

Neonatal Therapy – Establishing Competency for Independent Practice Part 4 - Core Practice Component

**Anjanette Lee, MS, CCC/SLP,
CNT, NTMTC**



Faculty

Anjanette Lee, MS, CCC/SLP, CNT, NTMTC has over 25 years' experience in the NICU, receiving NIDCAP certification in 1999 and then helping her NICU's quality improvement team incorporate family centered, neuroprotective, and neuropsychiatric care practices as standards of care. As an imbedded NICU therapist, she is passionate about sharing knowledge with and utilizing all members of the neonate's care team to support best neurodevelopmental outcomes. As a result, Anjanette provides ongoing education and mentorship for other Neonatal Therapists and NICU staff both within her hospital system and across the nation. Anjanette is certified in Neonatal Touch & Massage and was one of the first Certified Neonatal Therapists in the nation. She has co-authored chapters in Kenner & McGrath's 1st edition of Developmental Care of Newborns & Infants, and Case-Smith & O'Brien's 7th edition of Occupational Therapy for Children. She serves as co-leader of the National Association of Neonatal Therapists Professional Collaborative and has co-authored NANT's Neonatal Therapy Core Scope of Practice and Practice Competencies for the Neonatal Therapist. Anjanette also serves on the NANT national conference planning committee and is part of the teaching faculty for the NANT Ignite program.

Disclosure:

Financial: Ms. Lee receives an honorarium from Education Resources, Inc.

Non-Financial: No non-financial disclosures to report.

About this Course

This fourth of a 4-part series focuses on the acquisition of core component skill sets needed within each of the six domains of Neonatal Therapy (NT) prior to independent practice in the NICU. This series will be perfect for neonatal therapists studying for the Neonatal Therapy Certificate Exam and for those beginning to establish competency by 1) laying a foundation of fundamental knowledge, 2) closing gaps within core competencies, and 3) assuring both fundamental knowledge and core competency knowledge are applied during NICU interventions.

The fourth of a 4-part series, this course focuses on core component skill sets within three neonatal therapy domains: the Sensory System, Neuromotor & Musculoskeletal Systems, and Oral Feeding & Swallowing. This course offers self-assessment and support planning for next steps towards independent practice in the NICU.

Learning Objectives

- Recognize the impact that post menstrual age and environmental input have on sensory responses.
- Recognize the impact of the environment and caregiving practices on preterm sensory system integration.
- Utilize knowledge of infant positioning abilities and needs in formulation of plans for supporting optimal neurodevelopmental positioning.
- Relate impact of risk factors/etiologies and comorbidities to an infant's oral feeding development.
- Determine infant readiness for oral feeding introduction through utilization of oral feeding readiness cues and additional prerequisites.
- Apply understanding of aerodigestive system anatomy and physiology to recommendations for support of oral feeding transition and progression.

Audience

PTs, OTs and SLPs. This series will be great for NTs studying for the Neonatal Therapy Certificate Exam and for those beginning to establish competency.

Help your patients achieve better outcomes.

SCHEDULE (4.0 HOURS total)

Domain 4 – Sensory System:

Understanding how the developing senses are impacted by the NICU environment, caregiving practices, and medical acuity

- Sensory System Development
- Tactile
- Vestibular
- Chemosensory (Olfactory & Gustatory)
- Visual
- Auditory

Domain 5 – Neuromotor and Musculoskeletal Systems:

Learning to interpret the infant's movement and positioning competencies and sensitivities to best guide neuroprotective strategies for positioning and handling in support of optimal rest, recovery, and engagement with caregivers

- Risk Management
- Range of Motion
- Muscle Tone
- Posture
- Reflexes and Postural Responses
- Musculoskeletal Structural Integrity
- Movement
- Neurodevelopmental Positioning
- Neurodevelopmental Handling

Continued...

Domain 6 – Oral Feeding and Swallowing - What Every NT Must Know:

Understanding components of feeding development as well as the risks imposed by prematurity and those imposed by the NICU experience will help us all give crucial support from DOL

- Risk Management
- Enteral Feeding
- Own Mother's Milk
- Aerodigestive System
- Oral Reflexes
- Non-Nutritive Sucking
- Oral Feeding Readiness
- Feeding Experience

Pulling It All Together

Post Test

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Credits:

This course meets the criteria for 4 contact hours (0.4 CEUs) Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID# 09514. This Distant Learning-Independent course is offered at 4 contact hours 0.4 CEUs, (Intermediate level, OT Service Delivery & Foundational Knowledge). AOTA does not endorse specific course content, products or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 4 units.

Provider for the **FL** Occupational Therapy Association CE Broker for 4.5 CE Hours - approval #20-1268392.



Education Resources, Inc.
Intermediate level
0.4 ASHA CEUs

Application has been made to ASHA. ASHA CEUs are awarded by the ASHA CE Registry upon receipt of the CEU Participant Form from the ASHA. Approved CE Provider for up to 0.4 CEU's. ASHA credits are accepted by the **TX** Department of License and Renewal.

Application has been made to the **MD** State Board of Physical Therapy Examiners for 4 Continuing Education Hours.

Application has been made to the **NJ** State Board of Physical Therapy Examiners for 4 CEC's. Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 4.5 contact hours.

Application has been made to the **Illinois** Early Intervention Training Program.

Approved provider by the **NY** State Board of Physical Therapy for 4.5 contact hours (0.45 CEUs).

Education Resources is an approved agency by the PT Board of **CA** for 4 contact hours.

This activity is provided by the **TX** Board of PT Examiners accredited provider #2210017TX for 4 CCUs and meets continuing competence requirements for PTs and PTAs licensure renewal in **TX**.

Approved Provider for **OK** State Board of Medical Licensure & Supervision #BAP202310003.

This course meets the criteria for 4 hours that can be applied toward the Neonatal Therapy National Certification. 4 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification. Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, OK and TX**. The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, KY, MA, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, ME, MT, NE, ND, NH, SD, WA**.

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COST - \$199