All Together

How do we support parent confidence and competence during ADL's

Post Test

ERI: Life-changing learning

You love what you do. Our courses remind you why. As a therapist, you change lives every day – and have your life changed in return. ERI is life-changing learning, for therapists by therapists.

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Credits:

This course meets the criteria for 4 contact hours (0.4 CEUs) Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID# 09013. This Distant Learning-Independent course is offered at 4 contact hours 0.4 CEUs, (Intermediate level, OT Service Delivery & Foundational Knowledge). AOTA does not endorse specific course content, products or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 4 units.

Provider for the FL Occupational Therapy Association CE Broker for 4.5 CE Hours - approval #20-1268390.



Education Resources, Inc.
Intermediate level
0.4 ASHA CEUs

Application has been made to AHSA. ASHA CEUs are awarded by the ASHA CE Registry upon receipt of the CEU Participant Form from the ASHA. Approved CE Provider for up to 0.4 CEU's. ASHA credits are accepted by the TX Department of License and Renewal.

Application has been made to the MD State Board of Physical Therapy Examiners for 4 Continuing Education Hours.

Application has been made to the NJ State Board of Physical Therapy Examiners for 4 CEC's. Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 4.5 contact hours.

Application has been made to the Illinois Early Intervention Training Program.

Approved provider by the NY State Board of Physical Therapy for 4.5 contact hours (0.45 CEUs).

Education Resources is an approved agency by the PT Board of CA for 4 contact hours.

This activity is provided by the TX Board of PT Examiners accredited provider #2210017TX for 4 CCUs and meets continuing competence requirements for PTs and PTAs licensure renewal in TX.

Approved Provider for OK State Board of Medical Licensure & Supervision #BAP202310003.

This course meets the criteria for 4 hours that can be applied toward the Neonatal Therapy National Certification. 4 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification. Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, OK and TX**. The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, KY, MA, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, ME, MT, NE, ND, NH, SD, WA**.

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COST - \$199